

California School Health Centers Association

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Message from our Associate Director

Dear Members and Friends,



Thank you to everyone who participated in one of our three regional conferences this spring. A combined total of 450 people joined us as attendees, exhibitors, presenters, or sponsors. Some of the most inspiring moments were the presentations by our Y2Y Youth Affiliates, who shared how their lives have been transformed through their involvement with a school-based health center (SBHC). Not only were their medical and/or mental health needs addressed, but students felt hope, purpose, and a sense of belonging. While we can get frustrated with budget shortfalls and other funding and administrative obstacles facing us each day, their experiences are a reminder of why our work is so important – and why they deserve our support.

We also have plenty of other good news to share. The federal HRSA SBHC equipment grants are expected to be awarded later this month and a new HRSA SBHC oral health grant opportunity was recently released. California Assemblymember Julia Brownley has introduced a resolution supporting SBHCs and two other bills benefiting SBHCs are making their way through the legislative process. Finally, we are pleased to announce that Dairy Council of California has joined us as our newest Corporate Partner. Check out our corporate partner page to learn more about the valuable resources offered by our partners.

Sincerely,

Kristin Andersen Associate Director

Policy Updates

Federal Update: HR 1214

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If passed, HR 1214 would defund the construction and equipment grants for SBHCs. Fortunately, we are very confident HR 1214 will not move forward since it would need to be passed by the Senate and signed by President Obama in



Lennox high school student receives services from Cynthia Francis, Physician Assistant at Lennox Health Clinic. Read more.

From The Capitol



School Health Centers in Health Care Reform

order to become law. We anticipate the first round of SBHC funding should be distributed on schedule this summer.

We are working to connect various HRSA grant applicants with their Representatives -- to either thank them for supporting SBHCs or to express disappointment if the Representative voted to cut funding. Visit the NASBHC website to find out how your Representative voted on HR1214

Visit the <u>NASBHC website</u> to find out how your Representative voted on HR1214 and use the talking points provided. Call your Representative today and let them know how you feel about school health centers!



California Budget Update

Governor Brown has revised his proposed budget for the 2011-2012 fiscal year. The new budget uses \$6.6 billion in unexpected state revenue to close some of the budget gap, as well as to increase state education funding by \$3 billion. The revised budget saves additional money by moving all children on Healthy Families to Medi-Cal, eliminating 43 boards and commissions. As services are returned to the local level, the Departments of Mental Health and Alcohol and Drug Programs will be eliminated. The budget revision still counts on the extension of vehicle and sales taxes for five years, which Brown

proposes having the Legislature approve and voters ratify later. A good overview of the budget revision can be found on the <u>California Healthline</u> website.

State Legislation: Bills Sponsored and Supported by CSHC

- Assembly Joint Resolution 10 (Brownley): School-Based Health Centers
 The resolution was passed in the Assembly by a vote of 48 to 23 and has been assigned to the Senate Education Committee, where it will be heard this summer. AJR10 affirms the California Legislature's support for SBHCs. Specifically, it calls on the federal government to fund the school-based health program authorized in health care reform, as well as to include SBHCs as a strategy in the reauthorization of the Elementary and Secondary Education Act. It also calls for the inclusion of SBHCs as partners in medical home policies.
- Assembly Bill 760 (Gordon): Healthy Start Community Schools Act
 The bill was passed by the Assembly Education Committee on April 15th, but
 unfortunately is being "held under submission" in the Assembly Appropriations
 Committee--meaning that it is not going to move forward this session. AB760
 would have made a variety of improvements to the Healthy Start program, but
 would not have re-funded the program.

In addition to sponsoring the bills above, we are supporting a number of other bills related to children's health, education and welfare. <u>Click here</u> to learn more about the legislation and related issues.

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CSHC News

Newest Corporate Partner: Dairy Council of California

CSHC is happy to welcome its newest corporate partner, Dairy Council of California. This organization that has been a leader in providing high-quality nutrition education programs to health professionals and educators in California. According to Ashley Rosales, Project Manager, "For over 90 years, Dairy Council of California has always made it a priority to support community



health through nutrition education. We have seen a growth in California school health centers and have been impressed at the role they are playing in providing comprehensive health care and education within our communities. CSHC and the Dairy Council of California share a common vision of improving the health and wellbeing of all Californians, and so we are excited to embark on this new partnership." Please see CSHC's Corporate Partner web page for more information.

