



# CDPH RESOURCE GUIDE

FOR SCHOOL-BASED HEALTH CENTERS



## DEAR SCHOOL-BASED HEALTH CENTER DIRECTORS AND STAFF,

The School-Based Health Center (SBHC) Resource Guide is a collection of information about the public health programs and resources available to SBHC staff. Organized by topic, student grade-level, and intended audience, the guide was created to communicate the breadth of the California Department of the Public Health (CDPH) and CDPH partner services and supports available to SBHC's statewide. It is intended to facilitate SBHC access to content experts, technical assistance, training, and resources to support ongoing local SBHC activities on behalf of, and with, children and their families.

Recognizing your unique ability to reach children and families with critical health information and messages, the CDPH team is eager to work with you to ensure that all children are able to reach their full potential. We envision that this work may take place through a variety of connections with our staff and partners through their work on a host of public health issues, including safety and injury prevention, mental health, chronic disease prevention, oral health, environmental health, sexual health, substance abuse, infectious disease, nutrition, food security and physical activity.

In reviewing the guide, you will find dozens of educational resources such as posters, brochures and curricula that you can offer students, parents/guardians, and school staff served by your health center, as well as trainings and technical assistance available to your school and health center staff. Where resources are under development, we have provided recommendations for credible, current material.

Please contact Katharina Streng, 916-449-5371, [SchoolBasedHealthCenterProject@cdph.ca.gov](mailto:SchoolBasedHealthCenterProject@cdph.ca.gov) with questions or comments regarding this guide and to explore other ways in which our public health professionals, researchers, scientists, doctors, nurses, and other staff members can help you achieve our mutual goals of improving the health of California's families and communities.

**KAREN L. SMITH, M.D., M.P.H.**

State Public Health Officer and Director  
California Department of Public Health







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# ENVIRONMENTAL HEALTH

## asthma

### Cleaning with Microfiber Makes Classrooms Asthma-Safer for All

fact sheet

<https://bit.ly/2JPwdph>

This fact sheet provides best practices for cleaning with microfiber.

Audience: school staff

Grade level: K-12

Languages: English

Program: Work-Related Asthma Prevention Program

Production date: 2018



### Healthy Cleaning & Asthma-Safer Schools: A How-To Guide

guide

<https://bit.ly/2jq25pa>

Explains how to switch to asthma-safer cleaning in simple, manageable steps. Ready-to-use tools and forms will help districts progress through each step, including publicizing safer cleaning successes within the school community. The guide also offers resources about green cleaning, asthma, and disinfection.

Audience: school staff

Grade level: K-12

Languages: English

Program: Work-Related Asthma Prevention Program

Production date: 2014



### Healthy Cleaning & Asthma-Safer Schools

video

[vimeo.com/97178138](https://vimeo.com/97178138)

The video introduces the how-to guide and features a school custodian whose asthma got worse on the job. Custodians and administrators across California also describe their successes using the guide.

Audience: school staff

Grade level: K-12

Languages: English

Program: Work-Related Asthma Prevention Program

Production date: 2014



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## **Asthma in Schools: Emergency Response and the Self-Carry Law**

video

[vimeo.com/38434408](https://vimeo.com/38434408)

The video discusses asthma controller and quick relief medications, the purposes for which they are used, and the devices used to take the medications. It also provides information on how to determine whether a person's asthma is under control.

**Audiences:** health care providers, school staff

**Grade level:** K-12

**Language:** English

**Program:** California School Environmental Health and Asthma Collaborative

**Production date:** 2012



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## **Asthma in Schools: Reducing Exposures to Indoor Asthma Triggers**

video

[vimeo.com/38441296](https://vimeo.com/38441296)

The video helps teachers and other school staff identify and reduce or eliminate asthma triggers in classrooms. It also provides downloadable resources that can be posted in the classroom.

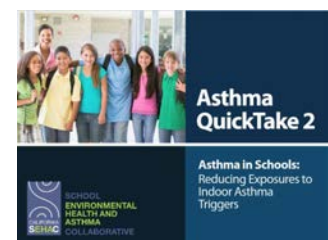
**Audiences:** health care providers, school staff

**Grade level:** K-12

**Language:** English

**Program:** California School Environmental Health and Asthma Collaborative

**Production date:** 2012



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## **Asthma in Schools: Reducing Exposures to Outdoor Asthma Triggers**

video

[vimeo.com/38421917](https://vimeo.com/38421917)

The video helps teachers and other school staff identify outdoor asthma triggers and steps they can take to reduce exposure to outdoor triggers without adversely impacting the students' physical activity needs. It also provides resources that can be used in the classroom and other school locations.

**Audiences:** health care providers, school staff

**Grade level:** K-12

**Language:** English

**Program:** California School Environmental Health and Asthma Collaborative

**Production date:** 2012



# ENVIRONMENTAL HEALTH

## *lead poisoning prevention*

### **Lead in Folk Remedies**

brochure

<https://bit.ly/2KKLDLN>

Gives information about folk remedies, and which remedies are often found to contain high levels of lead, broken down into geographical region. It is a helpful resource for immigrant and refugee populations.

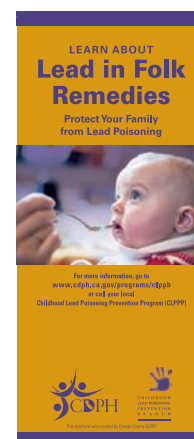
**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish, Simplified Chinese, Traditional Chinese, Arabic, Armenian, Dari, Farsi, Hindi, Hmong, Japanese, Khmer, Korean, Lao, Pashto, Punjabi, Russian, Tagalog, Urdu, Vietnamese

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** April 2015



### **Is There LEAD in or Around Your Home?**

brochure

<https://bit.ly/2KKLDLN>

Provides information about lead poisoning, how to protect your family from lead poisoning, and photos and descriptions of sources of lead in and around the home.

**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish, Simplified Chinese, Traditional Chinese, Arabic, Farsi, Hindi, Hmong, Korean, Lao, Pashto, Punjabi, Tagalog, Urdu, Vietnamese

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** June 2014



### **Keep Your Newborn Safe From Lead**

brochure

<https://bit.ly/2KKLDLN>

This bilingual brochure, often used as a resource for pregnant teens, provides information to expectant parents about how to prevent lead poisoning in their newborn baby.

**Audience:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** February 2018



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## Lead in Traditional Ceramic Dishware

brochure

<https://bit.ly/2KKLDDLN>

Warns individuals about the risk and danger of lead in traditional ceramic dishware.

