

Comprehensive Sexual Health & HIV/AIDS Instruction

Selected Resources from the California Department of Education web site:

www.cde.ca.gov/ls/he/se

Information on comprehensive sexual health education and HIV/AIDS/STD prevention; includes legal requirements for education in these areas and additional resources for quality instructional programs.

The California Comprehensive Sexual Health and HIV/AIDS Prevention Education Act (*Education Code [EC] sections 51930-51939*), has two primary purposes:

- ❖ To provide a pupil with the knowledge and skills necessary to protect his or her sexual and reproductive health from unintended pregnancy and STDs (*EC 51930*).
- ❖ To encourage a pupil to develop healthy attitudes concerning adolescent growth and development, body image, gender roles, sexual orientation, dating, marriage, and family (*EC 51930*).

These sections of the *EC* address both comprehensive sexual health education and HIV/AIDS prevention education. The law requires that HIV/AIDS prevention education is taught once in middle school and once in high school, and states that if comprehensive sexual health education is taught, the local educational agency (LEA) must abide by all tenets of *EC 51933*. The LEA may not pick and choose topics.

"Comprehensive sexual health education" means education regarding human development and sexuality, including education on pregnancy, family planning, and sexually transmitted diseases (*EC 51931*).

"HIV/AIDS prevention education" means instruction on the nature of HIV/AIDS, methods of transmission, strategies to reduce the risk of human immunodeficiency virus (HIV) infection, and social and public health issues related to HIV/AIDS (*EC 51931*).

Abstinence shall be taught within the context of HIV/AIDS prevention education (*EC 51934 (3)*), however, **abstinence-only education is not permitted in California public schools.**

Curriculum Guidance

Provides information on curriculum and how to obtain curriculum for loan.

Checklist for Guest Speakers

Provides a list of criteria to determine if an outside consultant is adhering to *EC* for HIV/AIDS prevention education and comprehensive sexual health education.

HIV/AIDS Funding and Reimbursement

Information on how HIV/AIDS instructional costs can be reimbursed.

Parental Notification and Consent

Information regarding parental notification for HIV/AIDS prevention education and comprehensive sexual health education, including a sample parent/guardian notification letter in multiple languages.

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California School Health Centers Association & The California School Boards Association
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Sexual Health Education Accountability Act

Provides information concerning the Sexual Health Education Accountability Act requirements.

Birth Control Guide (PDF; Outside Source)

Provides a chart detailing all federal Food and Drug Administration-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception (*EC* 51933 [10]).

HIV Information (Outside Source)

Medically accurate and objective information and resources from the Centers for Disease Control and Prevention (CDC) (*EC* 51930 - 51939).

HIV Fact Sheets (Outside Source)

Medically accurate and objective factsheets from the CDC (*EC* 51930-51939).

Male Latex Condoms and Sexually Transmitted Diseases (Outside Source)

Medically accurate and objective fact sheet from the CDC on the effectiveness of male latex condoms, prevention of HIV/AIDS, and sexually transmitted diseases (*EC* 51934 [3]).

Sexually Transmitted Disease (STD) Fact Sheets for Youth (English and Spanish) (Outside Source)

Medically accurate and objective fact sheets on STDs designed for youth from the CDC (*EC* 51930 - 51939).

STD Local Jurisdiction Data (Outside Source)

Provides statewide data as well as local health jurisdiction data for better program planning, and improved planning for resource allocation and interventions.

Categorical Program Monitoring & California Accountability & Improvement System

HIV/AIDS Prevention is part of the on-site and online review for compliance.

**Health Education Content Standards for California Public Schools:
Kindergarten Through Grade Twelve**

<http://www.cde.ca.gov/be/st/ss/>

The health education standards define the essential skills and knowledge that all students need in order to become “health literate”; they represent a strong consensus of the essential knowledge and skills that students should have at specific grade levels, from kindergarten through grade twelve, in California’s public schools. The health education standards provide guidance for developing health education curricula; they identify what each student in California should know and be able to do at each grade level. With adequate instruction and sustained effort, students in every school should be able to achieve the standards. Some students with special needs may require appropriate accommodations, adaptations, and modifications to meet the standards. Decisions about how best to teach the standards are left to teachers, schools, and LEAs. The health education standards are organized into six health content areas: Nutrition and Physical Activity; Growth, Development and Sexual Health; Injury Prevention; Alcohol, Tobacco, and Other Drugs; Mental, Emotional, and Social Health; and Personal and Community Health. The health education standards represent **minimum** requirements for comprehensive health education.

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