School Health Art Advocacy Project Completed!



CSHC Youth Board recently collaborated with De Anza High School Youth Advisory Board and Eastside Arts Alliance to complete a school health art advocacy piece. The two-paneled art piece shows the breadth of resources afforded to youth by SBHCs. It will be displayed in various locations as a visual reminder of the importance of school based health services and youth engagement in education. Please contact <u>Kat Gutierrez</u> if you are interested in hosting this compelling art piece during its tour.

Regional Conference Recap

The California School Health Center's 2011 road show made its last stop in Fresno on May 3rd, concluding three successful regional conferences that reached hundreds of school health center staff members, health care providers and advocates of healthy students over a three-month period.

Participants' reviews of the one-day conferences in Fresno, Oakland and Los Angeles included:



"Knowledgeable CSHC staff and attendees; was here to promote LEA Medi-Cal and MAA funding streams but learned more than I thought!"

"The networking, communicating on personal and local issues was golden."

"Great energy among participants! Loved the teen presentation!!"

Each conference featured a plenary presentation by a local youth leadership team. The youth spoke of their efforts to educate students about SBHC services, and healthy living choices, as well as to empower their peers to make a positive change in their community.

Youth leadership teams also led workshops about the benefits of youth engagement and how to implement and maintain SBHC youth leadership programs.



Other workshop topics included: SBHCs' role in addressing chronic absence; how to start an SBHC; challenges and opportunities in federal health care reform; ensuring sustainability; and how SBHCs can improve integration with their schools.

Support Youth School Health Advocates! Help Us Send Youth Board to NASBHC Convention

Youth Board members Nzugu Kitenge, Dale Maglalang, Becky Lee, and Nidia Escobar are headed to the 2011 NASBHC Convention in Chicago where they will serve as media ambassadors and participate in a special convention youth track for young school health advocates from across the nation.

Please help us further strengthen our capacity to mentor youth leaders in California by donating to our <u>Youth Board Conference</u>



<u>Campaign</u>. Help support these young leaders as they strengthen their skills and share their inspiring work in improving health access and youth development programs with others on the national school health stage!

Three Months of Free Membership Privileges

Join CSHC now and enjoy three months of free membership benefits! Your membership payment received now will be applied towards the 2011/12 membership year (which runs from Sept. 1, 2011 to Aug. 31, 2012), but you can start enjoying membership privileges immediately, including: access to all CSHC products and tools; discounts on trainings and conferences; and online access to our Members Section and SBHC funding opportunities. Join now.

LA Field Coordinator Honored



Sang Leng Trieu, LA Field Coordinator, was recently honored as an *Emerging Leader* by the Office of State Senator Lou Correa and the Orange County Asian Pacific Islander Community Alliance. Sang was recognized for her research, teaching, and mentoring of under-graduate students at UC Irvine, where she teaches Asian Pacific Islander Women's Public Health Research. Sang received the award at the Asian Pacific American Heritage Month "Evening of Cultural Celebration" held recently in Los Angeles.

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News from Around California

Spotlight on: Belmont Health Center

Rosario Rico, School-Based Health Program Coordinator at Belmont High School in Los Angeles, knows exactly what the students who come into her clinic are going through and the challenges they are facing. Rico was a 16-year old student when she got a job as a peer leader at John Marshall High School's health center. "If it weren't for working at the health center, I would have been a teen mom," says Rico. "All my friends were having babies and I'm sure I would have followed that path too -- except that I got a job in the health center and became a peer leader." Read more.



West Contra Costa USD Celebrates School Health Center Open House

Through a grant from Kaiser Permanente, CSHC partnered with West Contra Costa Unified School District, the district's six SBHCs, Kaiser, County Supervisor John Gioia and the California Endowment to host an SBHC Open House for WCC community and business leaders. Guests heard from each of the SBHC youth boards, toured the Kennedy High School SBHC and visited with staff and youth from each of the district's SBHCs. The message to all was clear, SBHCs don't just provide medical services; they transform



student's lives. Equally clear, community support is critical to their success. Learn more about how you can support the <u>West Contra Costa SBHC Project</u>.

California's Newest SBHC is at Riverbank High School

It started with a passing comment, followed by a few laughs. Then the students in Step-by-Step, a Riverbank High School youth leadership group, got serious – very serious. Five years after that fateful lunchtime meeting, former and current Riverbank High School students were on hand to witness the realization of their dream: a health center right on campus.