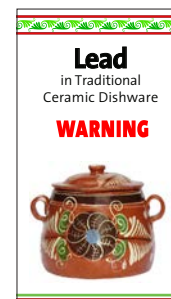
**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** July 2008



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## Protect Your Child From Lead

brochure

<https://bit.ly/2KKLDDLN>

This bilingual brochure provides a general overview of lead poisoning, how to prevent lead poisoning, and common sources of lead.

**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish, Simplified Chinese, Traditional Chinese, Arabic, Armenian, Dari, Farsi, Hindi, Hmong, Japanese, Khmer, Korean, Lao, Pashto, Punjabi, Russian, Tagalog, Urdu, Vietnamese

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** June 2016



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## Repainting or Fixing Up Your Older Home

brochure

<https://bit.ly/2KKLDDLN>

This bilingual brochure provides information about renovating, remodeling, and painting homes safely, in order to reduce the risk of lead poisoning. It also provides resources for testing homes for lead, hiring a certified lead professional, and disposing of household hazardous waste.

**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish, Simplified Chinese, Traditional Chinese, Hindi, Hmong, Korean, Lao, Tagalog, Urdu, Vietnamese

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** May 2018



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## Well Fed = Less Lead

brochure

<https://bit.ly/2KKLDDLN>

This bilingual brochure gives a general overview of lead poisoning, examples of healthy meals and snacks, and sources of lead.

**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** February 2018





## Is Your Child at Risk for Lead Poisoning?

checklist

<https://bit.ly/2KKLDLN>

Bilingual checklist with pictures of, and action items for, possible sources of lead in and around the home.

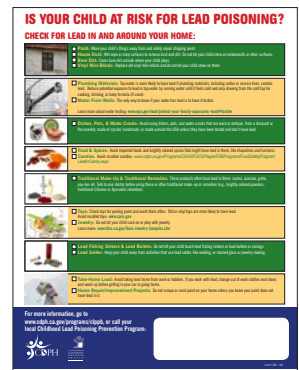
**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish, Simplified Chinese, Traditional Chinese, Arabic, Armenian, Dari, Farsi, Hindi, Hmong, Japanese, Khmer, Korean, Lao, Pashto, Punjabi, Russian, Tagalog, Urdu, Vietnamese

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** October 2016



## Lead in Tap Water

fact sheet

<https://bit.ly/2KKLDLN>

Bilingual fact sheet with information about how to reduce possible exposure to lead in tap water.

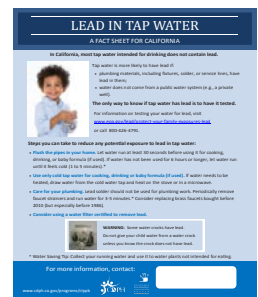
**Audiences:** parents/guardians, school staff

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** August 2017



## Learn Where Lead Can Be

flyer

<https://bit.ly/2KKLDLN>

Depicts potential sources of lead.

**Audiences:** parents/guardians, health care providers

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** June 2017



## Blood Lead Testing Guidance

guidelines

<https://bit.ly/2s5uw0c>

Information about sample collection, avoiding lead contamination, and specimen labeling.

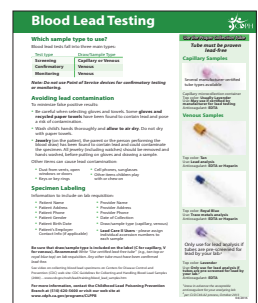
**Audience:** health care providers

**Grade level:** K-12

**Language:** English

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** July 2016



## California Management Guidelines on Childhood Lead Poisoning for Health Care Providers

guidelines

<https://bit.ly/2s5uw0c>

Management guidelines for California providers caring for children with elevated blood lead levels.

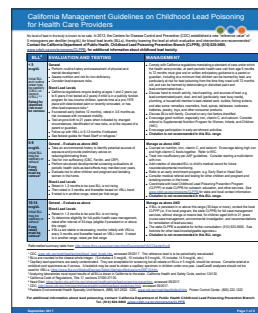
Audience: health care providers

Grade level: K-12

Language: English

Program: Childhood Lead Poisoning Prevention Branch

Production date: September 2017



## Standard of Care Guidelines on Childhood Lead Poisoning for California Health Care Providers

guidelines

<https://bit.ly/2s5uw0c>

Regulations for California providers caring for children six months to six years of age, potential sources of lead, and guidance for families.

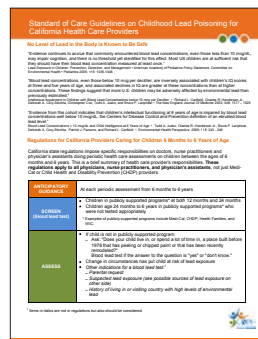
Audiences: parents/guardians, health care providers

Grade level: elementary school

Language: English

Program: Childhood Lead Poisoning Prevention Branch

Production date: 2011



## Lead Poisoning Info Cards

info card

<https://bit.ly/2KKLDLN>

Colorful and easy to understand informational cards covering a range of childhood lead poisoning prevention topics, including:

- Protect Your Child from Lead in Paint
- Protect Your Child from Lead in Dirt
- Protect Your Child from Lead in Jewelry
- Protect Your Child from Lead on the Job
- Has Your Child Been Treated for Stomach Ache?
- Getting Your Child Tested for Lead

Audience: parents/guardians

Grade level: elementary school

Languages: English, Spanish

Program: Childhood Lead Poisoning Prevention Branch

Production date: 2013



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## **Simple Steps — Protect Your Child From Lead**

poster

<https://bit.ly/2KKLDLN>

This bilingual poster provides simple steps for protecting children from lead poisoning.

**Audience:** parents/guardians

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** May 2014



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## **The Prevention of Childhood Lead Poisoning**

Training

<https://bit.ly/2GJ415i>

Free online course provides information on the scope of lead poisoning in California, common risk factors, most recent Centers for Disease Control and Prevention, the role of anticipatory guidance and preventive measures, and screening, follow-up and management for children at risk for lead exposure. The course takes approximately one hour to complete, and Continuing Medical Education credit is obtained upon completion.

**Audience:** health care providers

**Grade level:** elementary school

**Language:** English

**Program:** Childhood Lead Poisoning Prevention Branch

**Production date:** August 2016

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# INFECTIOUS DISEASES

## immunizations

### Parents' Guide to Immunizations Required for School Entry

fact sheet

Guide for parents on immunization requirements for students.

