



TECHNICAL ASSISTANCE & TRAINING PACKAGES

Service and Pricing Overview

Discount for organizational members: 20%

- Workshop (1- 2 hours - see “CSHC Standard Workshops” for topics): *reg. \$450; disc. rate \$360*
- Facilitated meeting (includes pre-assessment w/stakeholders, agenda development, meeting facilitation, meeting minutes and follow-up action items): *reg. \$250; disc. rate \$200*
- Individualized technical assistance and consultation: *reg. \$150/hr; disc. rate \$120/hr*
- 8 hours individualized consultation package: *\$1000*

CSHC Technical Assistance and Training Packages

1. School health center start-up ~ \$2,200 (\$1,760 *organizational members discounted rate*)
 - Provider: CSHC’s Technical Assistance Director; CSHC’s Field Coordinators
 - Presentation at start-up collaborative “kick-off” meeting
 - 4 facilitated start-up collaborative meetings (includes pre-assessment w/stakeholders, agenda development, meeting facilitation, meeting minutes and follow-up action items)
 - 8 hours individual consultation
 - CSHC’s toolkit: *Vision to Reality: How to Build a School Health Center from the Ground Up*
2. School district-health provider partnership formation and coordination ~ \$1,400 (\$1,120 *disc. rate*)
 - Provider: CSHC’s Technical Assistance Director; expert consultant
 - 2 individual meetings/conversations with each partner (up to 4 hours total)
 - 4 facilitated collaborative meetings (includes pre-assessment w/stakeholders, agenda development, meeting facilitation, meeting minutes and follow-up action items)
 - CSHC’s toolkit: *HIPAA or FERPA? A Primer on School Health Information Sharing in California*, sample memoranda of understanding (MOUs), additional resources as indicated
3. Obesity prevention and nutrition/physical activity program development or expansion \$900 (\$720 *disc. rate*)
 - Provider: CSHC’s Technical Assistance Coordinator
 - 1 workshop/small group training
 - 4 hours individualized consultation
 - CSHC’s toolkit: *HELP (Healthy Eating, Learning, Playing) at School*
4. School health youth engagement/leadership ~ \$1,500 (\$1,200 *disc. rate*)
 - Provider: CSHC’s Youth Coordinator; CSHC’s Youth Board members
 - 2 workshops (or 3 facilitated meetings) for youth leaders
 - 1 facilitated meeting/workshop for adult coordinator/s
 - 4 hours individualized consultation
 - Youth development and health leadership resources
 - Partnership facilitation with local youth-serving organizations

Note: Travel costs are included if ≤ 1 hour from trainer’s office. If ≥ 1 hour or air travel required, actual travel costs must be reimbursed to CSHC, based on \$.50/mile or cost of airplane/train ticket.

For more information, contact CSHC’s Field and Technical Assistance Director Samantha Blackburn, at sblackburn@schoolhealthcenters.org or 510-868-8066.

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