

Health Homes for Boys and Men of Color

Juan R. Taizan
Project Director



California School-Based Health Alliance

- **Our Mission:**
 - We are a non-profit organization dedicated to improving the health and academic success of children and youth by advancing health services in schools.
- **Our Goals:**
 - Equity and access: Health care where kids are
 - Support quality health services: Healthy children = successful students.

www.schoolhealthcenters.org





David Bouttavong
Youth Program
Specialist
Fresno Barrios Unidos



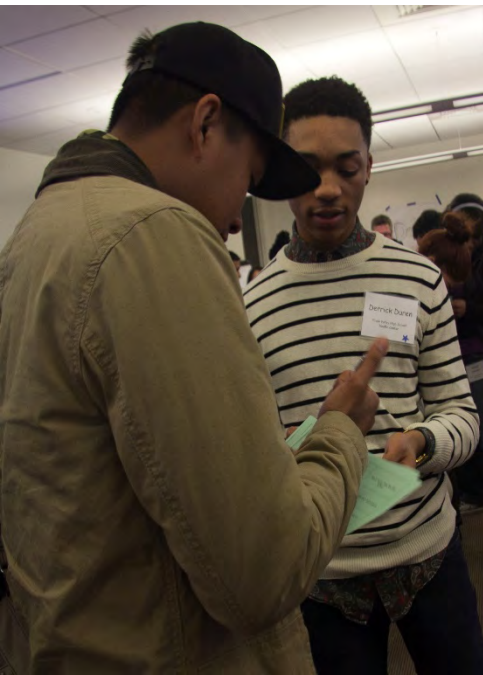
Kanwarpal Dhaliwal
Director of Community
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Practice
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Health Homes for Boys and Men of Color



Academic Disparities

- CA dropout rates
 - White youth – 11%
 - Latino youth – 23%
 - Black youth – 30%
- CA graduation rates:
 - White males – 83%
 - Latino males – 64%
 - Black males – 56%

California ranks 11th in the nation in youth incarceration rates.

Health Disparities

- Asthma in Latino and African American youth, ages 5-17, runs up to five times the rate of their white peers.
- For adolescent young men 12 to 19 years old, Mexican-American boys have the highest rates of obesity, 26.7 percent; compared to their white peers at 16.7 percent.
- Among males aged 15–19 years, the Chlamydia rate among African Americans is 13.1 times the rate among whites; the Gonorrhea rate is 37.4 times that of white young men.

Violence and Trauma

- Latinos and African American young men are 2 and 3 times more likely to be exposed to extreme incidents of violence (i.e. shootings) than white young men.
- African American and Latino boys are 2.5 and 4.1 more likely to have post-traumatic stress disorder than their white peers.
- African American young men (15-24 years old) have a homicide death rate at least 16 times greater than young white men. The homicide death rate for young Latino men is 5 times greater than young white men.

The Health Home Model

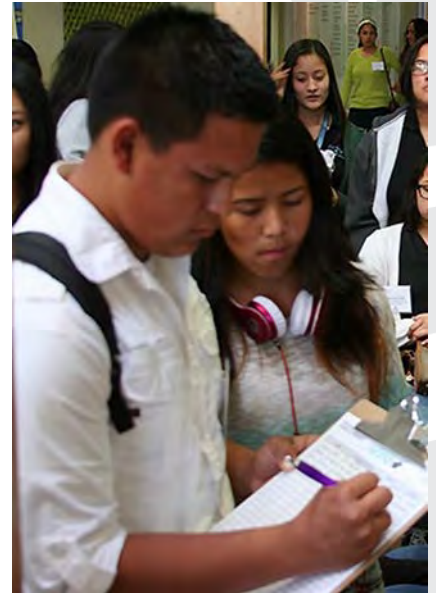


Lack of Health Care

- 1 in 5 young men of color between 15-19 years old do not have a usual source of health care.
- For many reasons, many young men do not feel comfortable using health care services.
- When young men do enter the clinic they encounter providers and staff who are unfamiliar with their unique needs

Creating a Health Home for BMOC

- Make BMOC a strategic priority
 - Conduct needs assessment of BMOC
 - Identify current gaps
 - BMOC workgroup or advisory board to move the work
- Make your center a safe-space for young men
 - Hire other men of color as staff
 - Change the look of health center to reflect BMOC
 - Hold male clinic hours
 - Create spaces for BMOC to receive services



Creating a Health Home for BMOC

- Promote healthy concepts of masculinity and sexuality
 - Check assumptions, stereotypes, and judgments regarding masculinity and sexuality
 - Engage young men in dialogues about living safe and healthy lives
 - Model and encourage healthy relationships

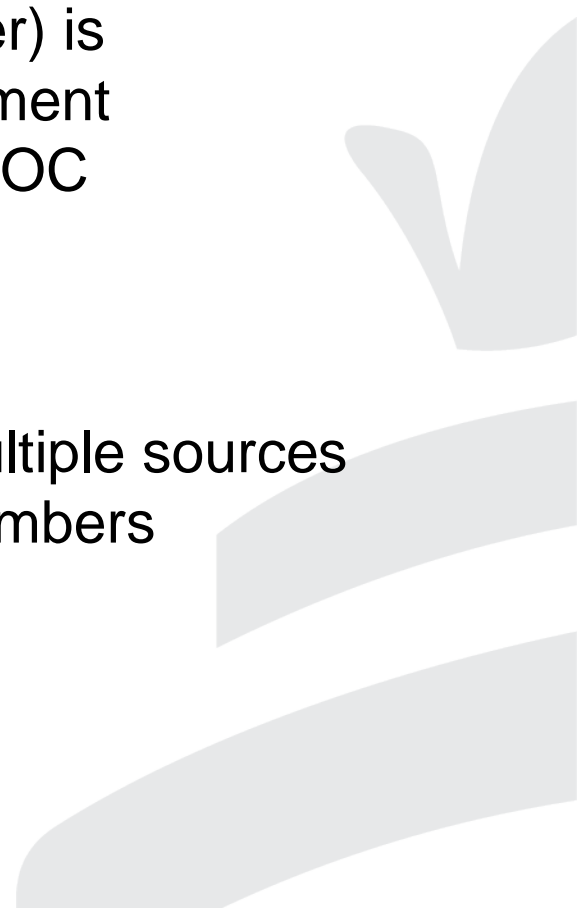


Creating a Health Home for BMOC

- Address violence and trauma
 - Adopt a trauma informed approach
 - Implement healing informed practices
 - Work in the community and with families



Creating a Health Home for BMOC

- Think beyond the exam room
 - Engage community partners as resources for BMOC
 - Ensure care team (all staff in center) is prepared to provide case management
 - Support long-term wellbeing of BMOC
 - Reduce barriers to access
 - Take health care to BMOC
 - Create seamless referrals from multiple sources
 - Engage elders and community members
- 



FRESNO BARRIOS UNIDOS
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Health Homes for Boys & Men of Color

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Youth Program Specialist



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Mission Statement

Fresno Barrios Unidos provides knowledge and opportunities to ensure youth, families, and individuals to release their human talent and energy in order to promote nurturing, healthy environments.

