



School-Based Health Centers 101

First Steps in Planning a School
Health Center





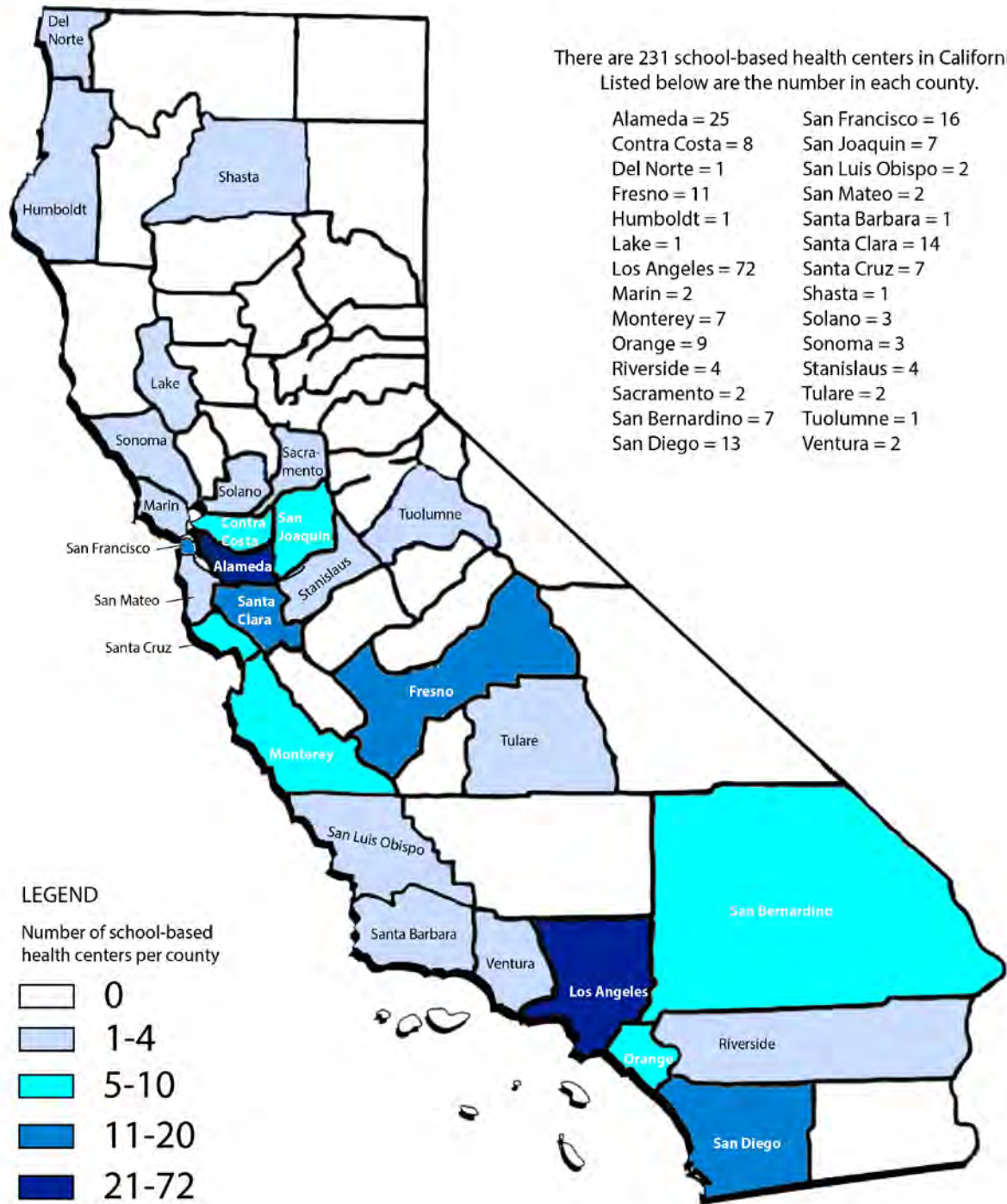
About Us

We are the statewide nonprofit organization helping to put more health services in schools.

Our mission is to improve the health and academic success of children and youth by advancing health services in schools.

