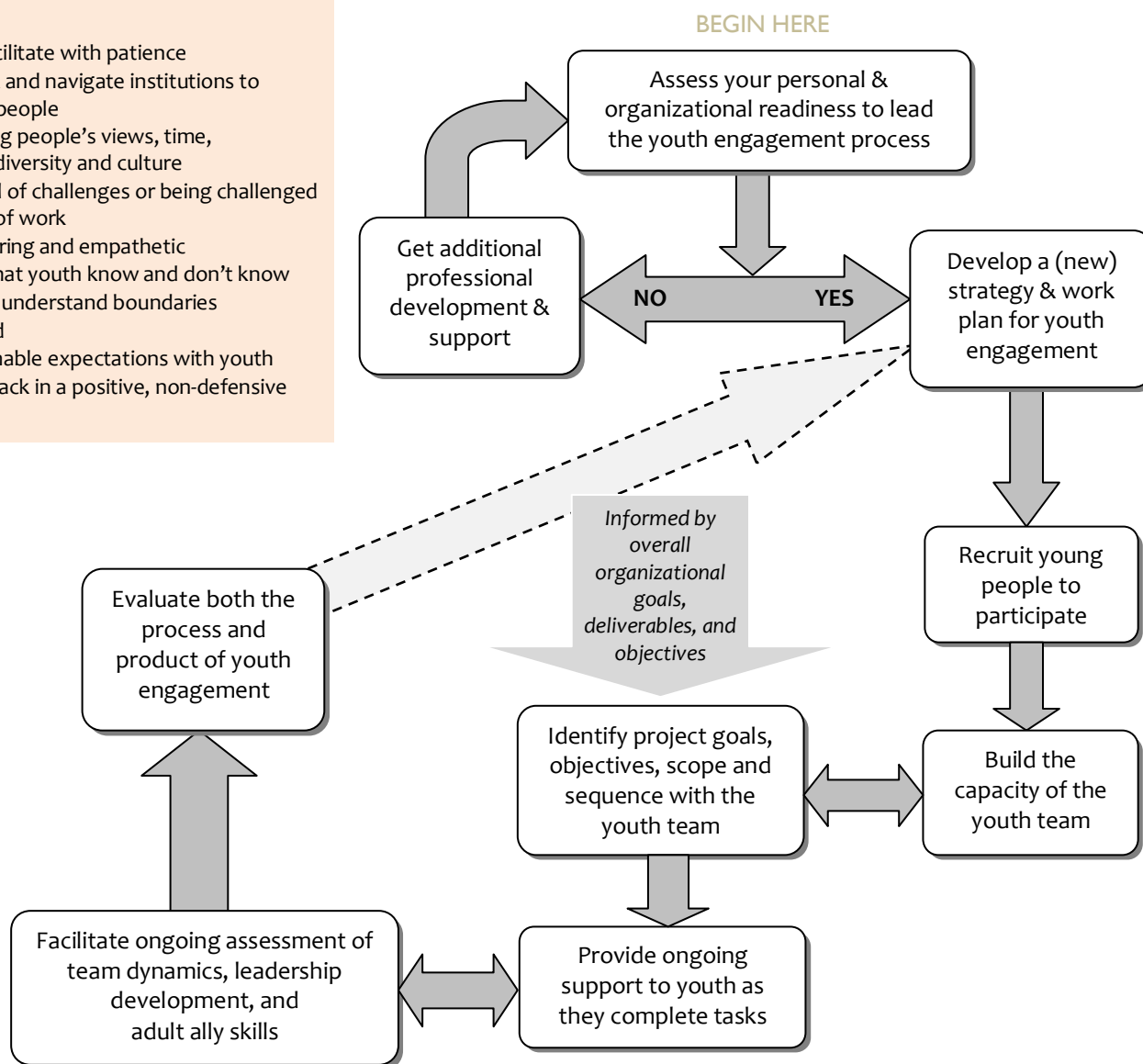


Youth Engagement Process

- Strong adult allies...**
- Trust youth
 - Listen and facilitate with patience
 - Help network and navigate institutions to assist young people
 - Respect young people's views, time, experiences, diversity and culture
 - Are not afraid of challenges or being challenged in their style of work
 - Are empowering and empathetic
 - Recognize what youth know and don't know
 - Establish and understand boundaries
 - Are organized
 - Create reasonable expectations with youth
 - Accept feedback in a positive, non-defensive manner



Sample Youth Engagement Work Plan

- Acquire funding to support youth engagement*
- Allocate appropriate staff/adult ally time
- Receive adult ally training on youth development principles and youth facilitation
- Conduct outreach for youth team recruitment
- Interview and select youth leaders
- Facilitate youth team retreat
 - Develop community agreements, team objectives, activities, timeline
 - Delegate roles and responsibilities
 - Develop retention plan
- Hold regular meetings & lines of communication
- Carry out projects and tasks
- Assess & evaluate process and outcomes
- Create sustainability plan

Youth Leadership Skills

- Knowledge of various adolescent health issues
- Cultural competency
- Meeting facilitation
- Agenda development
- Teamwork dynamics
- Decision-making
- Goal-setting
- Research and evaluation
- Public speaking
- Policy advocacy
- Public health outreach
- Community organizing