Vision Statement

Education, Empowerment, Access

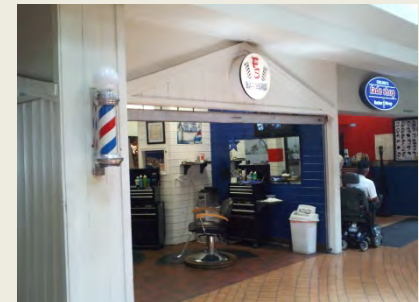
Outreach & Engagement

- Community

Where do young boys and men of color hang out?

Street outreach around:

- Schools
- Bus stops
- Resource fairs
- Classroom presentations
- Parent presentations
- Colleges
- Parks
- Barber shops.



Outreach & Engagement cont...

- Community Elders & Allies
- Adult allies from BMOC group
- Elders from Circulo de Hombres
- School teachers
- College instructors
- FBU Staff.
- Fresno County Juvenile Justice Campus



Partnerships with agencies is critical!

- Focus Forward
- Alice Worsley School
- Judges and probation
- Juvenile Hall: joven noble, young men's retreats, one-on-one case management prior to release & after, coordinating STD and pregnancy prevention presentations
- Assign male staff, work with Youth Liaison Officer.



A Safe Place for BMOC

Location:

- Location is accessible, located across from Roosevelt High, bus stops nearby, in the neighborhood of Southeast Fresno, foot traffic, local shops & businesses near by.
- Relaxed living room space, couches, TV, deco inclusive of young men and women.
Confidentiality called by # if receiving services



A Safe Place for BMOC

Fresno Barrios Unidos

- Staff, interns & volunteers



Acknowledgement is key!

- Need staff buy-in.
- All staff must understand needs of young men, programs offered, and how to work with youth.
- FBU has 5 male staff available for questions, concerns, programs, open-door policy (mentorship), and in-reach.
- Fresno State & Fresno City Colleges provides FBU work study students, interns, and volunteers.
- Reproductive health services provided by Planned Parenthood Mar Monte.
- Health Educators & Peer Health Educators on hand for in-reach.

A Safe Place for BMOC cont...

Activities:

- Ping pong table
- Condom demonstrations
- Ojos de dios “Gods eye”
- Outreach
- Mentoring
- Checking-in with youth
- Basket ball court (pending),



Male Specific Education & Programs

- El Joven Noble (The Noble Youth) by Jerry Tello.
- Circulo de Hombres. Community talking circle, other men, teachings, healing.
- Upon completing program with FBU, youth can attend the Fresno BMOC group.
- FBU hires and train 5 BMOC Peers specifically for health care outreach at 15 hours each.
- Starting a youth lead support/healing group.

Coordination with Medical Providers

Providers at FBU

- Planned Parenthood Mar Monte-Satellite Services Coordinator and Nurse (exclusively assigned to FBU and dedicated)

Monday-Thursday 1pm-5pm

- Dr. Ron Lichtenstein
Fridays 2pm-5pm



Coordination with Medical Providers

Comfy Places & Spaces



Partnership with Educators & Providers

- Making sure everyone is on the same page.
- When a client arrives, they get checked-in, assigned # for confidentiality.
- Peer/staff provides client with further information, education, FBU programs.
- Client gets called by coordinator for intake and then gets seen by the nurse.
- *Client is always acknowledged upon arrival and when leaving*

Healing Informed Practices

Men's Circles

- We encourage young men to attend community talking circle, other men, teachings, healing, preferably after complete Joven Noble group.
- These practices continue at convenings, conferences, summits, and State Capitol visits in Sacramento, retreats and camps, where BMOC gather.
- Starting a youth lead support/healing group soon.

Men's Retreat in Jolon: National Compadres Network



Healing Informed Practices

Education, Access, Empowerment



Group Health Education

- All programs include information and education on reproductive health.
- Healthy Decisions, El Joven Noble, Risk to Resiliency, Teen Success Inc, Parent Presentations, Peer Health Educators, Youth Advocacy Project

Photo Credit The California Endowment & Fresno Building Healthy Communities



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RYSE Youth Center



Presenters:
Kanwarpal Dhaliwal and Joe Kim



Mission

RYSE creates safe spaces grounded in social justice that build youth power for young people to love, learn, educate, heal, and transform lives and communities.





RYSE as health home for BMoC

- **Integrative Programming**
 - Stigma reducing
 - Inclusive and porous
- **Trauma-informed**
 - Conditions, context, and impact
 - Adolescent development
 - Restorative and healing practice
- **Gender Justice**
 - Intersectionality
 - Name and address dehumanizing language and gestures
 - Training and ongoing dialogue amongst staff
 - Encourage experimentation with identity and identity expression

EVERY GIRL EVERY BOY

FOR EVERY GIRL WHO IS TIRED OF ACTING WEAK WHEN SHE IS STRONG, THERE IS A BOY TIRED OF APPEARING STRONG WHEN HE FEELS VULNERABLE. FOR EVERY BOY WHO IS BURDENED WITH EXPECTATION EVERYTHING, TIRED OF PEOPLE HER INTELLIGENCE. WHO IS TIRED OF OVER-SENSITIVE, WHO FEARS TO BE FOR EVERY BOY COMPETITION IS TO PROVE HIS THERE IS A GIRL UNFEMININE FOR EVERY GIRL HER E-Z-BAKE BOY WHO WISHES EVERY BOY

THE CONSTANT OF KNOWING THERE IS A GIRL NOT TRUSTING FOR EVERY GIRL BEING CALLED THERE IS A BOY GENTLE, TO WEEP. FOR WHOM THE ONLY WAY MASCULINITY, WHO IS CALLED WHEN SHE COMPETES. WHO THROWS OUT OVEN, THERE IS A TO FIND ONE. FOR STRUGGLING NOT TO LET ADVERTISING DICTATE HIS DESIRES, THERE IS A GIRL FACING THE AD INDUSTRY'S ATTACKS ON HER SELF-ESTEEM. FOR EVERY GIRL WHO TAKES A STEP TOWARD HER LIBERATION, THERE IS A BOY WHO FINDS THE WAY TO FREEDOM A LITTLE EASIER.