Audience: parents/guardians

Grade level: K-12

Languages:

English: <https://bit.ly/2kj3jmw>

Spanish: <https://bit.ly/2lJg5tn>

Program: Immunization Branch

Production date: January 2016

Vaccine	4-6 Years Old	7-12 Years Old	13-18 Years Old
MM, DTaP, IPV	4 doses: 2 at 12-15 months, 1 at 18-24 months, 1 at 4-6 years	4 doses: 1 at 12-15 months, 1 at 18-24 months, 1 at 4-6 years, 1 at 11-12 years	4 doses: 1 at 12-15 months, 1 at 18-24 months, 1 at 4-6 years, 1 at 11-12 years
MM, DTaP, IPV	4 doses: 2 at 12-15 months, 1 at 18-24 months, 1 at 4-6 years	4 doses: 1 at 12-15 months, 1 at 18-24 months, 1 at 4-6 years, 1 at 11-12 years	4 doses: 1 at 12-15 months, 1 at 18-24 months, 1 at 4-6 years, 1 at 11-12 years
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### Vaccine Safety: Answers to Parents' Top Questions

FAQ

<https://bit.ly/2sGMPPrZ>

FAQ for parents/guardians regarding vaccine safety.

Audience: parents/guardians

Grade level: K-12

Language: English

Program: Immunization Branch

Production date: 2018



### Ready for 7<sup>th</sup> Grade?

flyer

<https://bit.ly/2swrlcX>

Flyer to notify parents/guardians that the Tdap vaccine and two varicella (chickenpox) vaccine doses are required for all 7<sup>th</sup> graders.

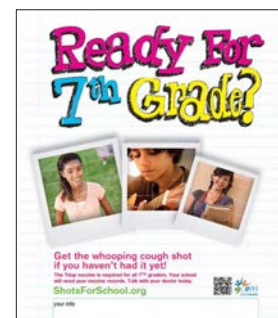
Audience: parents/guardians

Grade level: middle school

Language: English

Program: Immunization Branch

Production date: 2011



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## Vaccines for Your Preteen

flyer

Flyer to educate parents about vaccines to help their preteen stay healthy through adolescence and beyond.

**Audience:** parents/guardians

**Grade level:** middle school

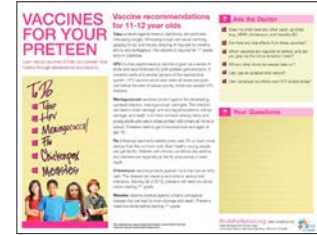
**Languages:**

English: <https://bit.ly/2xHBvll>

Spanish: <https://bit.ly/2JvfWsM>

**Program:** Immunization Branch

**Production date:** 2016



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## California Immunization Handbook for Child Care Programs and Schools

handbook

<https://bit.ly/2JjzbCt>

The California Immunization Handbook (aka "Blue Book") reviews school immunization requirements, staff responsibilities, procedures for evaluating immunization requirements, and reporting obligations.

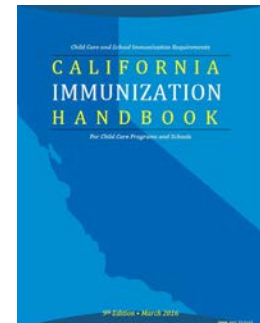
**Audiences:** school staff, health care providers

**Grade level:** K-12

**Language:** English

**Program:** Immunization Branch

**Production date:** 2016



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## California School Immunization Record

record

<https://bit.ly/2LlxCV2>

California School Immunization Record (CSIR/Blue Card/PM286B)

**Audience:** school staff, health care providers

**Grade level:** K-12

**Language:** English

**Program:** Immunization Branch

**Production date:** 2014

A form titled "CALIFORNIA SCHOOL IMMUNIZATION RECORD" (CSIR/Blue Card/PM286B). It contains fields for "Student Name", "Date of Birth", "Sex", "Grade", "School", and "Teacher". There are also checkboxes for "Immunized" and "Not Immunized" for various vaccines. The form is designed to be filled out by school staff or health care providers to track a student's immunization status.



## No Shots? No Records? No School.

poster

Poster notifying parents/guardians that children need an up-to-date immunization record to be enrolled.

Audience: parents/guardians

Grade level: K-12

Languages:

English: <https://bit.ly/2LZ4rsf>

Spanish: <https://bit.ly/2HjqN43>

Program: Immunization Branch

Production date: 2016



## PROTECT Their Health for the Years Ahead

poster - full length

<https://bit.ly/2F6CTJl>

Poster informing parents/guardians of the vaccine recommendations for 11-12 year olds, with descriptions of the vaccines and space to add clinic information.

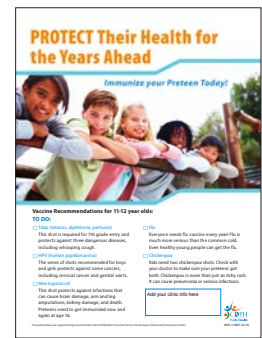
Audience: parents/guardians

Grade level: middle school

Languages: English, Spanish

Program: Immunization Branch

Production date: 2016



## PROTECT Their Health for the Years Ahead

poster - brief

<https://bit.ly/2R34md3>

A briefer version of the poster listed above, informing parents/guardians of the vaccine recommendations for 11-12 year olds with space to add clinic information.

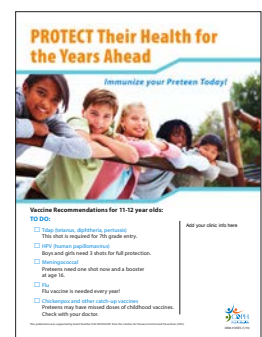
Audience: parents/guardians

Grade level: middle school

Languages: English, Spanish

Program: Immunization Branch

Production date: 2016



## Notice of Immunizations Needed

template letter

Template letter to notify parent/guardian that their child needs immunization(s) to meet school requirements.

Audiences: school staff, health care providers

Grade level: K-12

Languages:

English: <https://bit.ly/2sEWJuk>

Spanish: <https://bit.ly/2Jxf3QN>

Program: Immunization Branch

Production date: 2015

**NOTICE OF IMMUNIZATION NEEDED**

Dear Parent/Guardian of \_\_\_\_\_

Our records show that your child needs the following immunization(s) to meet the requirements of the California School Immunization Law. Immunization is required for all children attending school.

VACCINE	STATUS	STATUS	STATUS	STATUS
MM2 (MM) (1 day or 7 days or older)	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not
MM2 (MM) (1 day or 7 days or older)	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not
MM2 (MM) (1 day or 7 days or older)	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not
MM2 (MM) (1 day or 7 days or older)	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not
MM2 (MM) (1 day or 7 days or older)	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not
MM2 (MM) (1 day or 7 days or older)	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not	<input type="checkbox"/> Not

**YOU NEED TO DO ONE OR MORE OF THE FOLLOWING IMMEDIATELY:**

- If your child (s) already received all of these immunizations, please bring in the immunization record to our school office. If you have a question, please call our office at \_\_\_\_\_.
- If your child (s) already received all of these immunizations, please bring in the immunization record to our school office. If you have a question, please call our office at \_\_\_\_\_.
- If you are a parent/guardian, please bring in the immunization record to our school office. If you are a teacher, please bring in the immunization record to our school office. If you are a health care provider, please bring in the immunization record to our school office.

