Increasing Teen Male Access to Reproductive Health Services:

Building capacity through systems change





Self Assessment and Exploration

Our organization was offering a strong focus on prevention and treatment aimed at females

It is important to have an understanding of male sexual attitudes, beliefs, knowledge, and behaviors.

YRBS 2011

- Overall, the prevalence of having ever had sexual intercourse was higher among male (49.2%);
 - Black male (66.9%)
 - Hispanic male (53.0%)
- Overall, the prevalence of having had sexual intercourse with four or more persons was higher among male (17.8%)
 - Black male (32.6%)
 - Hispanic male (20.3%)



School Based Health Center At Lincoln High School

redefining male attitude towards sexual health

STEPS for Male Involvement in Family Planning

Staffing and Training

Education and Curriculum

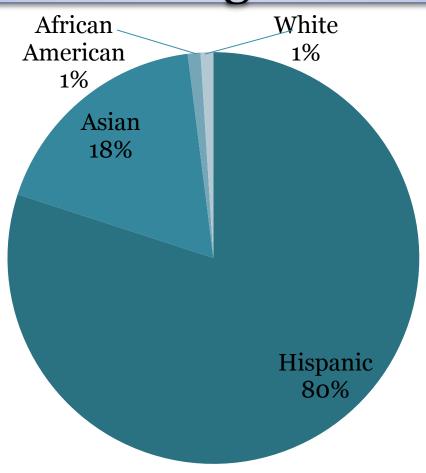
Publicity and Collaborations

Setting - clinic environment

Staff Capable of Serving Males

- Hire and train staff to better serve the male population
 - Male Program Coordinator
 - Medical Provider
 - Medical Assistant
 - Receptionist
- Involve school staff (nurse, dean, counselors, coaches, health teachers)
- STUDENTS as a Source of Publicity

Student Demographics Lincoln High School



Education and Curriculum

El Joven Noble and Hombres Jovenes con Palabra

The Noble Young Men and Young Men with Word

A Male Responsibility Curriculum by Jerry Tello

http://www.jerrytello.com/curriculums.html

Curriculum Approach

- Aimed at Latino males
- Based on the indigenous concept of maintaining *Palabra* or credible word
- 10 session culturally based prevention and education program
- Focus on male responsibility, pregnancy prevention, reduction of STI rates, and relationship violence prevention

Education Beyond the School Campus



Sources for Connecting with Males

- Partnerships with school clubs
 - Gay Straight Alliance, Medical and Health Club, Leadership Council, etc.
- Work with local organizations that target youth after school and summer
 - boys and girls club, Probation Centers,
 Continuation Schools, Athletic Department
- Text based services
 - 75% of teens ages 12-17 have cell phones
 - 54% text-message daily
 - Typically 50 texts per day



What Men Are Asking

Will are you at the clinic today?

Yes, how can I help you?

Well I need to get the plan b pill for my girl

Cool, come in and I'll see what I can do to help ©

Ok but my girl lives all the way in Pomona.
Only I can come is that a problem?

Mr. Clinic Guy? Are you awake?

Hey, how can I help you?

Can I come to the clinic tomorrow I want to get tested

Yeah, just remember to get a pass. Text me when you are on your way

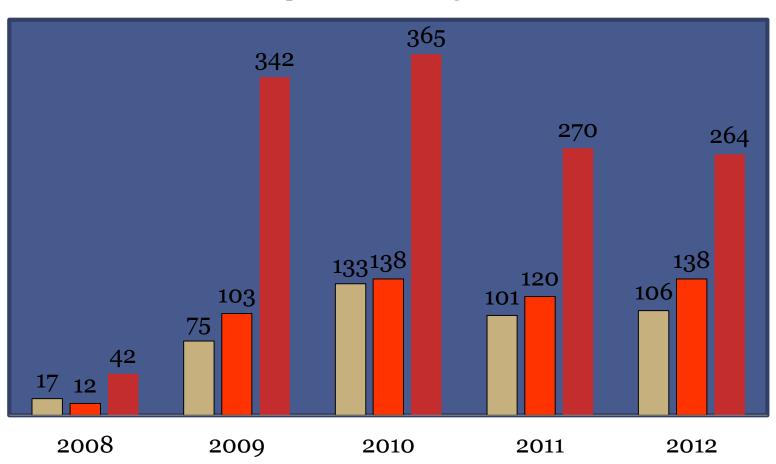
Cool Thanks Mr!

Expansion of Clinic Services

- Teen clinic day/hours
- Provide privacy/safe space
- Focus on reproductive health services
- Meet the demand of services

Male Patient Visits





What Men Really Want?

Based on data from male focus groups

- Take control and share responsibility for reproductive health outcomes
- Know more about male and female reproductive health
- Shorter, focused clinical visits
- Someone to affirm their attitudes about safe sex and reproductive health
- Someone to rely on when they have questions or need services

Reasons for Including Males

- Attitudes of men are changing regarding family planning
- Men are more supportive of their partner's use of contraception
- Increase in male visits may also lead to increase in female visits
- Family Planning Clinics are often an entry point into the health care system for young and low income persons

Lessons of Success

- Identify community needs
- Collaborate with other agencies who already serve males
- Conduct targeted outreach to males
- Hire and train staff
- Utilize males as staff volunteers, advisory councils
- Satisfied patients are the best source for publicity

How do we involve males in family planning?

- ➤ **Answer** is as diverse as the number of agencies who provide family planning services
 - Clinic staff, education, setting has to reflect community needs

DYNAMIC PROCESS
Continuous Quality Improvement

Peer2Peer Program

- Focus on Pregnancy Prevention
- Training youth to become peer educators
- Training youth to become peer providers

Create a student lead transformation process

Peer2Peer Program

- Program granted for two years from January 2013-December 2014
- Implemented over three high schools: Lincoln HS, Manual Arts HS, Washington Prep HS
- Builds on current efforts by SJWCFC to reduce teen pregnancy rates

Peer2Peer Program

- Train students under the Peer Provider Training offered by California Family Health Council (FPHW)
 - Peer Educators: provide health education in the school campus to students, parents and staff (reduce barriers to care by linking students to peer providers)-Positive Prevention, Wise Guys
 - Peer Providers: provide health education in the clinic to patients seeking reproductive health services (non-medical family planning services)

Access is No Longer a Barrier



Questions?

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