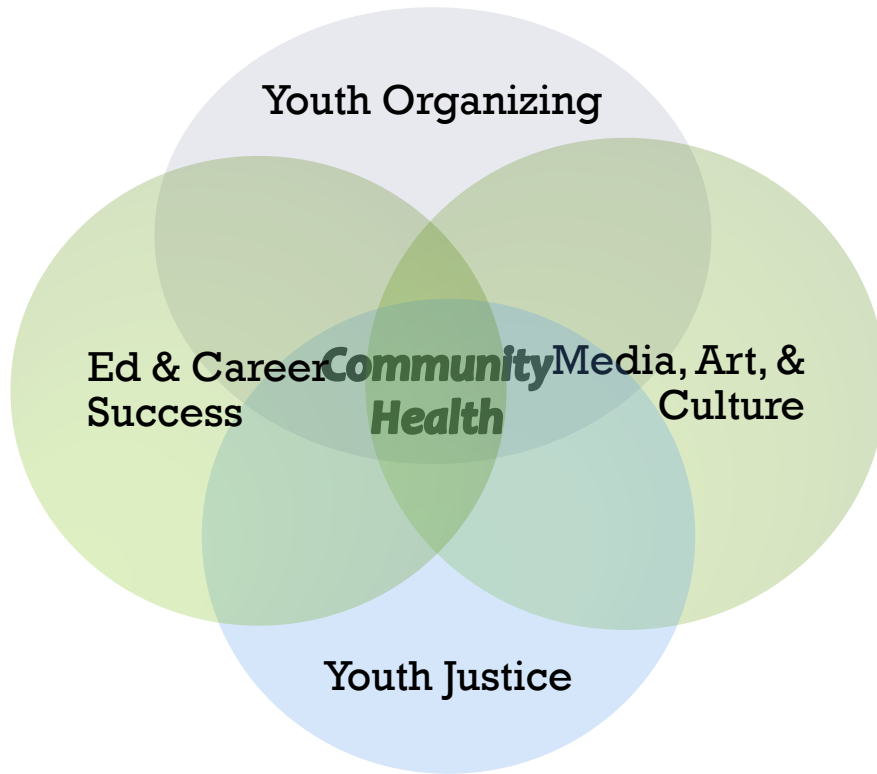
+ Strategies

- **Programs grounded in racial justice and oriented towards systems change and transformation**
- Involvement of young people in all levels of the organizational design, program implementation and evaluation.
- **Integrative strengths-based programming** that allows for multiple points of entry and engagement while still feeling like “one program” both on and offsite
- Incorporation of popular education in all aspects of RYSE programming
- Utilize media, art and culture into all aspects of programming
- Build youth capacity to outreach, engage and advocate
- **Program design based on harm-reducing, restorative, trauma-informed, and adolescent development best practices**
- Build meaningful relationships, partnerships and collaborations between individuals, organizations and systems.





INTEGRATIVE PROGRAM MODEL



Programs operate under collective goals

Holistic continuum of youth engagement

Multiple points of entry for engagement and participation

Collaboration and referrals across all program areas

To date, approx 2000 young members

Creative expression and social media



Principles of Trauma Informed Care



Fallot, 2011 (Principles of TIC)

- ✧ Safety
- ✧ Trustworthiness
- ✧ Choice
- ✧ Collaboration
- ✧ Empowerment

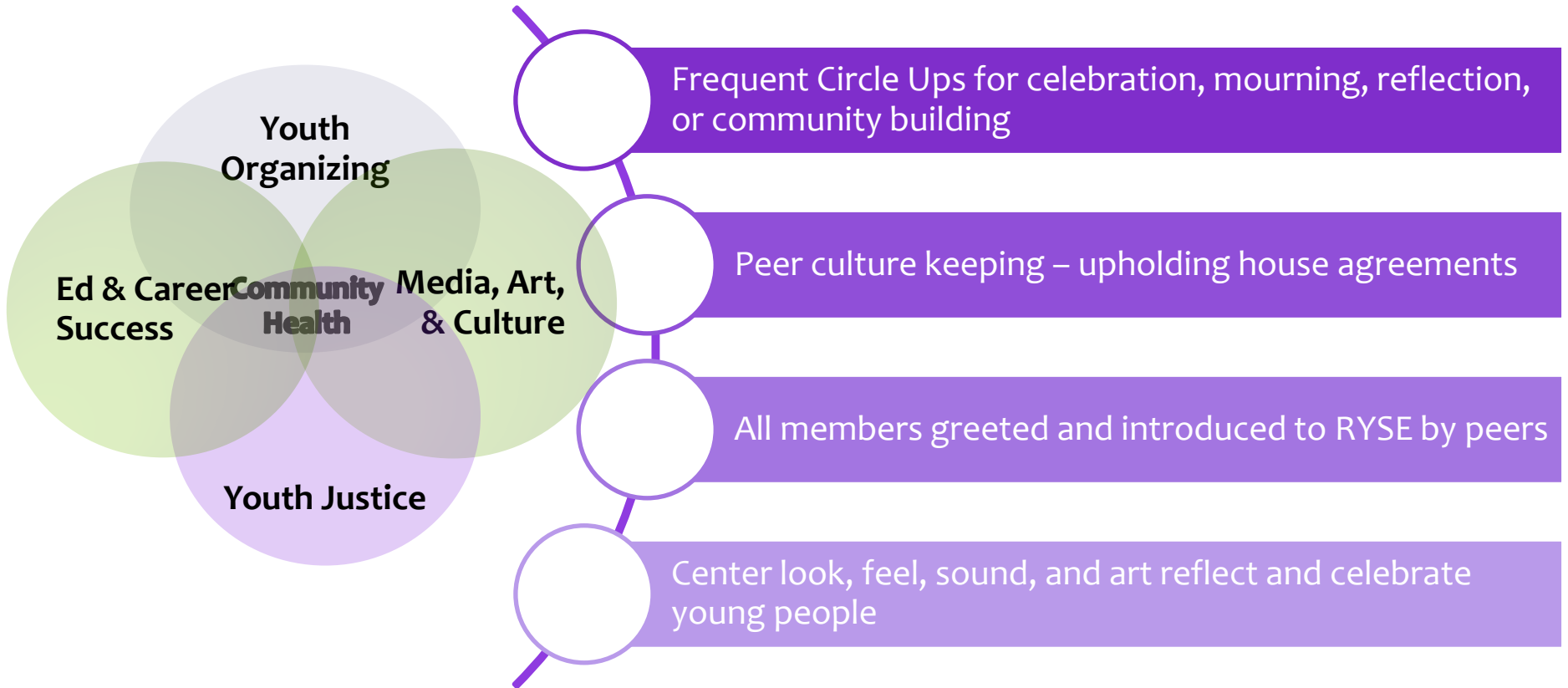
RYSE, 2007 (Values)