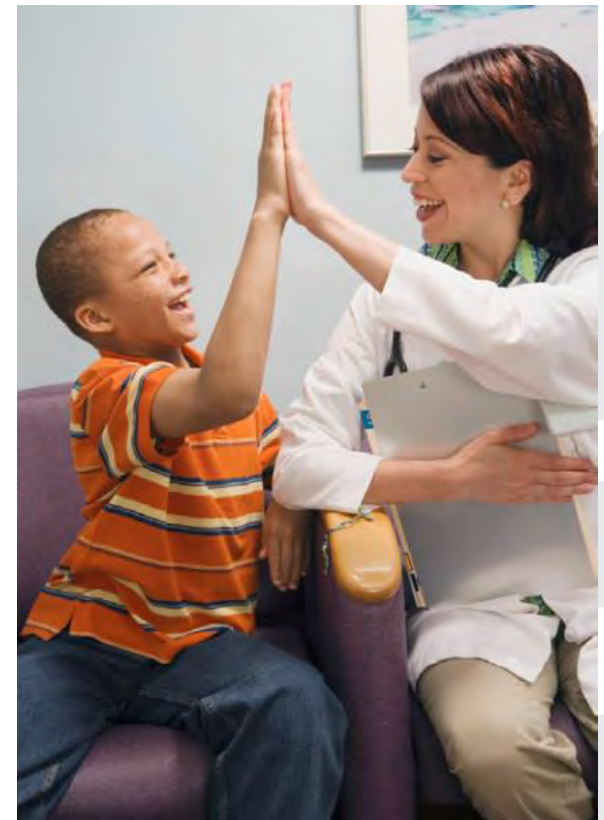


California's 231 School-Based Health Centers

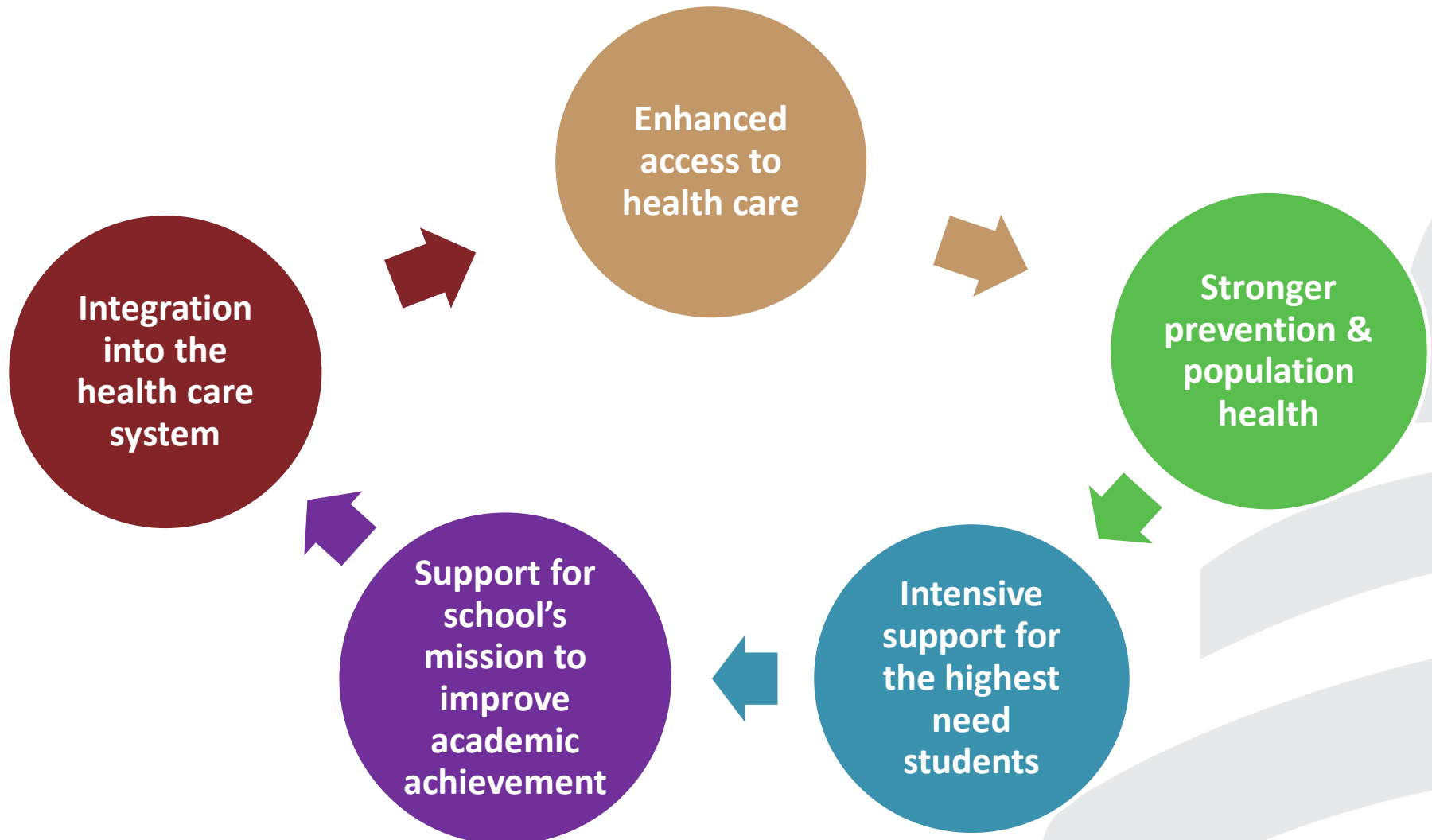


What Is a School-Based Health Center?

- **Delivers primary medical care** - basic medical services like any doctor's office or clinic - *in collaboration with a school and school nurse/s*
- **Located on campus** or near a school site
- **May also provide mental health services, dental care, after school programs, clubs, nutrition programs, parent groups, etc.**
- **Works on school-wide issues** like health education
- **Serves students** and sometimes siblings, family members, and the community



What Makes School-Based Health Centers Effective?



What Services Are Provided?

Service	% of Centers
Medical Services	87%
Health Education	61%
Mental Health Services	64%
Reproductive Health – Screening & Education	70%
Reproductive Health – Clinical Care	55%
Nutrition & Fitness Programs	33%
Dental Services – Prevention	42%
Dental Services – Treatment	23%
Youth Engagement Programs	38%

Who Runs School-Based Health Centers?



- School districts
- Federally Qualified Health Centers
- Other community health centers
- County health departments
- Mental health providers
- Community-Based organizations
- Hospitals

How Is School-Based Health Care Financed?

Space and utilities are typically contributed by the school

Third-party reimbursement:

- Child Health and Disability Program
- Family PACT
- Medi-Cal

Public and private grants



Introductions

Activity

Where are you in the process of starting or thinking about a SBHC?





Key Steps in Planning

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California School-Based Health Alliance





Key Steps

- **Forming a Planning Committee**
- **Outline committees key tasks/goals, meeting schedule, and facilitator**
- **Discuss why SBHC is needed**