## Guide to Immunizations Required for School Entry

guide

<https://bit.ly/1qj3yNT>

Guide for school staff on immunization requirements for students.

Audiences: school staff, health care providers

Grade level: K-12

Language: English

Program: Immunization Branch

Production date: 2017

**CALIFORNIA IMMUNIZATION REQUIREMENTS**

**K - 12<sup>TH</sup> GRADE** (including transitional kindergarten)

GRADE	NUMBER OF DOSES REQUIRED OF EACH IMMUNIZATION**
<b>K-12 Admission</b>	<b>4 Polio<sup>1</sup></b> <b>3 DTaP<sup>2</sup></b> <b>3 Hep B<sup>3</sup></b> <b>3 MMR<sup>4</sup></b> <b>2 Varicella<sup>5</sup></b>
<b>(7th-12th)<sup>6</sup></b>	<b>1 Tetap<sup>7</sup></b>
<b>7th Grade Advancement<sup>8</sup></b>	<b>1 Tetap<sup>7</sup></b> <b>2 Varicella<sup>5</sup></b>

**1. Requirements for K-12 admission apply to students:**

- Students entering in the 1st year of school.
- Students entering in the 1st year of school who are not currently in the 1st year of school.
- Students entering in the 1st year of school who are not currently in the 1st year of school.
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- Students entering in the 1st year of school who are not currently in the 1st year of school.

**2. Requirements for 7th-12th grade admission apply to students:**

- Students entering in the 7th grade of school.
- Students entering in the 7th grade of school who are not currently in the 7th grade of school.
- Students entering in the 7th grade of school who are not currently in the 7th grade of school.
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**3. Requirements for 7th grade advancement apply to students:**

- Students entering in the 7th grade of school.
- Students entering in the 7th grade of school who are not currently in the 7th grade of school.
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**4. Requirements for 7th grade advancement apply to students:**

- Students entering in the 7th grade of school.
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**5. Requirements for 7th grade advancement apply to students:**

- Students entering in the 7th grade of school.
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**6. Requirements for 7th grade advancement apply to students:**

- Students entering in the 7th grade of school.
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- Students entering in the 7th grade of school who are not currently in the 7th grade of school.
- Students entering in the 7th grade of school who are not currently in the 7th grade of school.

**7. Requirements for 7th grade advancement apply to students:**

- Students entering in the 7th grade of school.
- Students entering in the 7th grade of school who are not currently in the 7th grade of school.
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**8. Requirements for 7th grade advancement apply to students:**

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- Students entering in the 7th grade of school who are not currently in the 7th grade of school.

**INSTRUCTIONS:**

California schools are required to check immunization records for all new student admissions at TK, Kindergarten through 12th grade and for students returning to 7th grade after a break.

**UNCONDITIONALLY ADMIT** a pupil whose parent or guardian has provided documentation of any of the following for each immunization required for the pupil's age or grade as defined in table above:

- Receipt of immunization.
- A permanent medical exemption in accordance with 17 CCR section 85011.
- A parent's written exemption that expires on 12/31/16, also on file with Health and Safety Code section 130331.

**CONDITIONALLY ADMIT** any pupil who lacks documentation for unconditional admission if the pupil has:

- Completed all required doses of all the vaccines required for the pupil's grade (table above) and is currently due for any doses at the time of admission (as determined by Immunization Schedule in Conditional Admission Schedule, column entitled "VACCINES NOT CURRENTLY UP-TO-DATE").
- A temporary medical exemption from some or all required immunizations (17 CCR section 85003).

800-001-211-116 California Department of Public Health Immunization Branch Berkeley, CA

# INFECTIOUS DISEASES

## tuberculosis

### Taking Your 12 Doses of Medication to End TB

brochure

[tbcdb@cdph.ca.gov](mailto:tbcdb@cdph.ca.gov)

Provides information about how patients should take their 12 doses of latent tuberculosis (TB) infection medication and includes a tool to help patients remember when they took their treatment.

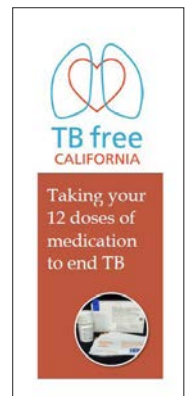
**Audience:** K-12, health care providers, school staff, parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish, Vietnamese and simplified Chinese

**Program:** TB Control Branch

**Production date:** March 2017



### Fact Sheet: 12-dose Isoniazid (INH)/Rifapentine Regimen for Latent TB Infection Treatment

fact sheet

<https://bit.ly/2sGdqpq>

Provides information on the 12-dose “3HP” TB treatment regimen, including its advantages, correct dosing, who should be considered for the treatment, and drug-drug interactions.

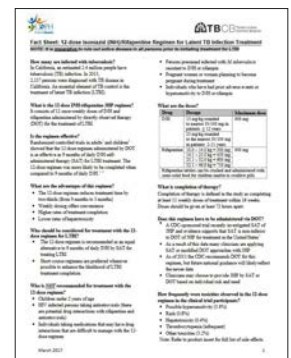
**Audience:** health care providers

**Grade level:** K-12

**Language:** English

**Program:** TB Control Branch

**Production date:** March 2017



### TB Elimination - Treatment of Latent Tuberculosis Infection: Maximizing Adherence

fact sheet

<https://bit.ly/2xMwliY>

Provides information on how to communicate to patients the value of treating LTBI, barriers to treatment adherence, and provides strategies for maximizing adherence.

**Audience:** health care providers

**Grade level:** K-12

**Language:** English

**Programs:** Division of TB Elimination, CDC

**Production date:** November 2011





## Be TB Free

flyer

tbc@cdph.ca.gov

Describes who is at risk for TB, why you should be tested, and the importance of taking medication if you have latent TB infection.

**Audiences:** K-12, health care providers, school staff, parents/guardians

**Grade level:** K-12

**Language:** English, Spanish

**Programs:** TB Free California/TB Control Branch



## California Pediatric Tuberculosis Risk Assessment and User Guide

risk assessment tool

<https://bit.ly/2LJHXv7>

Tool to identify asymptomatic children for latent TB infection testing.