- ✧ Safety
- ✧ Youth Leadership
- ✧ Justice and Equity
- ✧ Partnership
- ✧ Creativity
- ✧ Fun

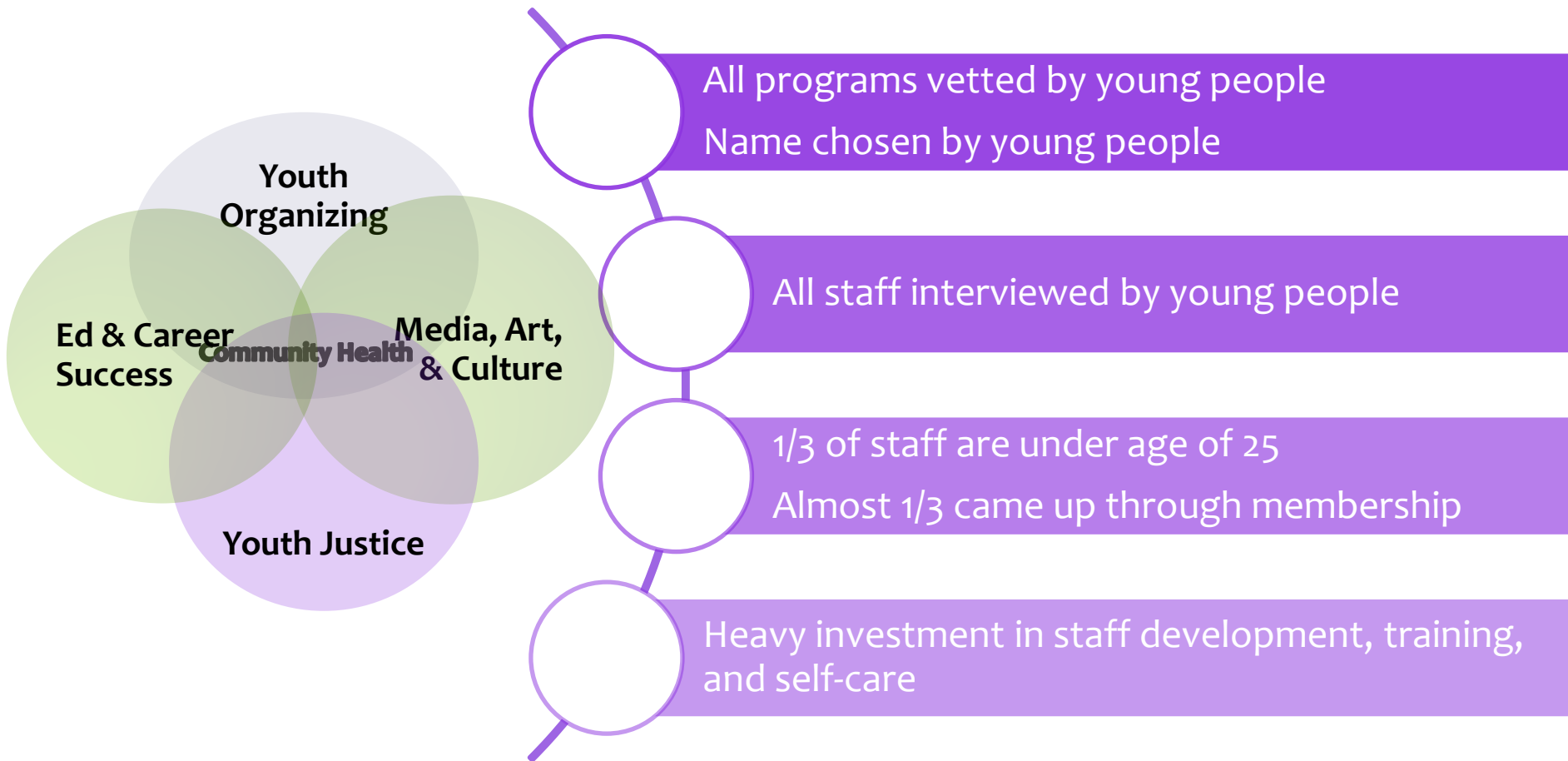
TIC Practice: Engagement and Infrastructure