- **Conduct Health gap analysis**
- **Determine Services that are needed (Needs Assessment)**



Key Steps

- **Determine Best Model**
- **Who will the SBHC serve (population)**
- **Develop Staff Model**
- **Funding Plan**
- **Seek approval from decision-making bodies**
- **Coordination between agencies- MOUs**



Minor Consent & Confidentiality

HIPAA / FERPA

- Release of Information

Clinic/ SBHC Policies

- Appointments

Youth & Parent Engagement





SBHC Principles

SBHCs deliver enhanced access by bringing health care directly to where students and families are and conducting active school-based outreach to connect students with care.

SBHCs strengthen prevention and population health by connecting clinical care with public health approaches such as group and classroom education, school wide screenings and prevention programs, creation of healthier environments, or efforts to address the social determinants of health.

SBHCs offer intensive support for the highest need students by being present on a daily basis to manage chronic disease, address behavioral health issues, deal with crises, and help students and families access resources.

SBHCs have a shared mission with the school to improve academic achievement by working together to address absenteeism, school climate, classroom behavior, and performance.

SBHCs are committed to functioning as part of an integrated health care system by communicating and coordinating care with other providers, partners, and payers.

Partner With the CA Alliance on Your SBHC

- **Tour a school-based health center**
- **Learn about potential partnerships**
- **Get help in selecting a school-based health model that best fits your needs**
- **Receive guidance on creating a school-based health center project planning committee**
- **Access our start-up toolkit and other helpful resources**

Get Help!