**Audience:** health care providers

**Grade level:** K-12

**Language:** English

**Programs:** CDPH, California TB Controllers Association & Curry International TB Center

**Production date:** September 2018

A form titled "California Pediatric Tuberculosis Risk Assessment" with fields for patient name, date of birth, and provider name. It includes checkboxes for TB testing recommendations based on risk factors like birth in a high-risk country, contact with TB, and immunosuppression.

## California School Employee Tuberculosis (TB) Risk Assessment Questionnaire

risk assessment tool

<https://bit.ly/2JgziTd>

Tool to identify adults with infectious TB to prevent them from spreading TB. Includes certification of completion to satisfy job-related requirements in the California Education Code and the California Health and Safety Code and user guide.

**Audiences:** school staff, health care providers

**Grade level:** K-12

**Language:** English

**Programs:** California Department of Public Health & California TB Controllers Association

**Production date:** June 2018

A form titled "California School Employee Tuberculosis (TB) Risk Assessment Questionnaire" with fields for employee name, date of birth, and assessment date. It includes checkboxes for TB testing recommendations based on risk factors like birth in a high-risk country, contact with TB, and immunosuppression.

## School Staff and Volunteers TB Risk Assessment - Frequently Asked Questions

FAQ

<https://bit.ly/2JywbFO>

Summary of updated state laws that require school staff working with children to be free of infectious TB, plus information regarding who may administer the TB risk assessment, who needs to complete a TB risk assessment, and specifically describes when a TB test is required and when it is not.

Audiences: school staff, health care providers

Grade level: K-12

Language: English

Programs: CDPH, California School Nurses Association, California TB Controllers Association

Production date: October 2016



## LTBI: Opportunities for Preventing Tuberculosis

training

(510) 620-3000 or  
[tbcab@cdph.ca.gov](mailto:tbcab@cdph.ca.gov)

In-person training providing an overview of latent TB infection screening, testing and treatment recommendations, and case discussions.

Audience: health care providers

Grade level: K-12

Language: English

Program: TB Control Branch





# MENTAL HEALTH

## Each Mind Matters

brochures & fact sheets

<https://bit.ly/2HIGWGb>

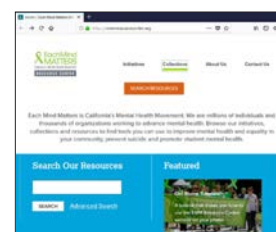
Resources for stigma and discrimination reduction, suicide prevention, and mental health.

**Audiences:** school staff, health care providers, parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** California Mental Health Services Authority



## A Guide to Increase Mental Health Services for Students

guide

<https://bit.ly/2RneC09>

This guide is created by Project Cal-Well, with input from the Student Mental Health Policy Workgroup, to assist schools and districts to build capacity to better address mental health challenges among students.

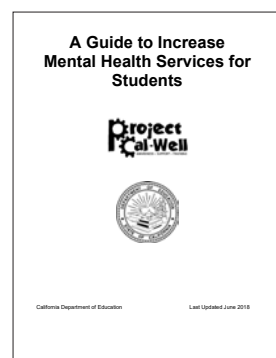
**Audiences:** school staff, health care providers

**Grade level:** K-12

**Languages:** English

**Program:** California Department of Education and Project Cal-Well

**Production date:** June 2018



## Model Youth Suicide Prevention Policy

model policy

<https://bit.ly/2M0ee1A>

This sample policy document is meant to serve as a model for local educational agencies (LEA). Following the passage of Assembly Bill 2246 (Chapter 642, Statutes of 2016), LEAs that serve pupils in grades seven to twelve, inclusive, must adopt a policy on pupil suicide prevention, intervention, and postvention before the beginning of the 2017-18 school year.

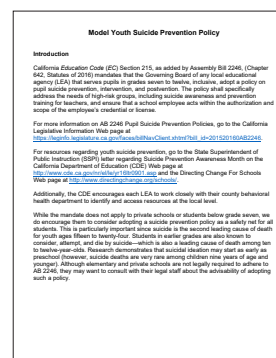
**Audiences:** school staff, health care providers

**Grade level:** middle school, high school

**Languages:** English

**Program:** California Department of Education

**Production date:** May 2017



## K-12 Toolkit for Mental Health Promotion & Suicide Prevention

toolkit

<https://bit.ly/2xMRn60>

Evidence-based information about how to intervene in a crisis or after a suicide loss.

**Audience:** school staff, health care providers

**Grade level:** K-12

**Language:** English

**Program:** HEARD Alliance

**Production date:** 2013



## Positive Youth Development Toolkit

toolkit

<https://bit.ly/2xRM1qq>

Positive Youth Development (PYD) is a strengths-based, holistic approach to working with youth to promote healthy development and outcomes. PYD focuses on the process of creating an environment that provides protective factors, which promote personal strengths and resilience.

**Audience:** school staff

**Grade level:** middle school, high school

**Language:** English

**Program:** California Adolescent Sexual Health Work Group



## Preventing Suicide: A Toolkit for High Schools

toolkit

<https://bit.ly/2LZHdC9>

This toolkit assists high schools and school districts in designing and implementing strategies to prevent suicide and promote behavioral health.

**Audience:** school staff

**Grade level:** high school

**Language:** English

**Program:** Substance Abuse and Mental Health Services Agency

**Production date:** 2012



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## The School Mental Health Referral Pathways Toolkit

toolkit

<https://bit.ly/2TGHa1e>

Supports the cultivation of systems that improve the well-being of young people by providing targeted mental health supports at the earliest sign that a need is present. Provides best-practice guidance and practical tools and strategies to improve coordination and collaboration both within schools and between schools and other youth-serving agencies.

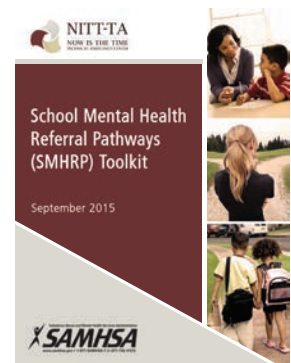
**Audience:** school staff, health care providers

**Grade level:** K-12

**Language:** English

**Program:** Substance Abuse and Mental Health Services Administration (SAMHSA)

**Production date:** 2015



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## Suicide.org

website

Resources for suicide prevention, awareness, and support.

**Audiences:** school staff, health care providers

**Grade level:** K-12

**Language:** English



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## PsychologyTools.com

website

Online library of therapy resources for topics ranging from addiction, anxiety, eating disorders, self-esteem, and more.

**Audience:** health care providers

**Grade level:** K-12

**Languages:** 48 different languages





# NUTRITION

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## Potter the Otter: A Tale About Water

book

<https://bit.ly/2LYKMsa>

Potter the Otter teaches his friends the importance of drinking water to stay healthy and hydrated.