TIC Practice: Programming and Space

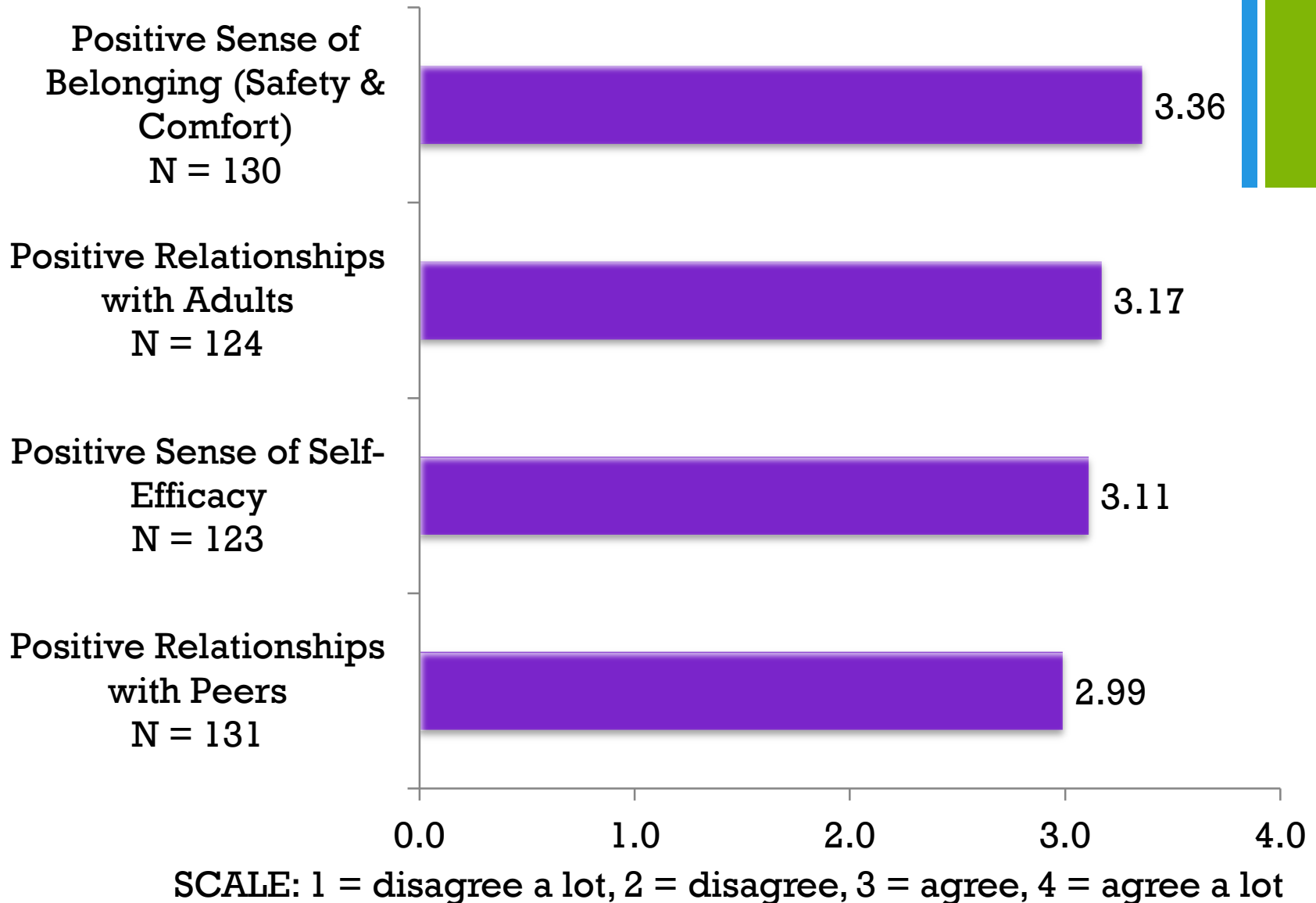


TIC Practice: Investing in People





RYSE Member Survey 2013: Key Outcomes

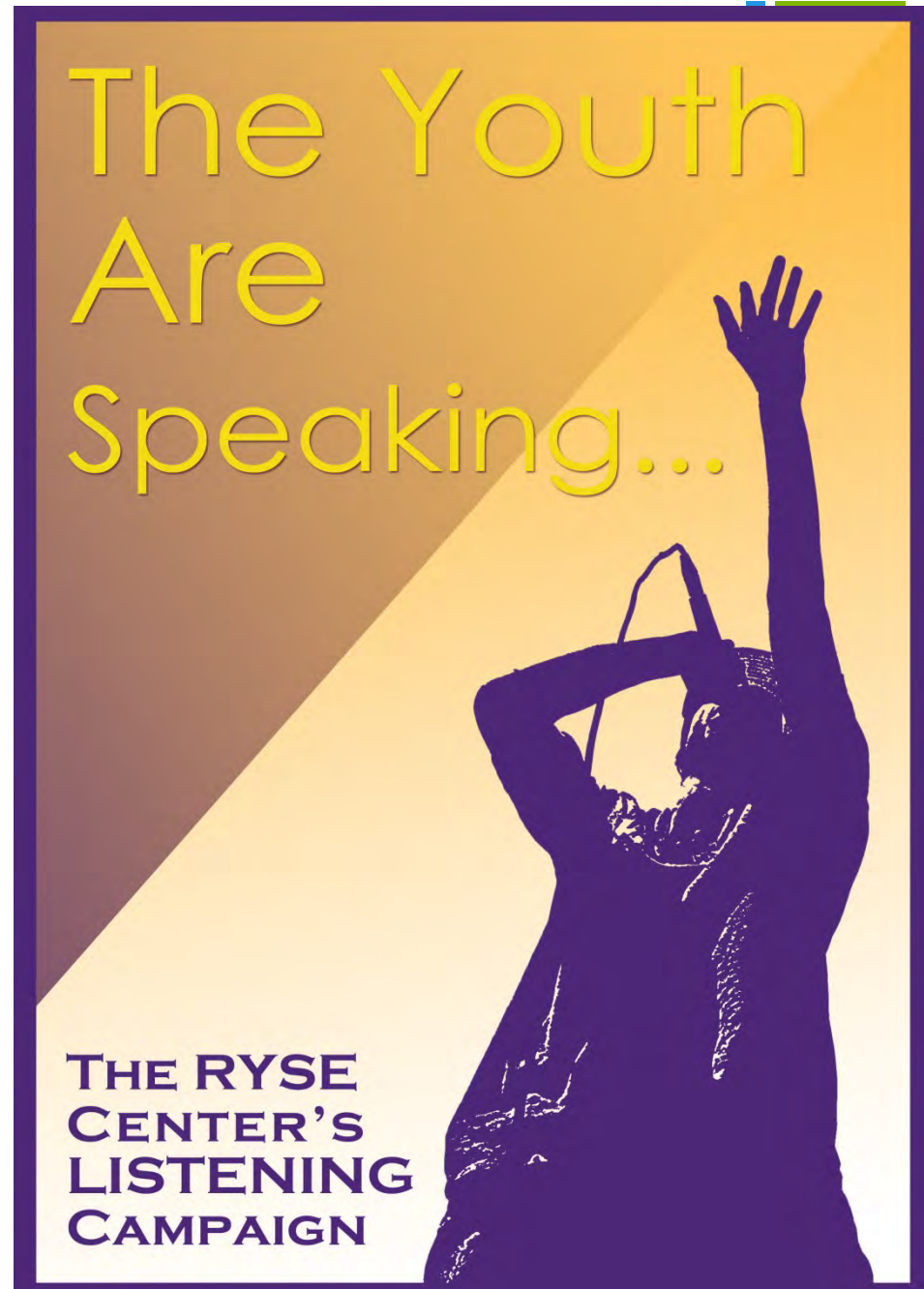


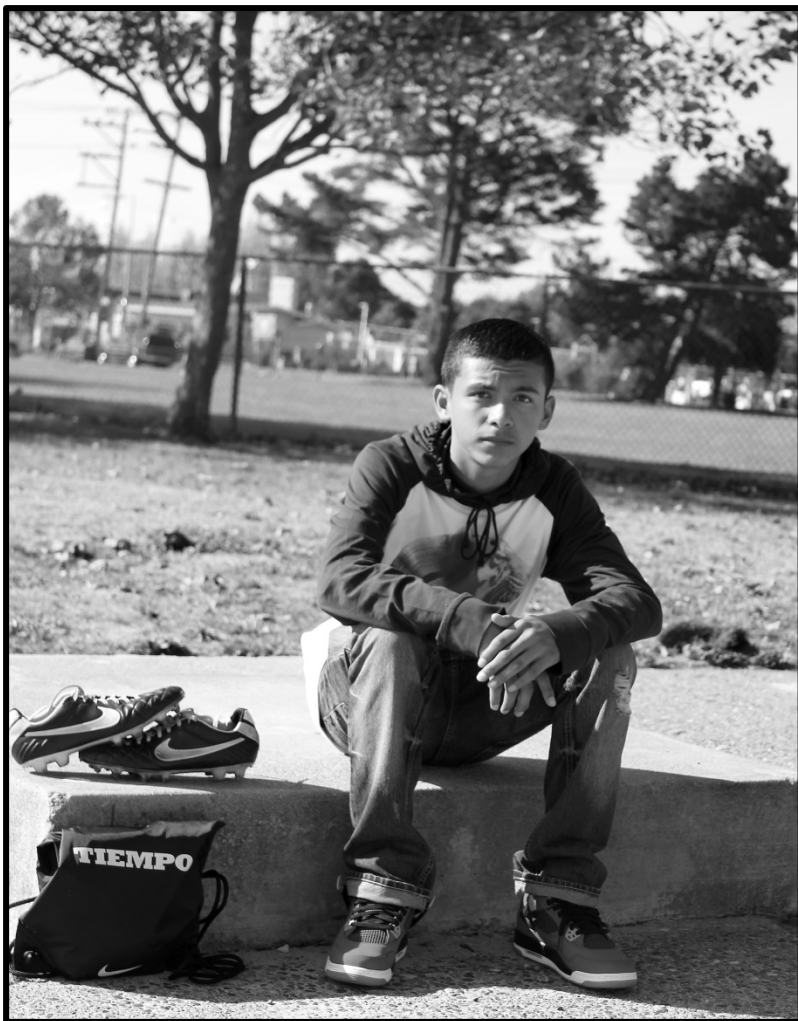
Data was also disaggregated by gender and sexual orientation; 51% of respondents identified as male



RYSE Listening Campaign