Vision to Reality: How to Build a School Health Center from the Ground Up

Chapter 1: Overview

Chapter 2: Community Planning

Chapter 3: Youth Engagement

Chapter 4: SBHC Structure and Staffing

Chapter 5: Funding

Chapter 6: Licensing and Regulations

Chapter 7: Operations

Chapter 8: Facilities

Chapter 9: Evaluation and Data Collection



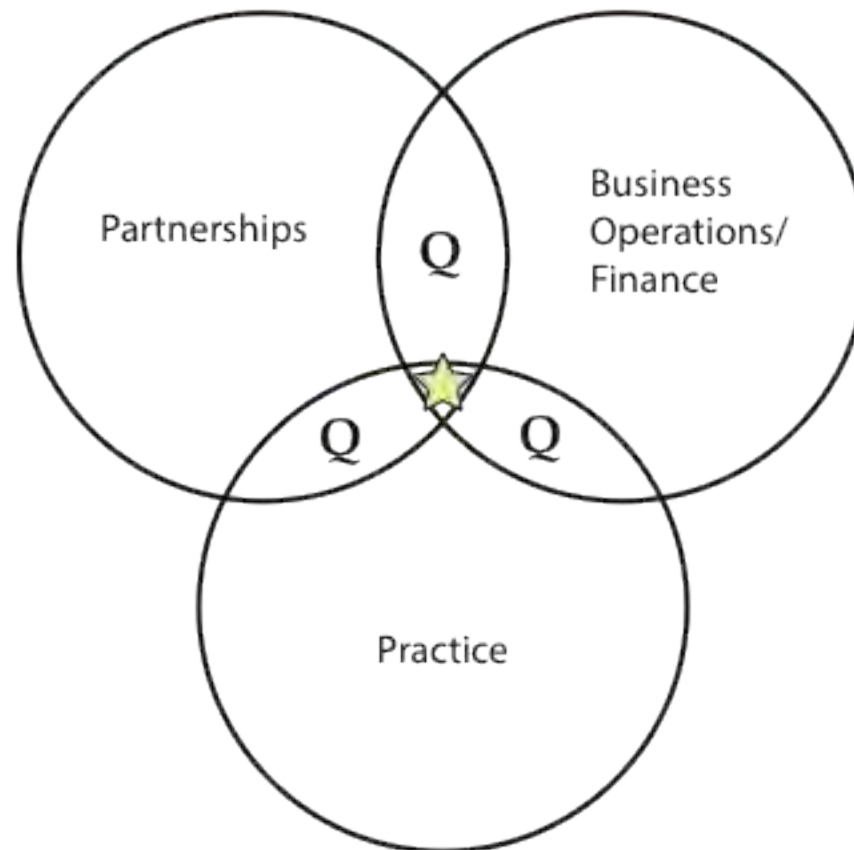
Developing Strong Partnerships

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FUSD
Director of Student Health Services



Three Domains of SBHC Sustainability: Partnerships, Business Operations/Finance, and Practice