**Audience:** elementary school

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Santa Clara First 5

**Production date:** 2014



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## Potter, Potter the Healthy Otter

book

<https://bit.ly/2LYKMsa>

This book highlights the importance of physical activity as Potter the Otter encourages his friends to put down the computer games, turn off the television, and go play!

**Audience:** elementary school

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Santa Clara First 5

**Production date:** 2015



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## Activities with Potter the Otter

activity book

<https://bit.ly/2LYKMsa>

From coloring in your favorite characters to helping Potter find his lost water bottle, this book is filled with pages and pages of fun!

**Audience:** elementary school

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Santa Clara First 5

**Production date:** 2016



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## Potter the Otter Activity Kit

activity kit

<https://bit.ly/2LYKMsa>

Three items in one! The activity kit includes *Potter the Otter's Market Adventure*, *Cooking with Potter the Otter*, and *Activities with Potter the Otter: Fruit and Veggie Fun* all packaged inside a convenient re-sealable envelope.

**Audiences:** parents/guardians, elementary school

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Santa Clara First 5

**Production date:** 2017



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## Activities with Potter the Otter: Fruit and Veggie Fun

book

<https://bit.ly/2LYKMsa>

The Potter the Otter series encourages young children and families to adopt healthy habits. Potter the Otter leads his friends on a quest to find fruits and veggies for a healthy lunch.

**Audience:** elementary school

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Santa Clara First 5

**Production date:** 2017



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## Potter the Otter's Market Adventure

book

<https://bit.ly/2LYKMsa>

Potter the Otter leads his friends on a quest to find fruits and veggies for a healthy lunch.

**Audience:** elementary school

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Santa Clara First 5

**Production date:** 2017



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## Cooking with Potter the Otter

cook book

<https://bit.ly/2LYKMsa>

Make healthy eating fun with these yummy fruit and veggie filled recipes from Potter the Otter and his friends!

**Audience:** parents/guardians

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Santa Clara First 5

**Production date:** 2017





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## Harvest of the Month

curriculum, brochures, support materials, and training

<https://bit.ly/1WXW0vl>

Harvest of the Month features ready-to-go tools and resources that can be used in diverse applications to support healthy eating and daily physical activity.

**Audience:** school staff, parents/guardians

**Grade level:** K-12

**Language:** English and Spanish

**Program:** Nutrition Education and Obesity Prevention Branch



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## PowerPlay! and School/ Afterschool Support

curriculum and brochures

Request via email:  
[NEOPB@cdph.ca.gov](mailto:NEOPB@cdph.ca.gov)

The Power Play! initiative uses activities and messaging in environments where children live, learn, and play. Low-resource sites can use its school and afterschool models to provide nutrition education lessons and physical activity energizers, cafeteria-based promotions, and youth engagement projects.

**Audience:** school staff

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** Nutrition Education and Obesity Prevention Branch

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## Communities of Excellence in Nutrition, Physical Activity and Obesity Prevention (CX3)

evaluation tool

Request via email:  
[NEOPB@cdph.ca.gov](mailto:NEOPB@cdph.ca.gov)

Tools for collecting and measuring food quality, availability and affordability in low-income communities.

**Audience:** health care providers, school staff, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2016



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## Guide for Presenting Rethink Your Drink at Fairs and Festivals

guide

<https://bit.ly/2sBts4z>

Outlines ways to use the Rethink Your Drink display materials at fairs and festivals to engage the public in a fun and interactive way in a conversation about healthy drink options.

**Audience:** school staff

**Grade level:** K-12

**Language:** English

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2014





## Choose health. Drink water.

poster

<https://bit.ly/2JR2ywr>

Illustrates sugary drinks and water, the amount of sugar, and how much time it would take to walk those calories off.

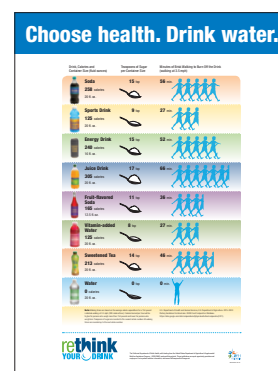
**Audience:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2018



## Rethink Your Drink Soda Reading Label Poster

poster

<https://bit.ly/2Kttc1T>

Guide for reading nutrition labels on beverages.

**Audiences:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2017



## Recipe Cards

recipe cards

Request an order form by emailing [NEOPBcustomer@cdph.ca.gov](mailto:NEOPBcustomer@cdph.ca.gov)

Recipe cards for smoothies and flavored waters used to encourage drinking water and healthy beverages instead of sugary drinks. Cards include preparation instructions and nutritional information.

**Audiences:** school staff, parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2012



## PSE Playbook: Implementing Policy, System, and Environmental Change in Our Communities

toolkit

<https://bit.ly/2moMis6>

Showcases examples of collaboration between providers and local health departments on Policy, System and Environmental (PSE) change interventions in various areas, including healthy food and beverage standards and food security.

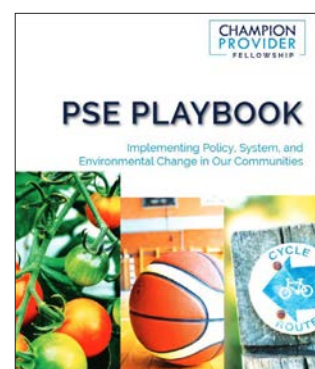
**Audience:** school staff, health care providers

**Grade level:** K-12

**Language:** English

**Program:** Champion Provider Fellowship

**Production date:** 2018



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## **Rethink Your Drink webinar series**

training

<https://bit.ly/2M03ZtC>

Four-part recorded webinar informing and guiding listeners on how to use Rethink Your Drink materials:

1. A Deeper Look into Supporting Healthful Foods in Charitable Food Network
2. Healthy Hydration in Schools
3. Refresh Better! Get Started with Rethink Your Drink Implementation
4. Smile Better! Utilizing Rethink Your Drink to Promote Oral Health

**Audience:** school staff

**Grade level:** K-12

**Language:** English

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2017

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## **School and Community Gardens webinar series**

training

<https://bit.ly/2M03ZtC>

Three-part recorded webinar about school and community gardens:

1. Make An Agreement
2. Planning Your Garden for Long-Term Sustainability
3. Sustaining Your School Garden During the “Dog Days” of Summer

**Audience:** school staff

**Grade level:** K-12

**Language:** English

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2017

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# ORAL HEALTH

## Dental Care Every Day: A Caregiver's Guide

booklet

<https://bit.ly/2sLyU47>

Details the important role caregivers play at home in maintaining good oral health for their family member or client with special needs.

