



THE WESTIN LONG BEACH
MARCH 14-15

CONFERENCE WORKSHOPS (March 15, 2013)

Adolescent Health and Youth Engagement

Addressing Adolescent Relationship Abuse Using Evidence-Based Interventions

Adolescent relationship abuse (ARA) is all too common. Fortunately, SBHCs can play an important role in both preventing and addressing ARA. Learn about three successful initiatives to address ARA at the individual, health center, and school levels. Find out how programs have increased safety and reduced victimization, and how your SBHC can build and lead a multi-disciplinary team focused on ARA prevention and intervention.

Lisa James, Director of Health, Futures without Violence
Sandi Goldstein, MPH, Director, California Adolescent Health Collaborative

Engaging Youth Leaders in School Health Programs

SBHCs and other school health programs can serve as hubs for robust youth leadership programming. Explore successful youth leadership program models and discuss relevant, step-by-step strategies for engaging youth leaders. Understand basic youth organizing principles and how to use these to develop more sustainable youth programming.

Kathleen Gutierrez, Adolescent Health Program Manager, California School Health Centers Association
Cynthia Leon, Adolescent Health Program Coordinator, California School Health Centers Association

Partnering with Students and Educators as Sex Education Advocates

School-based sexuality education is a proven health promotion strategy. Planned Parenthood Los Angeles is partnering with multiple school sites to study the effectiveness of a multi-component program, including 9th grade sex education classes, parent education, an after-school youth club, and clinical services. Learn how to engage schools and attract buy-in for reproductive health services, and apply lessons to your context. Explore the program and the partnerships that make it work, and get tips on empowering student advocates.

Nicole Ressa, Director of School-Based and Youth Programs, Planned Parenthood Los Angeles
Melissa Strype, Peer Advocacy Coordinator, Planned Parenthood Los Angeles



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PROGRAM SHOWCASES (March 15, 2013)

Reproductive Health Program Showcase

A Screening Protocol to Identify Commercially Sexually Exploited Youth

In Alameda County, SBHC clinicians play a key role in identifying and supporting commercially sexually exploited youth and youth at risk for exploitation, the majority of whom attend public schools.

Zena Harvill, PNP, Pediatric Nurse Practitioner, Native American Health Center
Aisha Mays, MD, Physician, Native American Health Center
Suzanne Nguyen, MD, Physician, Asian Health Services

Man Up! A Program Focused on Redefining Attitudes towards Reproductive Health

The Man Up! program successfully engages boys and young men in school health services by redefining male attitudes towards reproductive health, increasing awareness of services, and facilitating access to care.

William Alamo, Program Coordinator, St John's Well Child and Family Center

Core Competencies for Adolescent Sexual Health Providers: Enhancing Your Practice and Improving Your Program

The Core Competencies for Adolescent Sexual Health Providers can be used to improve reproductive health outcomes by guiding self-assessment, performance evaluation, program implementation, inter-agency collaboration, and ongoing professional development.

John Elfers, PhD, Program Coordinator, San Luis Obispo County Office of Education