Q = Quality

★ = Healthy
Successful
Students



Key Stakeholders

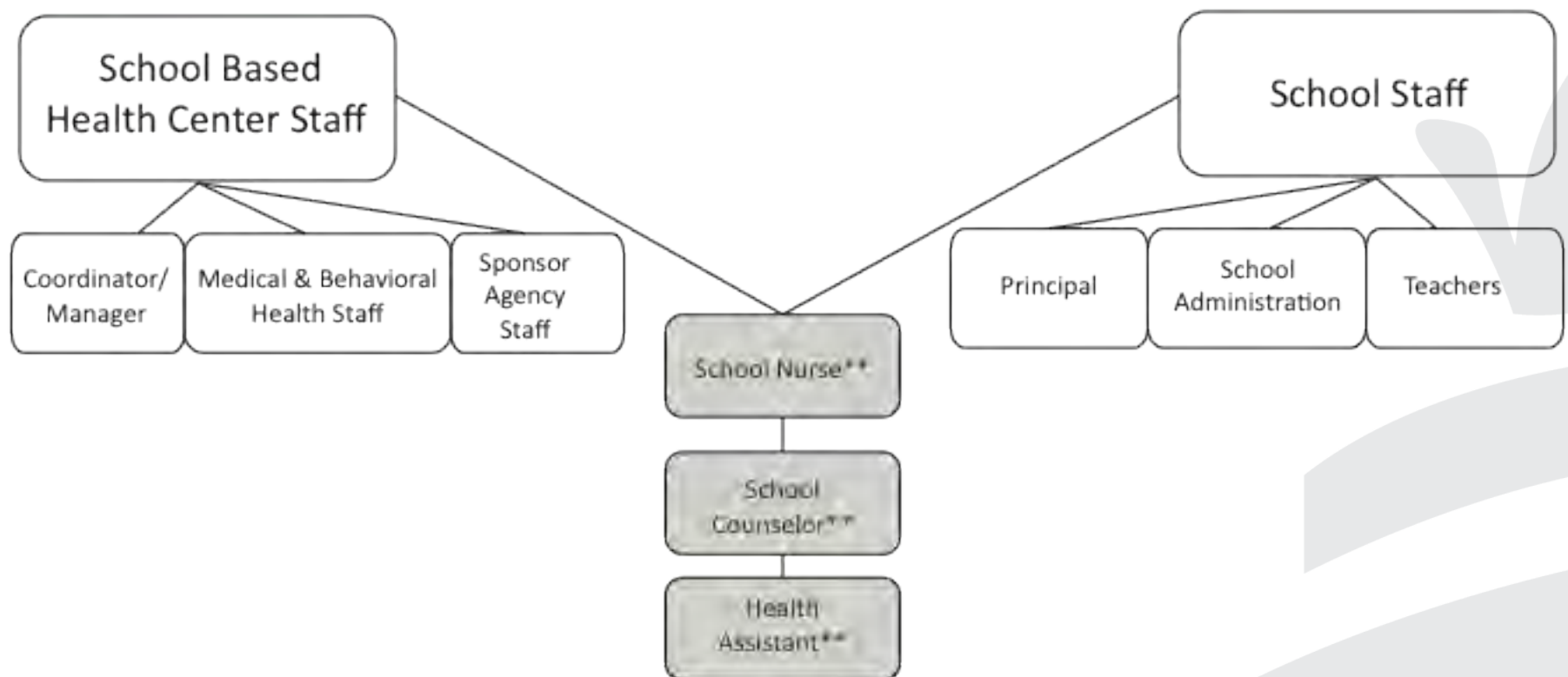
Where do you start?

Who are your partners?

What do you already know?

2 Min Activity

The following graphic describes some of the relationships that may exist between the school and the SBHC:



** These staff members (in grey) are employed by the school district and are critical to integration of services between the school and SBHC.

Partners – Start with what you know

Doctors

Nurses

Immunizations

Social Work – Counseling
– Behavioral Health

Obesity Nutrition

Universities – Medical
Schools

School Nursing – Nursing
Universities

Public Health

University – County

Businesses – School
Nutrition

Collective Impact



From Isolated Impact to Collective Impact

Isolated Impact

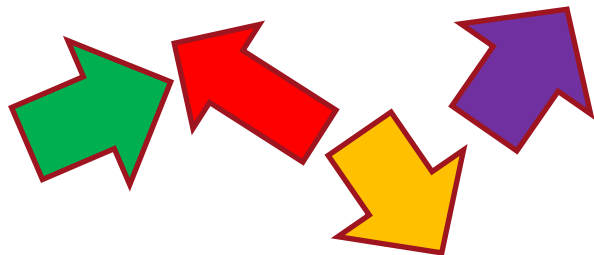
Funders select **individual grantees**

Organizations **work separately**

Evaluation attempts to **isolate** a particular organization's impact

Large scale change is assumed to depend on **scaling organizations**

Corporate and government sectors are often **disconnected** from foundations and non-profits.



