

Sexual Health Educator Training Program Online Courses

(Note: each course can be booked as an in-person 2-hour workshop)

CA Healthy Youth Act 2016 Compliant

Providing Age-Appropriate Sexual Health Education

- Describe the impact sexual health education can have on human sexual development
- List a broad range of human sexuality topics that can be taught
- Implement strategies for facilitating sexual and reproductive health learning with different ages
- Identify resources + tools for providing age-appropriate and medically accurate sexual health education

Encouraging Family Communication About Healthy Sexuality

- List sex-related topics that families can discuss to help youth become sexually healthy adults
- Teach parents and guardians ways to initiate sexual health conversations at different ages
- Introduce youth to strategies for engaging parents and other family members
- Identify expert recommended and sexuality books, videos, websites and other resources

Best Practices in Birth Control Education

- List all contraceptive methods currently available and recommended for teens
- Incorporate "Tiered Effectiveness" and "Reproductive Life Planning" into birth control education
- Create opportunities to dispel contraceptive method myths and misconceptions
- Identify effective birth control education teaching techniques for school-aged youth

Best Practices in Pregnancy Options Education

- Provide medically and legally accurate descriptions of medical and surgical abortion, pre-natal care, closed and open adoption, "safe surrender laws" and parenting
- Summarize the CA Healthy Youth Act 2016 requirement for teaching pregnancy options to middle and high school students
- Download free medically accurate, age-appropriate pregnancy options education lesson plans

Helping Teens Access Reproductive Health Services

- Identify which health services youth can access confidentially and without parental notification
- Describe how the Confidential Health Information Act helps teens ensure their privacy when accessing sensitive health services
- Identify key components of a teen-friendly sexual and reproductive health clinic or agency
- Recommend at least three teen-friendly sexual health related websites or apps to adolescents

Online Educator's Toolkit + CE credits for CHES and Nursing included with each course

*Exclusive CA TEACHER DISCOUNT CODE for \$15 OFF: **DCATeach-15***

See more sexual health trainings at CFHC's online learning portal

cfhcLearning.org