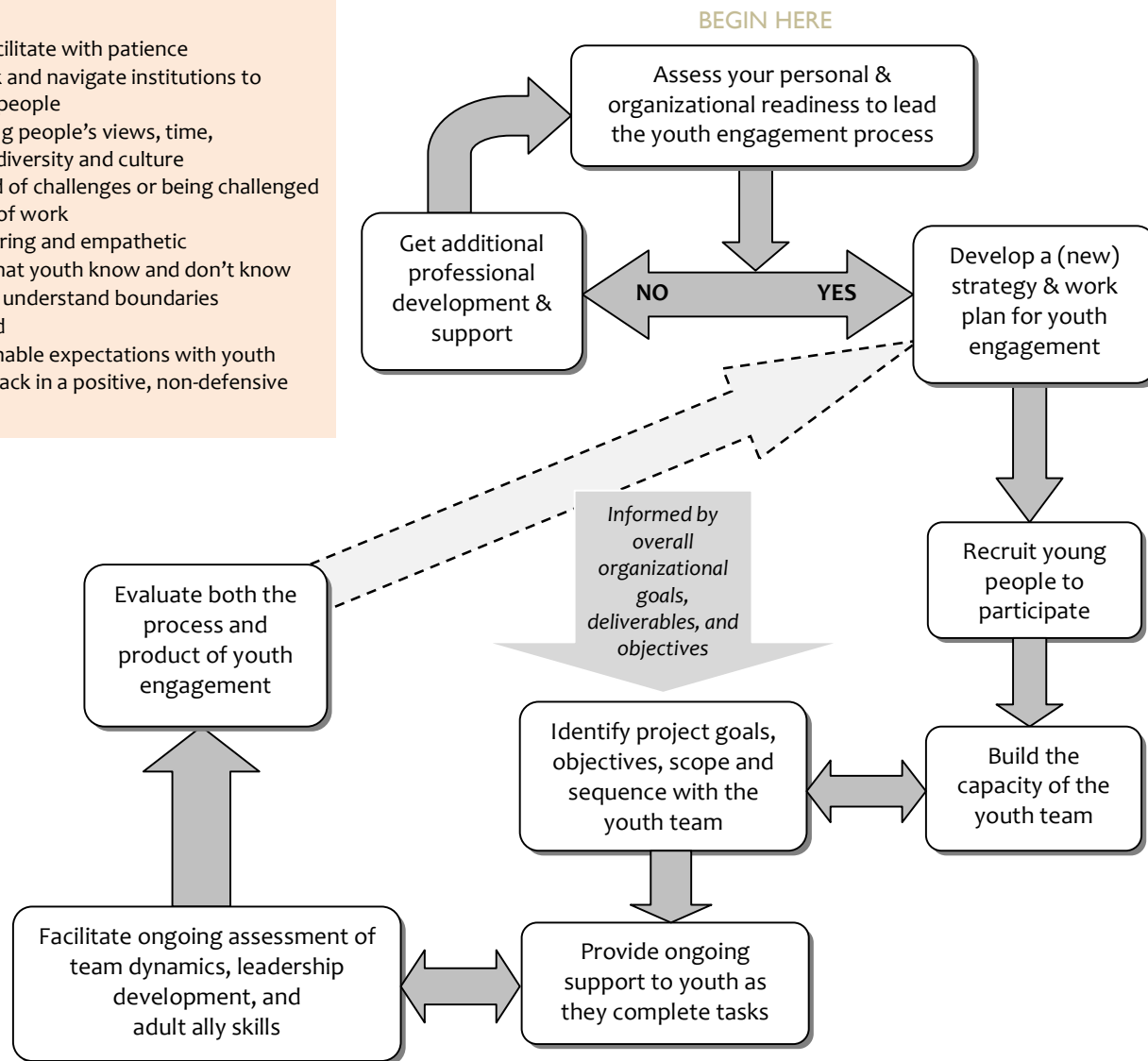


Strong adult allies...

- Trust youth
- Listen and facilitate with patience
- Help network and navigate institutions to assist young people
- Respect young people's views, time, experiences, diversity and culture
- Are not afraid of challenges or being challenged in their style of work
- Are empowering and empathetic
- Recognize what youth know and don't know
- Establish and understand boundaries
- Are organized
- Create reasonable expectations with youth
- Accept feedback in a positive, non-defensive manner

Youth Engagement Process



Sample Youth Engagement Work Plan

- Acquire funding to support youth engagement*
- Allocate appropriate staff/adult ally time
- Set clear expectations for youth engagement
- Receive adult ally training on youth organizing principles
- Conduct outreach for youth team recruitment
- Interview and select youth leaders
- Facilitate youth team retreat
 - Develop community agreements, team objectives, activities, timeline
 - Delegate roles and responsibilities
 - Develop retention plan
- Hold regular meetings & lines of communication
- Carry out projects and tasks
- Assess & evaluate process and outcomes frequently
- Celebrate successes often
- Create sustainability plan

Skills Young People Can Gain

- Knowledge of various adolescent health issues
- Meeting facilitation
- Agenda development
- Teamwork dynamics
- Decision-making
- Goal-setting
- Research and evaluation
- Public speaking
- Policy advocacy
- Community health strategies
- Public health career development
- Community organizing