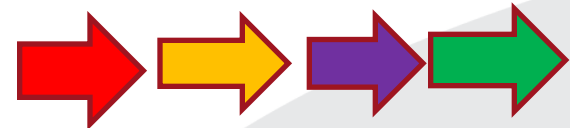
Collective Impact

Funders understand that social problems – and their solutions – arise from **multiple interacting factors**

Cross-sector alignment with government, nonprofit, philanthropic and corporate sectors as partners

Organizations **actively coordinating their actions** and sharing lessons learned

All working toward the **same goal** and measuring the same things





Core Principles:

Shared Community Vision/Agenda

Supporting all children from cradle to college/career

Data and Evidence-Based Decision Making

Utilizing research and data to drive practice and continuous improvement

Collective Impact

Strategic alignment of roles, action and allocation of resources

Community Ownership and Sustainability

Deep community engagement, transparency and advocacy to support what works

School Based Health Center Partners Team

- **Who:** A Collaboration of county, state, nonprofits, universities and other organization
- **Shared Goals:**
 - To support SBHC's to provide comprehensive, culturally competent, high quality and effective physical, behavioral and oral health services in schools
 - To evaluate SBHC impact on health and educational success
 - To include SBHC's as vital components of the broader health delivery system
 - To engage youth in development and realization of SBHC's