"It started out as a dream to a group of high school youth who had no idea what they were doing but were willing to learn as they went along because of their passion," says Manuel Castano, a current CSHC Youth Board member who helped get the ball rolling when he was a junior and stayed with the effort even after graduating. "All I know is that the work, dedication and patience has been well worth it. Riverbank will now and forever receive accessible/quality healthcare."

Read more.



Tdap Booster: Final Push!



In the final weeks before summer break, step up your efforts to educate families and vaccinate students who need their Tdap (pertussis) booster for entry to grades 7-12. Ask your school/s to include informational materials on Tdap and your clinic's immunization services in registration packets and student orientation materials for next school year. Schedule a Tdap vaccine clinic for in-person registration days or the first day of school. For provider information and educational materials for families and schools, see our Tdap web page or go to the www.shotsForSchool.org website today!

CCALAC Names Louise McCarthy as Chief Executive



CSHC would like to congratulate Louise McCarthy on her new appointment as the President and CEO of the Community Clinic Association of Los Angeles County (CCALAC). Louise, a long time advocate of school based health centers, helped craft language for our SBHC expansion act (SB 564) and was the recipient of our 2010 School Health Centers Champion Award. She currently serves as co-chair our LA Coalition of School Health Centers. Louise has helped to raise the visibility of SBHCs in Los Angeles County as well as statewide.

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Funding Opportunities

Community Transformation Grants - CDC

The Department of Health and Human Services, Centers for Disease Control and Prevention is releasing \$102 million for 75 Community Transformation Grants aimed at helping communities implement projects proven to reduce chronic diseases SBHCs may partner with local/county applicants. Grantees must focus on five priority areas: 1) tobacco-free living; 2) active living and healthy eating; 3) evidence-based quality clinical and other preventive services (prevention and control of high



blood pressure and high cholesterol); 4) social and emotional wellness; and 5) healthy and safe physical environments. For a synopsis and key pointers for SBHCs, see the <u>CSHC summary</u> (PDF) on our website. or go to the <u>grant website</u> to learn more. Final application due July 15.

SBHC Oral Health Grants: Apply Now!



The Maternal Child Health Bureau (MCHB) School-Based Comprehensive Oral Health Services (SBCOHS) grant program is intended to demonstrate the successful integration of comprehensive oral health care into

existing SBHCs, focused primarily on early childhood and elementary/middle-school aged children from underserved, high-risk populations (e.g., Medi-Cal and Healthy Families enrollees). Grantees will be expected to implement oral health education and preventive and restorative

services. SBHC service providers or sponsoring agencies that are not 330 grantees are eligible applicants. Up to 12 SBCOHS demonstration grants of up to \$200,000 each will be awarded nationally for each year of a four year project period. Application deadline July 15, 2011

NASBHC will host an informational webinar: June 9, 2011, 12:30pm-1:30pm PDT Register now.

Read CSHC's <u>synthesis of grant information and review criteria</u>. Read the <u>full</u> announcement.

More Grant Information

Visit our <u>Current</u> and <u>Ongoing</u> funding opportunities web pages to learn more about possible funding streams and leads on funding opportunities for school health centers. The current funding opportunities are a member resource which is updated regularly with new grants and filing deadlines.

Tools & Resources

Electronic Health Records for SBHCs

The country is moving toward the adoption of electronic health records (EHRs) - don't be left behind! The American Recovery and Reinvestment Act of 2009 created a large fund for incentives to help "eligible providers" adopt EHRs, and CSHC wants to help all school health centers take action to adopt EHRs and to receive incentive payments. Be sure to check out our new EHR web page on EHR eligible providers, incentive payments, meaningful use, and other EHR resources.



Meningococcal Meningitis Campaign

SBHCs can help protect children against meningitis by providing outreach and education to parents and students, as well as by vaccinating adolescent patients. In California, nearly half of adolescents ages 13 through 17 have not been vaccinated against the disease, leaving many unprotected. *Consider pairing your patients' mandated Tdap booster with the meningococcal vaccine whenever possible.* Access information and outreach resources on our Meningitis web page.

Re-Visioning Case Management Monograph

Strategies has introduced its newest publication to the family strengthening field. "Re-visioning Case Management: Partnering with Families and Communities to Create Meaningful Change" is designed to spark discussions and encourage exploration of a comprehensive approach to engage families, organizations, and communities in ways that bring about meaningful and enduring change. To access the monograph, please visit the Family Resource Centers website.

