

## Preventing and Addressing Teen Dating Violence at School: SBHCs Taking Action

Moderator:  
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DV/TDV Prevention Program  
California Department of Public Health

## CDPH TDV Prevention Efforts

- TDV Prevention Demonstration Projects
- DV/TDV Primary Prevention TAT Project
- VAW/TDV Statewide Prevention Forum
- Statewide TDV Prevention Policy Development



## Statewide Recommendations for TDV Prevention

### Vision

There will be a transformation within communities representing a shift to *investing* in health promotion and youth development for adolescents that would support our young people in building healthy relationships, families and communities.



## INVEST IN YOUTH LEADERSHIP

**Increase and demonstrate commitment to youth by developing tools, training, funding, jobs and action plans to strengthen youth leadership, safe spaces for youth, and intergenerational partnerships for TDV prevention at local and state levels.**

## INVEST IN SAFE AND INCLUSIVE SCHOOLS

**Build community partnerships with schools to develop tools, training, funding and action plans to strengthen comprehensive school-based TDV policies and practices that create safe and inclusive schools, including building the capacity of teachers, administrators, parents, coaches, and youth to address and prevent TDV.**

*“We need classes and assemblies on healthy relationships, support from teachers and parents, resources for teens experiencing violence, and fun activities where youth can help create a positive and safe school environment. Teachers and students need to become more aware and to stand up against teen dating violence. We should have school policies where if a couple fights, it is reported as TDV and not a regular fight.”*

## Session Objectives:

This session will describe:

- Key elements of TDV intervention for school health center medical and non-medical staff
- Promising practices for TDV prevention in the school setting
- Potential partners and resources for TDV prevention at the state and local level



These objectives guide us in addressing this important question...

How do we build community partnerships and leverage resources to strengthen our investment in building comprehensive adolescent health promotion and TDV prevention programs?



## Partners for TDV Prevention at the State Level

**California Department of Public Health**

<http://www.cdph.ca.gov/programs/Pages/DomesticViolenceTrainingandEducationProgram.aspx>

**California Partnership to End Domestic Violence**

<http://www.cpedv.org/>

**California Coalition Against Sexual Assault / CDPH MyStrength Program**

<http://www.mystrength.org/>

**California Adolescent Health Collaborative**

<http://www.californiateenhealth.org/>

**Peace Over Violence**

<http://www.peaceoverviolence.org/>

**Break the Cycle**

<http://www.breakthecycle.org/>

**Futures Without Violence**

<http://www.futureswithoutviolence.org/>

## Partners in TDV Prevention at the Local Level

- **School Based Health Centers**
- **Domestic Violence Prevention Programs**
- **Rape Crisis Centers – Rape Prevention and Education**
- Schools and School Districts
- Public Health Departments
- Adolescent Health Care Providers
- Reproductive/Sexual Health Care Providers
- Youth Development Organizations
- Faith Community
- Law Enforcement Prevention Programs

## Presenters:

- Maricela Gutiérrez, Director  
School Based Health Services, Tiburcio Vásquez Health Center, Inc.
- Molly Baldrige, Health Education and Youth Development  
Coordinator, Alameda Family Services School-Based Health Centers
- Alexandra Kelner, Community Education Manager  
STAND! for Families Free of Violence
- Renae Garcia, Prevention Educator  
Women Escaping a Violent Environment (WEAVE)
- Lisa Fujie Parks, MPH, Prevention Program Manager  
California Partnership to End Domestic Violence

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Molly H. Baldrige, BS, CHES  
Health Education & Youth Development Coordinator  
Alameda Family Services School-Based Health Centers

**SBHC Providers & Staff**

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**Prevention & Intervention:  
A Multidisciplinary Team Approach**

## Training SBHC Staff...

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- The HEART (Healthcare Education, Assessment & Response Tool) Primer
  - Training providers, health educators, mental health & support staff
  - Tools
  - Resources

Visit [californiateenhealth.org](http://californiateenhealth.org) for more information & to download the Primer!

## Standard of Practice

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- Environment: SBHC materials, posters, etc.
- Protocols: individual appointments
- Consultation: addressing everyone's needs!



## Unique Opportunities for Prevention & Intervention

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- Youth Development Groups
- Booking Appointments
- Health Education
- "Just stopping by..."