- (1) Understand the lived experience of Richmond youth burdened with multiple forms of violence
- (2) Inform more effective community interventions & empowerment strategies
- (3) Create more empathetic & accurate assessment processes & healing practices for youth exposed to trauma





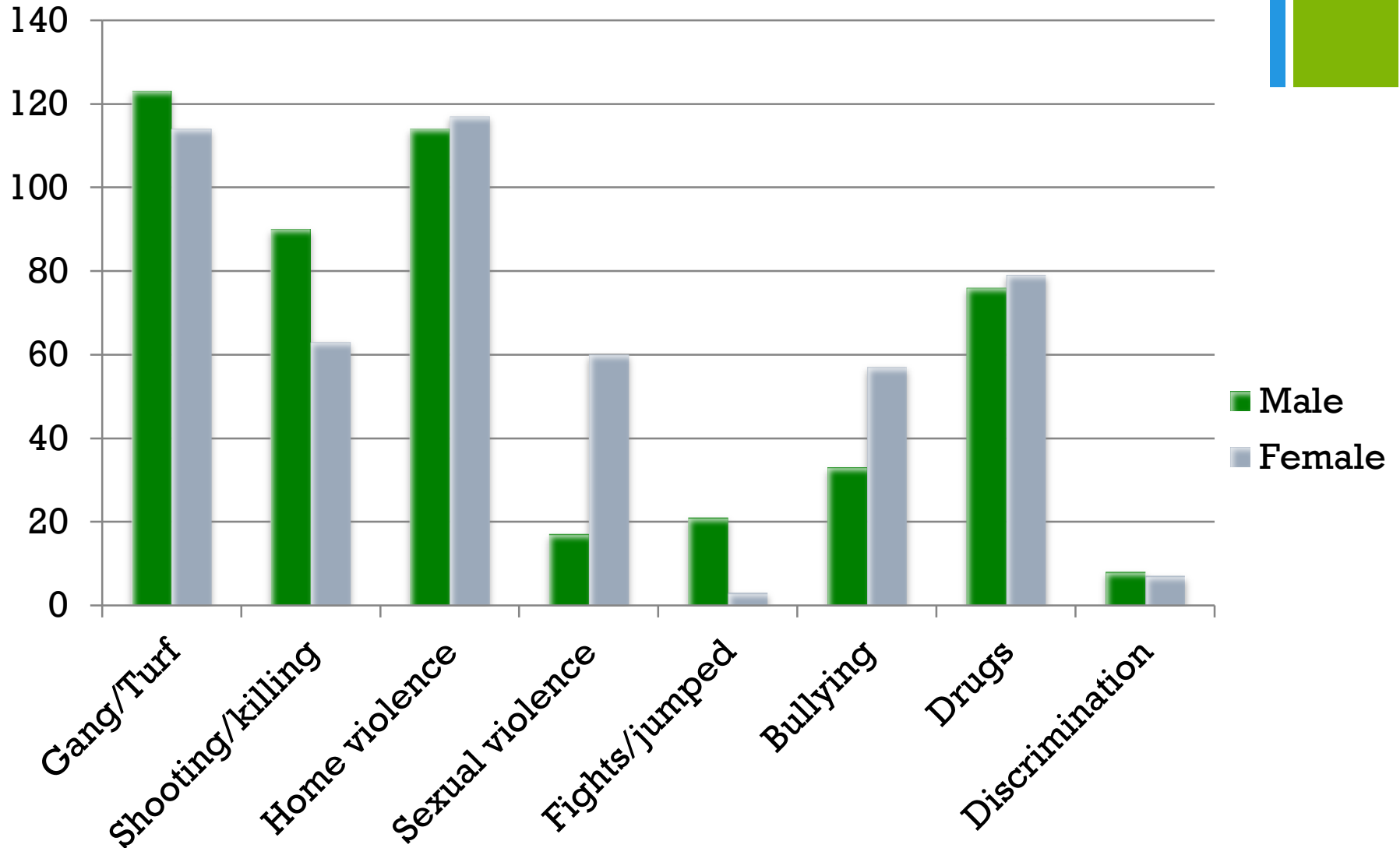
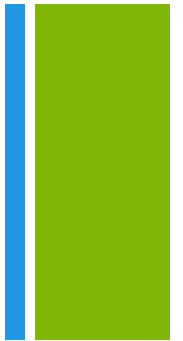
Guiding Questions

