

WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT

SCHOOL-BASED HEALTH CENTERS

A Community/School Partnership

The Initiative

West Contra Costa Unified School District (WCCUSD) launched a district-wide school health initiative in 2006 by committing resources to support a Site Coordinator at each of its six comprehensive high schools. The Site Coordinators oversee operations and expansion of their high school's school-based health center (SBHC). These centers are open to all students regardless of ability to pay.

The WCCUSD School Health Initiative is a collaboration of the District, school site administrators, the six SBHCs, adolescent health advocates and community providers who have a commitment to delivering high quality school health and wellness services in all WCCUSD high schools.

The SBHCs

WCCUSD has made a strong commitment to SBHCs. Each of these SBHCs is unique and reflects the school health priorities of its students. Each is managed by a School Health Site Coordinator and supported by a community organization which serves as its lead agency. Although the SBHCs vary in look and feel, they all provide a fundamental level of mental, medical and health education services.



Services offered at the SBHCs

Mental health services such as crisis intervention, treatment of depression, stress management, and counseling for relationship issues and eating disorders in individual and group settings.

Medical services including physicals and sports exams, first aid, family planning, screening and treatment of sexually transmitted infections, immunizations, and referrals for other primary care services.

Health education on topics including pregnancy and HIV/STI prevention, human sexuality and substance abuse.

In addition to the above services, SBHCs also provide students with **youth development** opportunities such as serving as peer health educators or on the SBHC's Youth Advisory Board.

All services are free and confidential

Coronado Elementary Health Center

4301 Berk Avenue, Richmond
Site Coordinator: Eleazar Martinez
510-230-8591
emartinez@ymcaeastbay.org

De Anza H.S. Health Center

5000 Valley View Road, Richmond
Site Coordinator: Gail Russell
510-867-8763
grussell@bacr.org

Greenwood Academy Health Center

715 Chanslor Avenue, Richmond
Site Coordinator: Reginald Figgs
510-231-1402
rfiggs@ymcaeastbay.org

El Cerrito H.S., James Morehouse Project

540 Ashbury Avenue, El Cerrito
Site Coordinator: Jenn Rader
510-524-8252
jenn@jmhop.org

Hercules H.S. Health Center

1900 Refugio Valley Road, Hercules
Site Coordinator: Rachel Delgado
510-231-1429 x 25203
rdelgado@bacr.org

Kennedy H.S. Health Center

4300 Cutting Blvd., Richmond
Site Coordinator: Bianca LaChaux
510-231-1433 x 25818
Blachaux@ymcaEastBay.org

Pinole Valley H.S. Health Center

2900 Pinole Valley Road, Pinole
Site Coordinator: Theresa Dade-Boone
510-758-6991
tdade-boone@ymcaeastbay.org

Richmond H.S. Health Center

Community in Schools Building
1250 23rd St., Richmond
Site Coordinator: Terry Mitchell
510-672-2201
tmitchell@ymcaeastbay.org

WCCUSD's School Health Initiative

The mission of the WCCUSD school-based health centers is to foster student well-being and strengthen school community through an integrated and coordinated approach that builds equity and promotes academic success.

The District encompasses five cities and several unincorporated areas of West Contra Costa County including Hercules, Pinole, San Pablo, Richmond, and El Cerrito as well as Kensington, El Sobrante, and North Richmond.

With nearly 30,000 students pre-K through 12th grade, WCCUSD serves a diverse population with people of color comprising 86% of the students. Our students bring more than 80 home languages and one in three receives services for English language learners. More than two-thirds of all students are eligible under federal guidelines for free or reduced lunches – an indicator of socioeconomic disadvantage.

For more information about WCCUSD's SBHCs please contact:

Elizabeth Carmody: elizabeth.carmody@wccusd.net

Tashaka Merriweather: tmerriweather@wccusd.net



"The Health Center is my safe zone to be who I wanna be."

- **Student**

"The people at the health center are insightful & caring—they truly care about students & are uplifting."

- **Counseling Participant**

"I really do support this - I think it is amazing and offers vital services."

- **Teacher**

SBHC Lead Agencies

YMCA of the East Bay
Bay Area Community Resources
Contra Costa Health Services

Community Partners

Supervisor John Gioia
California School-Based Health Alliance
Kaiser Permanente
The California Endowment

School-based health centers bring health services to students where they spend the majority of their time – at school. They are built out of community partnerships in order to **reduce** health disparities, and **improve** student health and academic success. Services provided can include medical, dental, mental health, health education, and youth development.

SBHCs rely upon a variety of sources to sustain their services. Insurance reimbursements, partner organization and school district contributions provide some of the needed funds, but **additional community support is critical to the sustainability of these centers.**

WCCUSD's SBHCs are among 243 SBHCs in California. For more information about SBHCs visit www.schoolhealthcenters.org