## Peer Health Education & Advocacy

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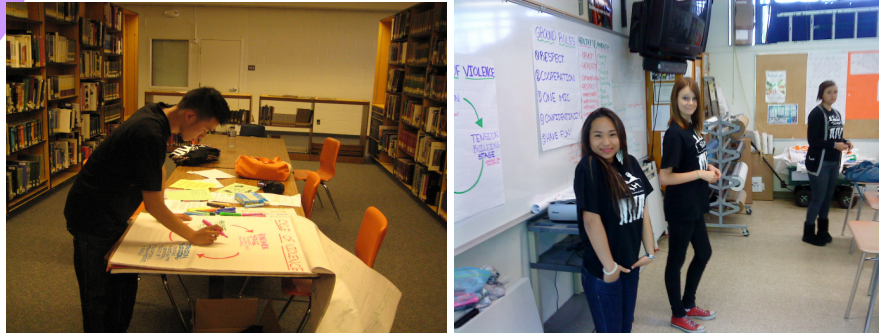
**YEAH**

(Youth Educating & Advocating for Health)



## Peer Health Education & Advocacy

### Classroom Presentations!



## Peer Health Education & Advocacy

### On Campus Events!





## Next Steps & Resource Sharing!

Molly H. Baldrige, BS, CHES Health Education &  
Youth Development Coordinator  
[mbaldrige@alamedafsf.org](mailto:mbaldrige@alamedafsf.org)

California Adolescent Health Collaborative  
[www.californiateenhealth.org](http://www.californiateenhealth.org)

Futures Without Violence  
[www.endabuse.org](http://www.endabuse.org)

National Teen Dating Abuse Helpline  
1-866-331-9474  
[www.loveisrespect.org](http://www.loveisrespect.org)



## STAND! For Families Free of Violence

Alexandra Kelner  
[alexk@standffov.org](mailto:alexk@standffov.org)  
Community Education Manager  
Youth Education and Support Services



## Preventing Teen Dating Violence: YESS! (Youth Education and Support Services)

- Awareness-raising: presentations for youth and adults
- Youth Against Violence (YAV): Youth advocacy and education training
- Adult training
- Expect Respect: Support groups for high school youth on relationships, violence, communication and conflict; 15 weeks
- Promoting Gender Respect (PGR): Leadership development, masculinity and gender-based violence prevention; 12 weeks



## How we do it

- Health Center Coordinators recruit and refer youth to our 15-week in-school support groups
- Group facilitators conduct the program's intake procedure with the each youth
- Health center coordinators work to ensure teachers are aware of students' participation in groups and secure weekly passes for them
- Teachers report any issues due to missing classes
- Group facilitators report monthly to health center coordinators on service provision
- Service provider meetings held quarterly to addresses changes in school policies/procedures, date collection, challenges that arise
- Group facilitators and other health center staff coordinate to ensure additional service are provided based on youth needs



## What's Working

- Recruiting youth
- Health Center Coordinators as ambassadors to the school staff and administration around violence prevention education
- Compliance with school policies
- Data Collection
- Coordinated efforts to support youth



## Challenges

- Recruiting youth
- Creating shared intake procedures
- More connection needed between teachers and group facilitators
- More effective methods of ensuring wrap around services

## Supporting Students Through Collaboration



## What Does WEAVE Do?

- Primary provider of domestic violence & sexual assault services for Sacramento County.
- Awareness and prevention education.
- WEAVE's mission is to bring an end to domestic violence and sexual assault in partnership with our community.



## Organizations efforts

- School-based sexual violence prevention program provides informational presentations to middle and high school students.
- *In Touch with Teens: A Relationship Violence Prevention Curriculum* empowers adolescents to develop healthy relationships by informing adolescents about the characteristics of healthy relationships, power and control, sexual harassment, sexual abuse, teen dating violence, identifies & challenges social norms, gender socialization, and bystander accountability.
- Started a high school healthy relationship club called STRONG.
- Increase knowledge of sexual violence among teens with teen influencer groups including faith based community, teachers, coaches, parents and community organizations.

## WEAVE & SBHC collaboration

### **What we have done:**

- Communicate with on-site Planned Parenthood
- Periodically checking in with school nurse
- Established a good relationship with student support coordinator

### **What we have noticed:**

- The overlap of students seeking birth control, pregnancy tests and other needed medical services, with students experiencing physical or sexual abuse as well
- First line prevention work and intervention services need to be easily accessible

## Collaborative efforts with SBHCs:

- Student surveys
- Handouts
- Posters
- Staff trainings
- Domestic violence educator on-site



## Why student surveys?

- No time restraints
- Optional & confidential
- Can use for tracking of services & needs
- Get to know your population
- Opportunity for praise & incentives



## Why Handouts & Posters?

- Less threatening
- Visible and convenient
- Inclusive language
- Relatable
- Current trends & news



## Why Staff Trainings?

- Professional development credit
- Rapport building
- Teen dating violence awareness
- Knowledge of your agencies resources & available services





## Why domestic violence educator on-site?

- Experienced expert
- Creating this safe space
- Facilitate individual counseling
- Facilitate group counseling
- Easily accessible



## Why domestic violence agencies & SBHCs should collaborate!!

- Both working towards improving students health and wellness
- Health center staff have contact with many, if not all students
- Students come in voluntarily
- Reassurance of confidentiality
- Ability to track current relationship trends and needs
- Visible to students
- Easily accessible