

# Hercules High Student Health Center

*"Our mission is to provide quality coordinated health services that demonstrate student wellness and academic success."*

## WHO WE ARE

Hercules High Student Health Center provides quality health promotion, health education, and wellness counseling to support a school climate, which nurtures positive behavior, assures health and safety, and promotes wellness for all students.

## SERVICES

### Mental Health Services:

include crisis intervention, treatment of depression, stress management, group counseling, and counseling for family and relationship issues.

### Health Education:

is provided on topics like pregnancy prevention, HIV/STI prevention, human sexuality, intimate partner violence and substance abuse prevention. We also provide students with a peer tobacco health education program.

### Youth Development:

activities consist of anti-bullying peer education, Youth Advisory Board, mentoring, and tobacco use prevention peer education.



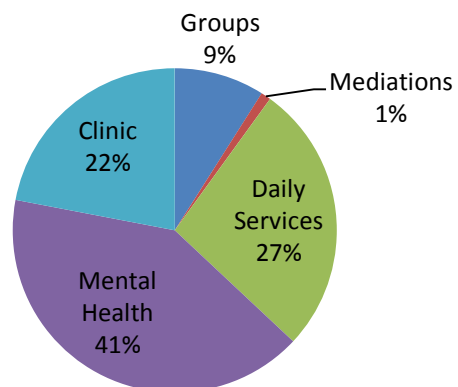
**HHS students in collaboration with the RYSE Center**

### No Place for Hate Campaign:

No Place for Hate® is an initiative of the Anti-Defamation League, offered to public, private, parochial, and charter schools. ADL has launched the initiative in the Bay Area for the 2014-2015 school year with nearly 20 schools positioned to earn the No Place for Hate® Designation. The initiative is designed to rally the entire school around the goal of creating a welcoming community committed to stopping all forms of bias and bullying. No Place For Hate® provides a unique framework to incorporate new and existing programs with one consistent message. It can help your school foster a culture of respect and create a safe, bully-free learning environment for students at all grade levels.



## Health Center Services 2013-2014



# Special Acknowledgement to Health Center Partners and Supporters

## WHO WE SERVE

The Hercules High Student Health Center serves all students and supports parents.

## HERCULES HEALTH CENTER BACKGROUND

The Hercules High Student Health Center was established in June 2007 as a collaboration effort between the West Contra Costa Unified School District and Bay Area Community Resources, a non-profit agency whose mission is to support the healthy development of individuals and families in the community.



Bay Area Community Resources

YMCA of the East Bay

Familias Unidas

Gender Spectrum

Rainbow Community Center

Contra Costa Health Services

Contra Costa Kops for Kids

Community Violence Solutions

STAND! For Families Free of Violence

Kaiser Permanente Community Benefit Program

California School-Based Health Alliance

*"The health center helped me get motivated towards applying for college."*

**-Hercules High Student**

*"The center provided the assistance I needed towards being a better person."*

**-Hercules High Student**

*"The Health Center is my safe zone to be who I wanna be"*

**-Hercules High Student**

## Contact information:

Rachel M. Delgado  
SBHC Manager  
Bay Area Community Resources  
(510) 231-1429 ext. 25261  
rdelgado@bacr.org