Visit our Resources for School Health for all the latest tools and resources.

Conferences & Workshops

Promoting Sexual and Reproductive Health of Youth in Foster Care

Sponsor: California Adolescent Health Collaborative; San Luis Obispo Public Health

Services

Date: 8 June 2011 Place: San Luis Obispo

Contact: CAHC

In this training child welfare and health care professionals will learn more about the sexual and reproductive health of youth in foster care and how to address challenges and barriers to promoting their sexual and reproductive health. Through self-assessment, case studies and group conversations, participants will consider approaches to communicating with teens about sexual and reproductive health topics and discuss policies or program practices that can improve the sexual and reproductive health of youth.

School Mental Health Statewide Capacity Building Webinar

Sponsor: NASBHC

Date: 9 June, 9:30 to 10:30 am PST

Place: Webinar Contact: <u>NASBHC</u>

Join NASBHC for its final webinar of the year. The series will conclude with "School Mental Health Statewide Capacity Building." This webinar is free and will be archived on the NASBHC website. Objectives of the training: Identify Ten Critical Factors for advancing SMH at the statewide or district level; Prioritize critical factors for action planning; Identify action steps to address priority factors. Panelist will be Sharon Stephan, Assistant Professor, University of Maryland School of Medicine. Click <a href="https://example.com/herestore/herestor

2011 NASBHC Convention

Sponsor: National Assembly on School-Based Health Care

Date: 26-29 June 2011 Place: Chicago, IL Contact: <u>NASBHC</u> website

Every year the NASBHC brings together more than 500 child and adolescent health providers and advocates for the National School-Based Health Care Convention. The 2011 theme: School-based health care and the community: A partnership that works highlights our focus on collaborations between school-based health centers (SBHCs) and community schools. In addition, the location – Chicago – reflects this year's emphasis on the Midwest region. Workshop tracks to include:

evaluation and quality; mental health; operations and administration; policy and advocacy; primary care; SBHCs 101; and youth and community engagement.

Webcast - Adolescents and the Law: California

Sponsor: The Center for Health Training Date: 20 July, 12 pm to 1:30 pm

Place: Webcast

Contact: Center for Health Training

This 90 minute webcast will discuss the requirements of the new and existing laws for family planning Title X providers. Policies and systems that need to be in place to serve adolescent family planning clients in California will also be discussed. By the end of this webcast, listeners will be able to: describe the confidentiality and reporting laws pertaining to sexual abuse; state two approaches for implementing the relevant laws into clinic practice.

Peer Education Workshop

Sponsor: <u>Peer Resource Training</u> Date: 22-23 August 2011 Place: San Francisco

Contract: Ira Sachnoff 415-282-5298 or peersira@aol.com

In this workshop you will develop a site plan for starting your program, experience a student training curriculum, learn how to select/recruit students, and find out how to get support for your program.

Strengthening Families and Communities

Sponsor: California Department of Social Services, Office of Child Abuse Prevention

Date: 22-23 September 2011

Place: San Diego

Contact: <u>www.familyresourcecenters.net</u>

Join professionals and parent leaders who are making California a better place for children and families. Learn how the Strengthening Families framework is serving as a catalyst for change by building protective factors that support families,

SCHOOL-BASED HEALTH CARE

AND THE COMMUNITY

A PARTNERSHIP THAT WORKS



promote optimal child development, and prevent abuse and neglect. Who should attend? Staff, parent and community leaders from Family Resource Centers, Child Abuse Prevention Councils, First 5 funded programs, early childcare providers, law enforcement and probation, mental health, child

welfare, public health, faith-based organizations, schools, substance abuse, domestic violence and other prevention partners.

Case Management Training

Sponsor: Strategies to Support Families and Communities

Dates: 5-6 & 19-20 October, 1-2 November 2011

Place: San Diego (5-6 Oct), Concord (19-20 Oct), Los Angeles (1-2 Nov)

Contact: Strategies website

Partnering for change with families and communities can be challenging and complex. The two-day Case Management trainings are designed for professionals and volunteers who work directly with families and communities. By the end of the training, participants will be better able to help their agency offer effective family strengthening case management, and will learn and practice skills to partner for change with families and communities.

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Thank you to our 2011 Gold Conference Sponsors:





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