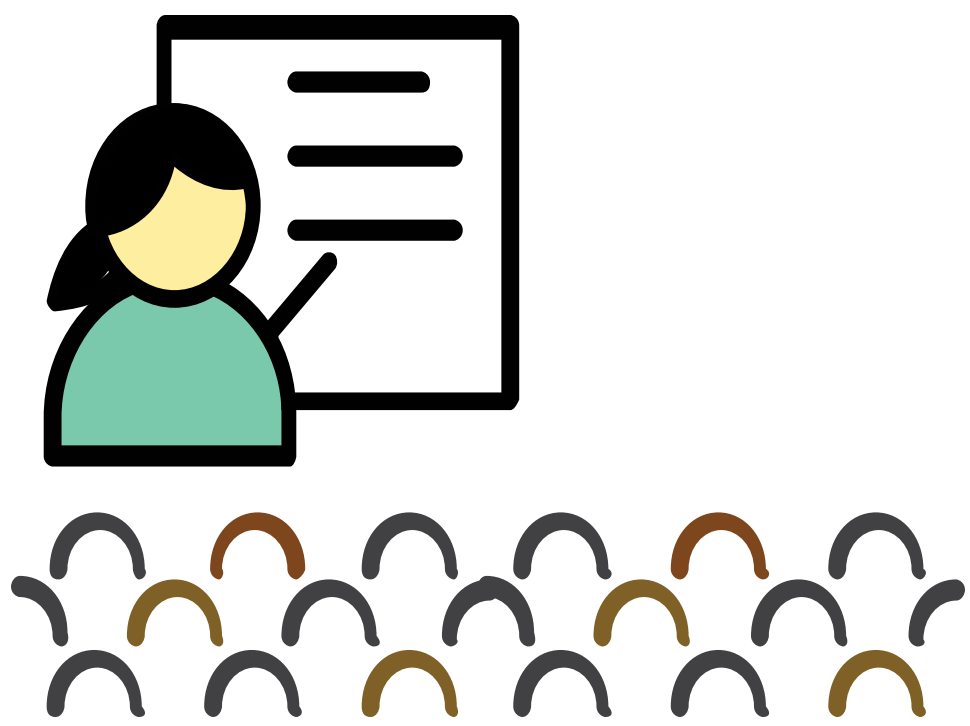


# Sexual Health Educator (SHE) Training Program

Provided by the California Department of Public Health STD Control Branch and partner agencies

---



The Sexual Health (SHE) Training Program is for educators in school, community, and clinic settings who want to build their knowledge and capacity in sexual health and sexuality education. Trainers are available to provide in-person, **FREE** trainings by request on a variety of topics.



Participants who complete a selected series of modules will receive a SHE Training Program Certificate of Completion.

## Possible Training Topics Include:

- STD/HIV Review: Workshop for Educators Who Work With Youth
- California Healthy Youth Act: Comprehensive Sexual Health and HIV Prevention Education Requirements
- Minor Consent and Confidentiality for Sexual Health Services in California
- STD Data: U.S. and California
- Teaching Sexuality Education: Building Comfort and Capacity
- Teaching Sexual Health Education: Facilitating Difficult Questions in the Classroom

## Interested in Scheduling a Training?

To request an in-person SHE Training in your area, contact the STD Control Branch's Health Education Unit by emailing [STDHealthEd@cdph.ca.gov](mailto:STDHealthEd@cdph.ca.gov).

# Training Topic Details

---

## **STD/HIV Review: Workshop for Educators Who Work With Youth**

This module provides an overview of common STDs, including HIV, with a discussion on the unique factors that put adolescents at greater risk for STDs. This interactive training will enhance participants' existing STD knowledge and provide them with a better understanding of the relationship between HIV and STDs and key prevention messages to share with youth.

## **California Healthy Youth Act: Comprehensive Sexual Health and HIV Prevention Education Requirements**

This module provides an overview of what is required by the California Healthy Youth Act, the law that mandates comprehensive sexuality education in California.

## **Minor Consent and Confidentiality for Sexual Health Services in California**

This module provides an overview of the laws that impact minors and their access to confidential sexual health services in California and the different roles of clinical providers and educators. Participants will be given an opportunity to test their own knowledge related to minor consent laws and learn about resources to support implementation of minor consent laws in a school setting.

## **STD Data: U.S. and California**

This module provides an overview of current national and California trends for the major reportable STDs and youth sexual behavioral data. Participants will also get a review of common data terminology, learn strategies to search for and interpret local STD data and gain an overall better understanding of why collecting and analyzing STD data is so important.

