

SPRING 2015

De Anza Health Center

Our Mission is to develop a coordinated system of support services to foster student wellness and academic achievement



Who we are

The De Anza Health Center is a safe place for all De Anza students to receive free and confidential health services, information, and programming. Our services include: Health Education, Mental Health, Violence and Drug Prevention, Youth Development, Medical, Dental, and Sexual Health Services. Our goal is to foster student wellness and academic achievement.

During the 2012-13 school year:

- ❖ 655 unique students received Health Center services in 2013-2014 each with an average of 9 points of service
- ❖ 99% of students who received services reported that the services helped them do better in school.
- ❖ 99% of students who received services reported that the center helped them get services they would not otherwise get.

Huge improvements in De Anza's School Climate Index!

Results from the California Healthy Kids Survey indicate that De Anza's school climate has improved dramatically since 2011, when most youth programming began in De Anza's Health Center. The table below presents De Anza's School Climate Score percentiles from 2011-2014. Among schools with similar demographics, De Anza moved from the 12th percentile in 2011 to the 86th percentile in 2014. The School Climate Index measures supports and engagement; violence, victimization, and substance abuse at school; and incidences of truancy.

| | 2011 | 2012 | 2013 | 2014 |
|--|------|------|------|------|
| Compared to all CA high schools (%tile) | 3 | 13 | 39 | 68 |
| Compared to similar CA high schools (%tile) | 12 | 41 | 74 | 86 |



Background

The De Anza High School Health Center was established in June 2007 as a collaborative effort between the West Contra Costa Unified School District and Bay Area Community Resources (BACR). BACR is a non-profit agency whose mission is to support the healthy development of individuals and families in the community.

Want to donate to De Anza's Health Center? Visit www.bacr.org and click on *Give/Volunteer*. Please specify that you would like your donation to support De Anza's Health Center.

Services Offered

Youth Development programs are designed to give students the tools necessary to make changes in their communities. Our peer education and leadership development programs train students in public speaking, presentation skills, classroom management, and planning/organization. Additionally, programs such as our peer mentoring program are designed to foster school connectedness.

Violence Prevention The health center is a safe space for ALL students. We provide peer-led classroom workshops on Bullying aimed at fostering school climate. We also offer anger management classes, conduct conflict mediation services and support groups for students who have been victims of or have witnessed abuse.

“The Health Center is an extremely valuable resource to students at our school. Many of our students are able to access resources through the center that they would have limited access to otherwise, and it is clear that the center is focused on taking care of the entire student versus specific aspects of their lives.”

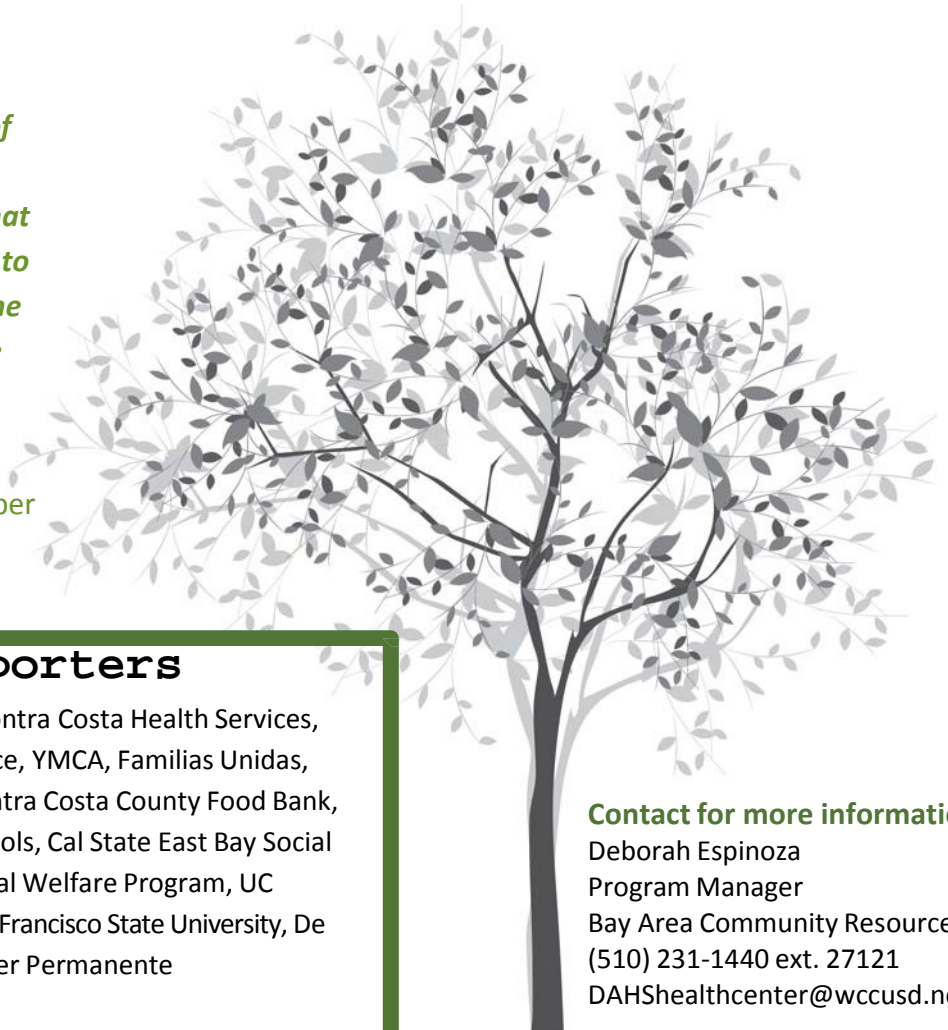
- De Anza staff member

Mental Health Services include individual and group counseling for anger management, grief/loss, LGBTQ support, self-esteem, depression, substance use/abuse and crisis intervention.

Medical Services include physicals and sport exams, immunizations, reproductive health services including screening and treatment of sexually transmitted infections (STIs), pregnancy testing, and contraceptives.

Dental Services include cleanings, exams, fillings, fluoride varnish and sealants.

Health Education Services include comprehensive sex education, pregnancy and HIV/STI prevention, and peer drug education. Additionally, health educators are on site 4 days a week.



Partners & Supporters

Bay Area Community Resources, Contra Costa Health Services, STAND! For Families Free of Violence, YMCA, Familias Unidas, Community Violence Solutions, Contra Costa County Food Bank, California Safe and Supportive Schools, Cal State East Bay Social Welfare Program, UC Berkeley Social Welfare Program, UC Berkeley Public Service Center, San Francisco State University, De Anza Staff and Administration, Kaiser Permanente

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