- What **types of violence** and trauma exposure do young people identify, highlight, and prioritize?
- What are **the expressions of distress** amongst youth exposed to violence?
- What **strategies of coping and support** do young people utilize to increase their resilience or post-traumatic growth in the face of chronic trauma exposure?
- Where do youth need more **support from adults and systems providers**? What type of support helps most?



Most Impactful Forms of Violence

(descriptive results)



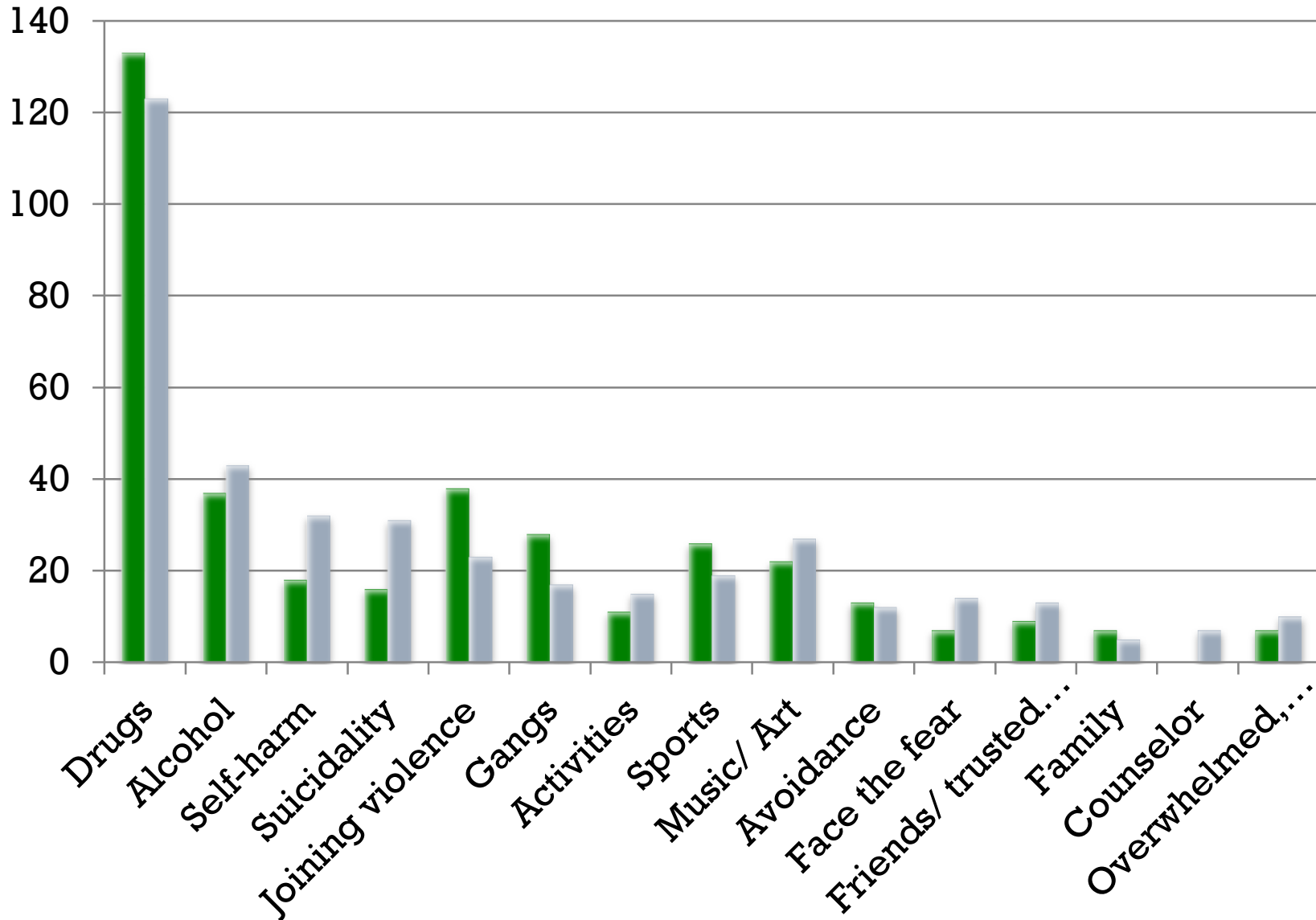


Primary Ways of Coping with Violence

(descriptive results)



■ Male
■ Female





Emergent Themes



Trauma is...