## **Teaching Sexuality Education: Building Comfort and Capacity**

This module provides a space for participants to examine their own values related to sexuality education and provides tools to ensure sexuality education is taught that is inclusive of all learners and support positive health outcomes for young people and teens.

## **Teaching Sexuality Education: Facilitating Difficult Questions in the Classroom**

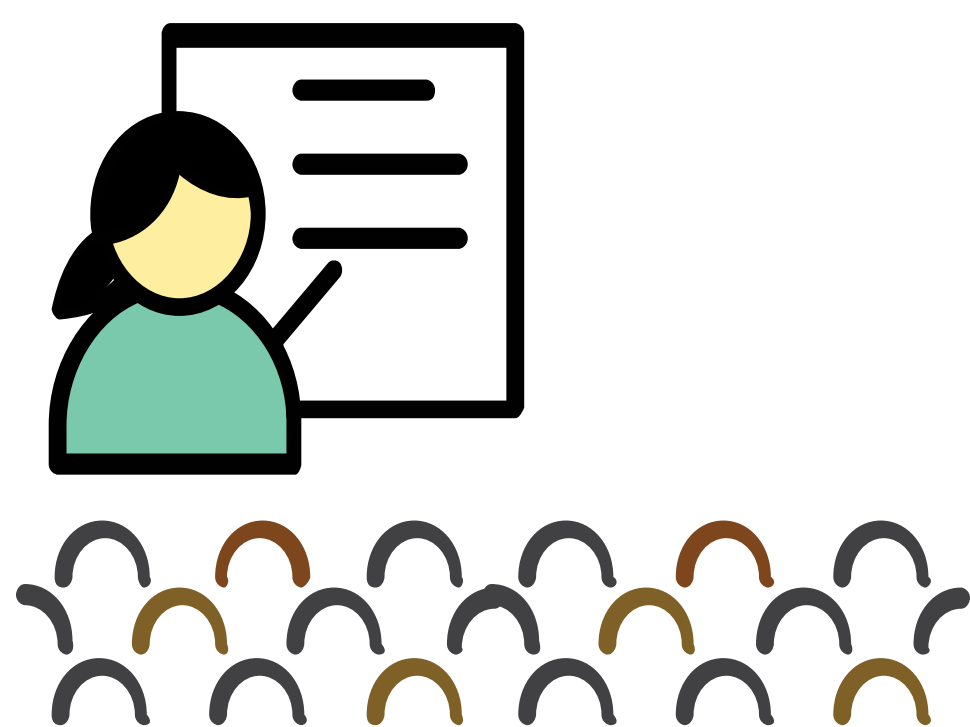
This module provides tips and tools for participants to navigate difficult sexuality-related questions in a classroom or group-setting. The interactive training will provide a framework to classify different types of questions and a protocol for answering these questions. Participants will have the opportunity to practice their newly acquired skills, and will gain comfort and confidence to deal with any type of question that will be asked of them.

# Sexual Health Educator (SHE) Training Program

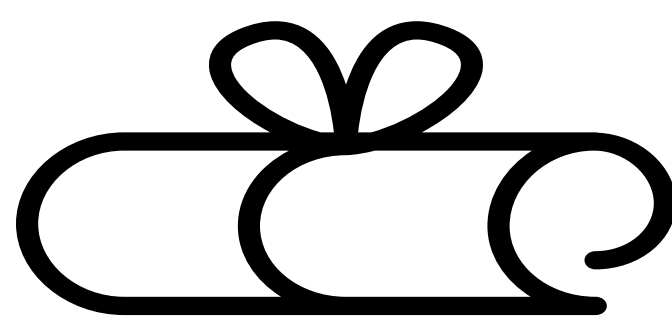


Provided by the California Department of Public Health STD Control Branch and partner agencies

---



The SHE Training Program is a capacity-building opportunity for California educators working with youth in school, community, and clinical settings who desire to build their sexual health knowledge and education skills.



Participants who complete all six required modules and at least five elective modules will receive a SHE Training Program Certificate of Completion.

## **Required Modules Include:**

- STD/HIV Review: Workshop for Educators Who Work With Youth
- California Healthy Youth Act
- Minor Consent and Confidentiality for Sexual Health Services in CA
- STD Data: U.S. and California
- Contraceptive Methods
- The Respect Online Course

## **Elective Modules:**

Elective modules cover a range of topics related to comprehensive sexual health education. Five elective modules are required.

## **Interested in the SHE Training Program?**

Learn more: [bit.ly/SHE\\_Program](https://bit.ly/SHE_Program)

Contact Us at [STDHealthEd@cdph.ca.gov](mailto:STDHealthEd@cdph.ca.gov)