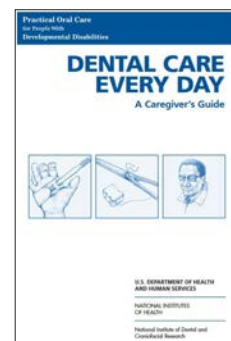
**Audience:** parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** National Institute of Dental and Craniofacial Research

**Production date:** February 2012



## A Healthy Mouth for Your Baby

brochure

<https://bit.ly/2JlIGSB>

This easy-to-read brochure is for parents of infants or toddlers. It explains why baby teeth are important, gives tips on how to prevent early childhood tooth decay, and promotes the age one dental visit.

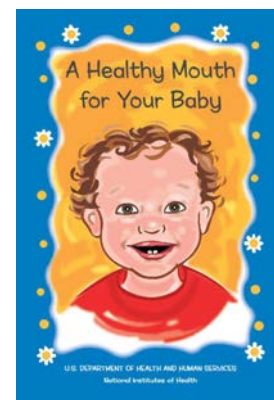
**Audiences:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** National Institute of Dental and Craniofacial Research

**Production date:** August 2017



## Getting Fluoride for Your Child

brochure

<https://bit.ly/2Jg3det>

Describes benefits and sources of fluoride to prevent tooth decay in children.

**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** National Maternal and Child Oral Health Resource Center

**Production date:** 2016





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## Oral Health & Learning

brochure

<https://bit.ly/2vpUs8R>

Information regarding the impact of oral health and overall health, learning, school attendance (chronic absences due to poor oral health), and learning, and school-based programs and policies to improve oral health.

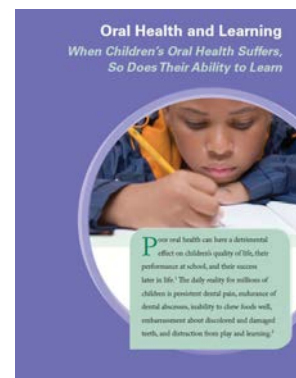
**Audiences:** parents/guardians, school staff, health care providers

**Grade level:** K-12

**Language:** English

**Program:** National Maternal and Child Oral Health Resource Center

**Production date:** 2013



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## Plaque: what it is and how to get rid of it

brochure

<https://bit.ly/2Hs1T27>

This brochure shows how to brush and floss.

**Audience:** K-12

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** National Institute of Dental and Craniofacial Research

**Production date:** 1999



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## Seal Out Tooth Decay

brochure

<https://bit.ly/2HoZmpi>

This brochure is for parents of children ages 6-14. It explains what sealants are and why they are important for protecting teeth from decay. It also has a step-by-step description (with pictures) of how sealants are applied to teeth.

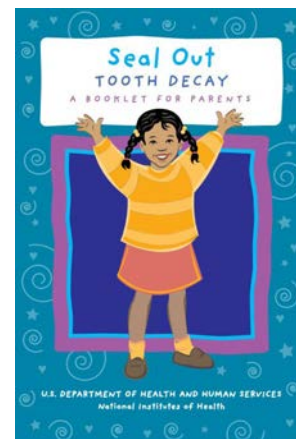
**Audience:** parents/guardians

**Grade level:** elementary school, middle school

**Languages:** English, Spanish

**Program:** National Institute of Dental and Craniofacial Research

**Production date:** August 2017



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## Open Wide and Trek Inside

curriculum supplement

<https://bit.ly/2sBUWXS>

For use with students in first and second grades, this curriculum supplement focuses on oral health and the science of the oral environment.

**Audience:** school staff

**Grade level:** elementary school

**Languages:** English, Spanish

**Program:** National Institute of Dental and Craniofacial Research

**Production date:** 2000



## Finding Low-Cost Dental Care

fact sheet

<https://bit.ly/2JghDv6>

Suggests various sources of low-cost dental care.

Audience: parents/guardians

Grade level: K-12

Language: English

Program: National Institute of Dental and Craniofacial Research

Production date: 2015



## Oral Conditions in Children With Special Needs

fact sheet

<https://bit.ly/2sLDgZ8>

Descriptions, photographs, and treatment recommendations for various oral conditions.

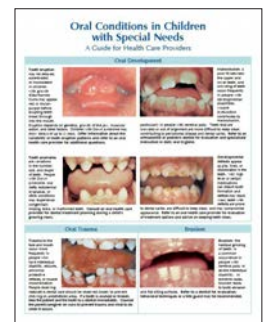
Audience: health care providers

Grade level: K-12

Language: English

Program: National Institute of Dental and Craniofacial Research

Production date: 2016



## Seal America: The Prevention Invention

manual

<https://bit.ly/2Hq9azF>

Assists health professionals in launching and sustaining school-based dental sealant programs.

Audience: health care providers

Grade level: K-12

Languages: English, Spanish

Program: National Maternal and Child Oral Health Resource Center



## Bright Futures

pocket guide

<https://bit.ly/2Hp2GB6>

Tool for addressing the oral health needs of pregnant and postpartum women, infants, children, and adolescents.

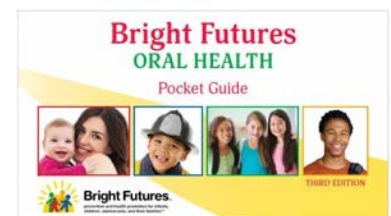
Audience: health care providers

Grade level: K-12

Languages: English

Program: National Maternal and Child Oral Health Resource Center

Production date: 2016



## Unaffordable Dental Care is Linked to Frequent School Absences

policy paper

<https://bit.ly/1Ce3VL5>

Describes the impact of chronic absence due to dental problems, and impact on learning and loss of Average Daily Attendance.

Audiences: school staff, health care providers

Grade level: K-12

Language: English

Program: The University of California, Los Angeles Center for Health Policy Research

Production date: 2009



## National Maternal and Child Oral Health Resource Center

technical assistance  
& training

<https://bit.ly/2JAINxc>

A national center serving the maternal and child health community with high-quality oral health technical assistance, training, and resources.

Audience: health care providers

Grade level: K-12

Languages: variety

Program: National Maternal and Child Oral Health Resource Center

## Smile Better! Utilizing Rethink Your Drink to Promote Oral Health

training

<https://bit.ly/2M03ZtC>

Recorded webinar on incorporating Rethink Your Drink into oral health programming.

Audience: school staff

Grade level: K-12

Language: English

Program: Nutrition Education and Obesity Prevention Branch

Production date: 2017

## Championing Oral Health in Schools

website

<https://bit.ly/2JxZBUb>

Variety of resources for school-based oral health programs and activities.

