

RESEARCH HAS SHOWN THAT SCHOOL-BASED HEALTH CENTERS (SBHCs):

IMPROVE ACCESS TO HEALTH CARE

- SBHCs increase access to health care.^{1,2,3,4,5}
- SBHC users are likely to use primary care—both medical and behavioral health—more consistently.^{6,7,8,9}
- SBHC users are more likely to have yearly dental and medical check-ups.^{10,11}
- SBHC users are less likely to go to the Emergency Room or be hospitalized.¹²

PREVENT DIABETES AND MANAGE ASTHMA

- Adolescent SBHC users engage in more physical activity and consume more healthy foods.¹³
- SBHC staff can effectively screen students for important diabetes risk factors.¹⁴
- SBHC users are less likely to have asthma-related restricted activity days.¹⁵
- SBHC users are less likely to go to the Emergency Room or be hospitalized for asthma.¹⁶

PROMOTE POSITIVE BEHAVIORAL, ORAL, AND REPRODUCTIVE HEALTH

- SBHC behavioral health services can improve users' "Health-Related Quality of Life."¹⁷
- SBHC behavioral and oral health services can be more efficacious than community-based services.^{18,19}
- Adolescent girls who have access to an SBHC are more likely to get reproductive preventive care.²⁰
- SBHCs can reduce the unplanned pregnancy rate among adolescents.²¹

IMPROVE ATTENDANCE, BEHAVIOR, AND SCHOOL LEARNING ENVIRONMENT

- SBHCs reduce early dismissals from school.²²
- Using SBHC medical services is associated with better attendance.²³
- Students who use SBHC mental health services improve their attendance and behavior.²⁴
- The presence of an SBHC on a school campus is associated with features of a positive learning environment.²⁵

REDUCE DROPOUT AND SUPPORT ACADEMIC ACHIEVEMENT

- Using SBHC services is associated with reduced likelihood of high-school dropout.²⁶
- Students who receive SBHC mental health services improve their grades more quickly than their peers.²⁷
- States with SBHCs that serve as Medicaid providers have higher student achievement results.²⁸
- States that oversee health education and health services have higher test scores and lower dropout rates.²⁹

ARE A SMART INVESTMENT AND A BETTER, MORE EFFICIENT WAY TO DO BUSINESS

- SBHCs are a cost-beneficial model that can lower Medicaid costs.³⁰
- By reducing ER visits and hospitalizations, SBHCs can reduce health care costs for children with asthma.³¹
- School-based immunization initiatives not only prevent disease but can also save money for society.³²

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