- ❑ pervasive, assumed, and multi-dimensional
- ❑ organized through silencing and shaming
- ❑ mediated largely through substance use and harm to self and others ('facing the fear')
- ❑ Reflected and reinforced through experiences with adults as unempathetic, judgemental, and punitive

*"I grew up with violence as if it were my sibling"
-participant*

+ Our Opportunity and Obligation

youth resilience & healing

Youth asking for support

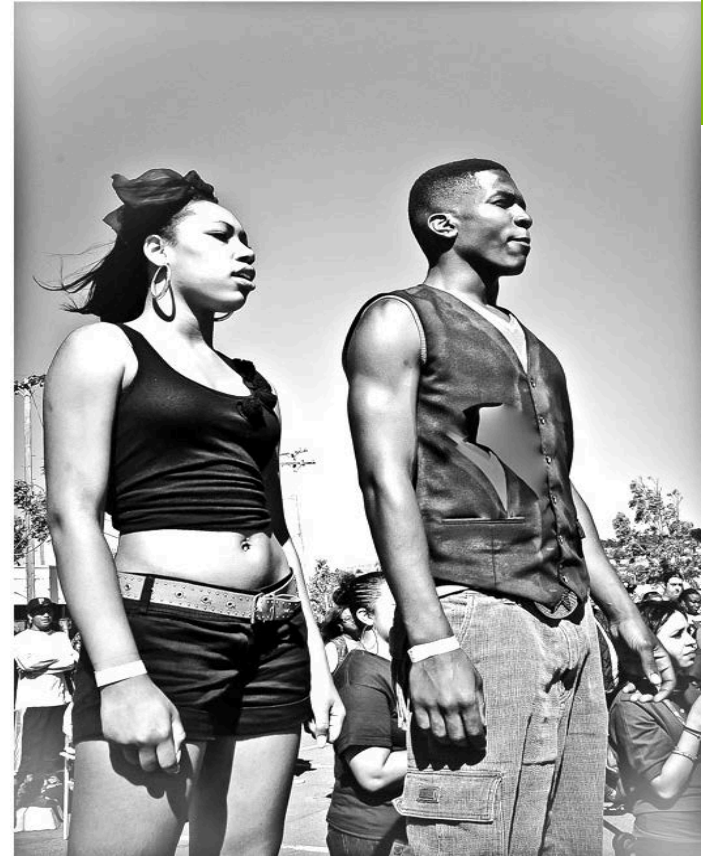
- someone to **listen & care**
- someone to **relate to & guide** them

Need alternatives to what they see

- Want to take **responsibility for their futures**
- Need more than examples of victimization, need **examples of empowerment**, successful mentors

Asking for more youth-driven opportunities

- More **safe spaces** for youth to share experience & build alternatives
- More **informed & empathetic** resources
- More **opportunities** for growth & empowerment

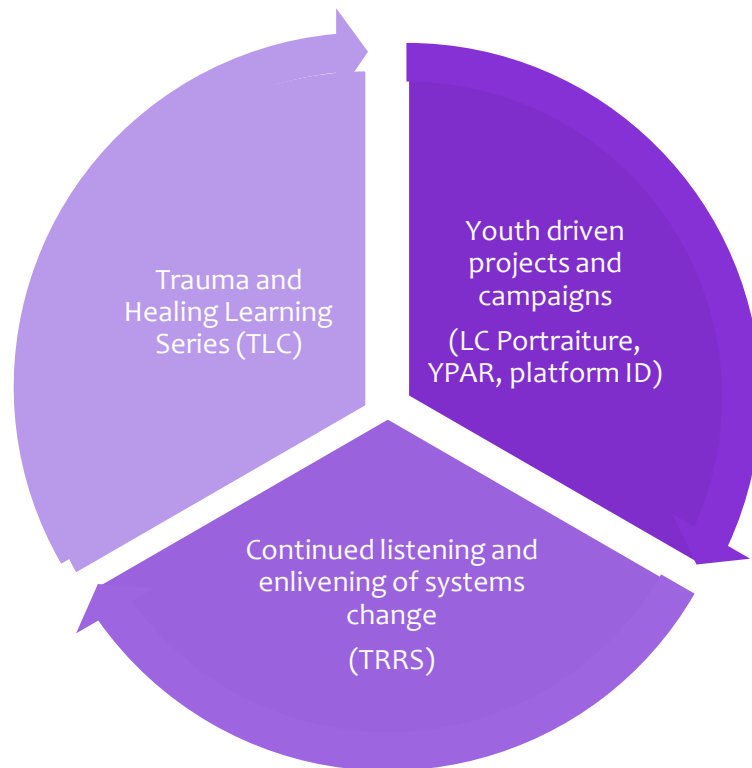


*'We know we can't run the city- it's too complex- but **our experience and our voices should count**, especially because we're the most effected.'*

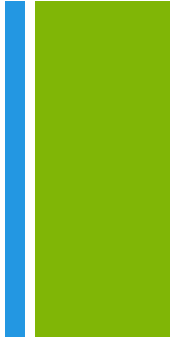
+ From Listening to Action:

Trauma Response in Richmond

- Develop a multi-level assessment and support process for youth served in Richmond
- Shift community intervention strategies towards trauma-focused, liberation- focused approaches
- Trauma Response and Resilience System – coordinated system of response, stabilization, restoration, healing, and culture-building.



“We envision a community that inspires youth to live with pride and purpose, where the sounds of gunshots have been replaced by the sounds of organizing, song, collaboration, laughter, and learning...”



Visit us!

RYSE Youth Center

205 41st Street

Richmond, CA 94805

510-374-3401

www.rysecenter.org

Questions

Resources

- **CA School-Based Health Alliance:**
Integrated, Trauma-Informed Mental Health Care to Support Boys & Young Men of Color: Recommendations for School Based Health Centers
<http://cshca.wpengine.netdna-cdn.com/wp-content/uploads/2013/11/CSHC-Trauma-Informed-MH-BMOC-2013.pdf>
- **Movement Strategy Center: Stepping Into Power:**
A Leadership Academy Curriculum for Boys and Men of Color
[http://test2013.bhclongbeach.org/download/BMoC%20Leadership%20Academy%20Full%20Curriculum\(3\).pdf](http://test2013.bhclongbeach.org/download/BMoC%20Leadership%20Academy%20Full%20Curriculum(3).pdf)
- **National Latino Fatherhood and Family Institute:**
Lifting Latinos up by their “Rootstraps:” Moving beyond Trauma through a Healing-Informed Model to Engage Latino Boys and Men
<http://files.www.cmhnetwork.org/news/latino/liftinglatinosup.pdf>
- **Partnership for Male Youth:**
Health provider Toolkit for Adolescent and Young Adult Males
<http://www.ayamalehealth.org/index.php#sthash.UZddYY0q.dpbs>