Key Practices for Effective Collaboration



Assessing the Environment



Creating Clarity



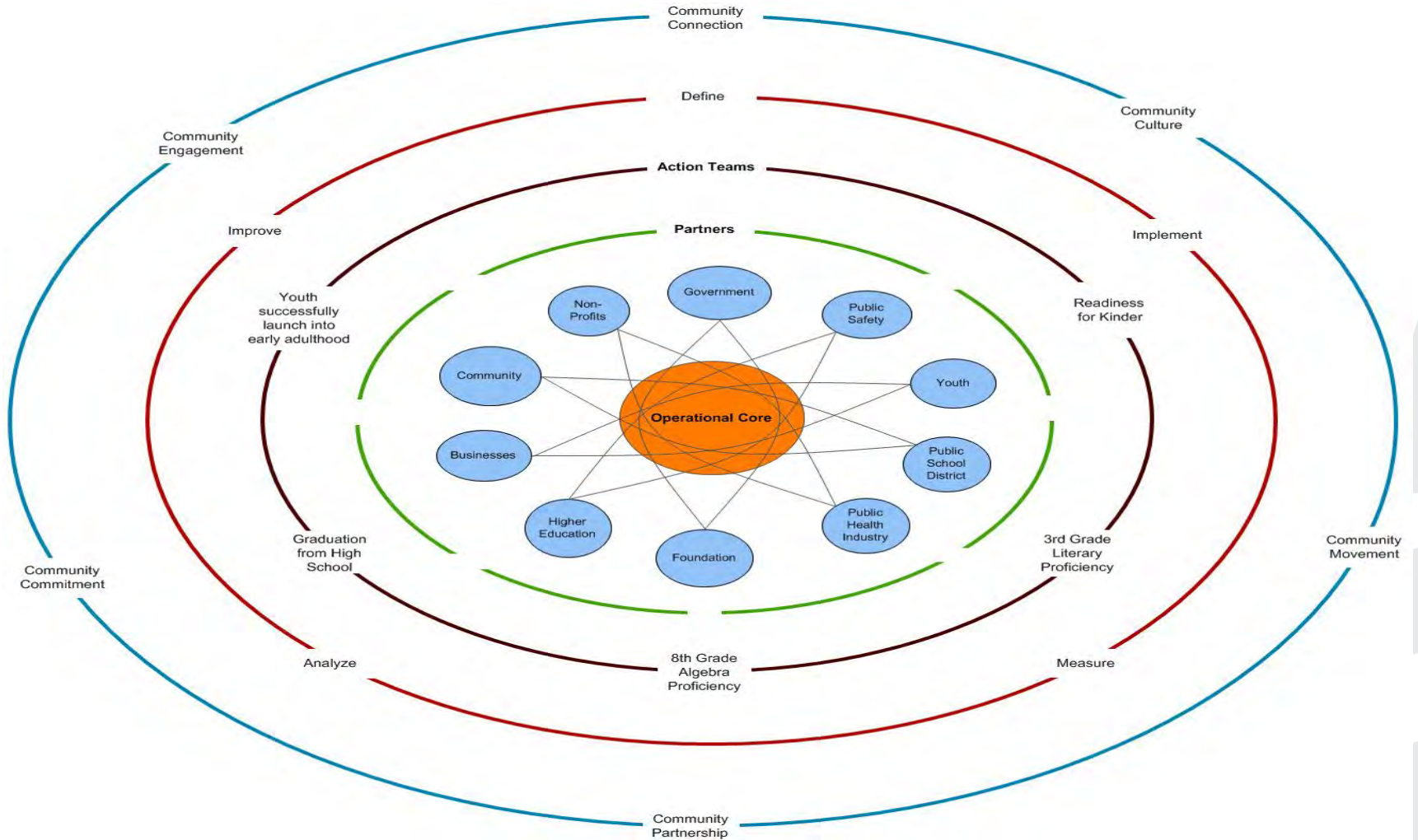
Building Trust



Sharing Power and Influence



Reflection



Fresno Unified on Partnerships

- Fresno Unified School District
 - 2013-2014 Plan SBHC
 - 2014-2015 Opened SBHC
 - Internal Partners
 - External Partners

- Lessons learned as We End Year One
 - New Partners Coming to the Table
 - Who We Should Have Had At The Beginning



SBHCs Thrive on Partnerships

- The best SBHCs are a result of a strong link between the school district and clinic provider. Other beneficial partners can include:
 - Community-based organizations
 - Municipalities
 - County public health departments
 - Mental health providers
- SBHCs work best when well integrated into the school environment





San Diego SBHC Overview

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Program Manager

Nursing & Wellness / SANDAPP

San Diego Unified School District





SDUSD Models

Current

Locations: 7 SBHCs/1 in planning, mainly concentrated in one neighborhood

Partners: 5 FQHCs

Shared Sites: 3

Population: Varied - students enrolled at school site or within cluster, siblings, general community

Planned

Locations: District-wide expansion, move towards “Wellness Centers”

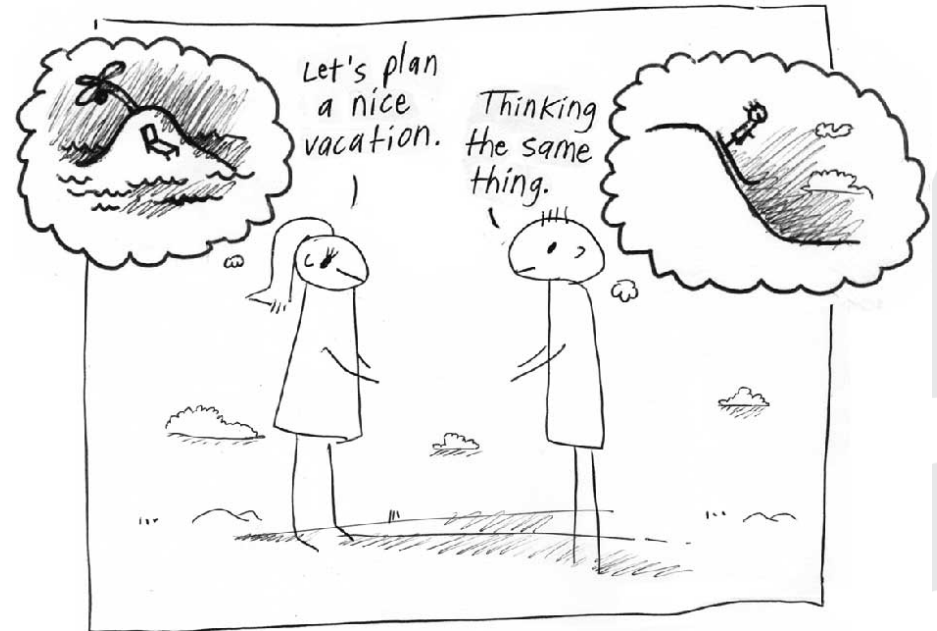
Partners: 5 FQHCs, other CBOs

Shared Sites: 0

Population: Expand to include serving siblings and families at all sites.

MOU Lessons Learned

1. Operating Hours
2. Services
3. Staffing
4. Population Served
5. Site Location/Security
6. Consent
7. Payment
8. Documentation/E.H.R
9. Meetings
10. Program Evaluation
11. School-Community Engagement



The Illusion of Agreement

School Nurse: The SBHC Coordinator

Role:

- Care Coordinator
- Triage
- Liaison
- Champion
- Staff Educator

It is essential that the school nurse is part of your planning process from the beginning!





Questions & Answers



Next Steps

Activity

Name three steps you will take to continue planning

Name three potential partners to engage in the process



Get Help!

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What You Can Do Now

- Learn more and see resources at www.schoolhealthcenters.org

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