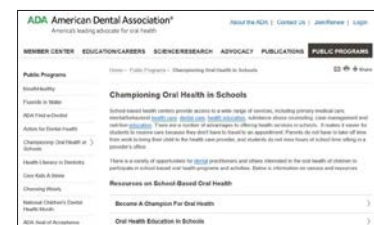
Audience: health care providers

Grade level: K-12

Language: English

Program: American Dental Association

Production date: 2018



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## The Tooth Decay Process: How to Reverse it and Avoid a Cavity

website

<https://bit.ly/2JILAFM>

How the tooth decay process starts and how it can be stopped.

Audience: parents/guardians

Grade level: K-12

Languages: English, Spanish

Program: National Institute of Dental and Craniofacial Research







# PHYSICAL ACTIVITY

## Potter, Potter the Healthy Otter

book

<https://bit.ly/2LYKMsa>

Book highlighting the importance of physical activity as Potter the Otter encourages his friends to put down the computer games, turn off the television, and go play!

Audience: elementary school

Grade level: elementary school

Languages: English, Spanish

Program: Santa Clara First 5

Production date: 2015



## Youth Physical Activities: The Role of Families

fact sheet

<https://bit.ly/2bMd0Ei>

Describes benefits, recommended duration, types, motivation, and parent partnering with schools.

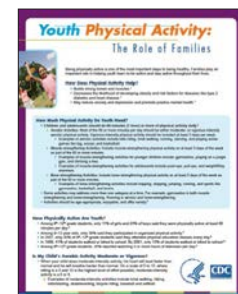
Audience: parents/guardians

Grade level: K-12

Language: English

Program: Centers for Disease Control and Prevention

Production date: 2009



## California Nutrition and Physical Activity Guidelines for Adolescents

guide

<https://bit.ly/2JgZI7t>

Designed to assist Adolescent Family Life Program case managers in improving the nutrition, physical activity, and healthy eating practices of clients.

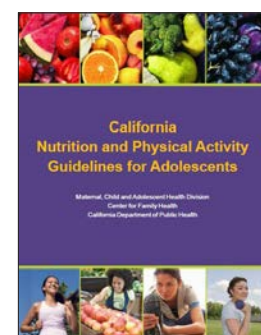
Audience: school staff

Grade level: middle school, high school

Language: English

Program: Maternal, Child and Adolescent Health Division

Production date: 2015



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### **Comprehensive School Physical Activity Program: A Guide for Schools**

guide

<https://bit.ly/2IXmBfR>

Provides steps to follow to increase opportunities for students to participate in physical activity before, during, and after school.

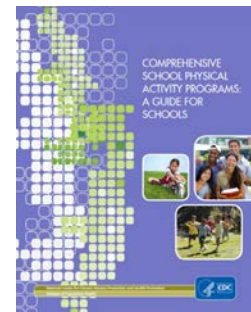
Audience: school staff

Grade level: K-12

Language: English

Program: Centers for Disease Control and Prevention

Production date: 2013



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### **Recess Planning in Schools: A Guide to Putting Strategies for Recess into Practice**

guide

<https://bit.ly/2kUb4Qk>

A step-by-step approach for developing and implementing a school recess plan, including both strategy and policy elements.

Audience: school staff

Grade level: elementary school, middle school

Language: English

Program: Centers for Disease Control and Prevention

Production date: 2017



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### **Strategies for Recess in Schools**

guide

<https://bit.ly/2Lty43I>

A guide to putting strategies for recess into practice.

Audience: school staff

Grade level: elementary school, middle school

Language: English

Program: Centers for Disease Control and Prevention

Production date: 2017



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### **The Association Between School-Based Physical Activity, Including Physical Education, and Academic Performance**

report

<https://bit.ly/2kpnsu>

This report looks at the link between physical activity and academic achievement, classroom behavior, and cognitive skills and attitudes.

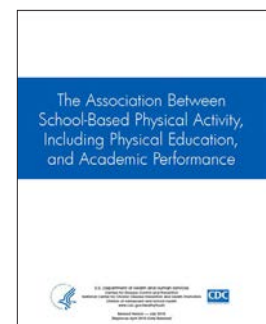
Audience: school staff

Grade level: K-12

Language: English

Program: Centers for Disease Control and Prevention

Production date: 2010





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### **Physical Activity Technical Assistance**

technical assistance  
NEOPB@cdph.ca.gov

Customized technical assistance for physical activity in schools.  
**Audience:** school staff, health care providers  
**Grade level:** K-12  
**Language:** English  
**Program:** Nutrition Education and Obesity Prevention Branch

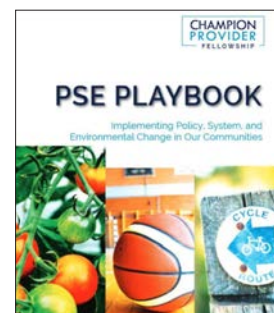
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### **PSE Playbook: Implementing Policy, System, and Environmental Change in Our Communities**

toolkit  
<https://bit.ly/2moMis6>

Showcases examples of collaboration between providers and local health departments on PSE change interventions in various areas, including structured physical activity.

**Audience:** school staff, health care providers  
**Grade level:** K-12  
**Language:** English  
**Program:** Nutrition Education and Obesity Prevention Branch  
**Production date:** 2018



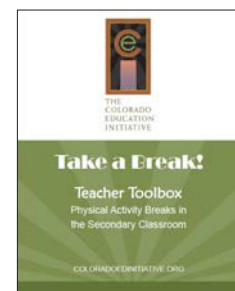
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### **Take a Break! Teacher Toolbox**

toolkit  
<https://bit.ly/2sBCOgC>

Compendium describing and demonstrating physical activities for the classroom.

**Audience:** school staff  
**Grade level:** middle school  
**Language:** English  
**Program:** The Colorado Education Initiative  
**Production date:** 2013



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### **Involving Families in School Physical Activity (PA) Opportunities**

training  
<https://bit.ly/2M03ZtC>

Recorded webinar and slide deck about best practices and success stories for involving families in school PA activities and events.

**Audience:** school staff  
**Grade level:** K-12  
**Language:** English  
**Program:** Nutrition Education and Obesity Prevention Branch  
**Production date:** 2017

---

### **Physical Literacy: What is it and How Does it Support Physical Activity for Life?**

training  
<https://bit.ly/2M03ZtC>

Recorded webinar and slide deck about how physical literacy is applied in a variety of physical activity settings, best practices, and resources.

**Audience:** school staff  
**Grade level:** K-12  
**Language:** English  
**Program:** Nutrition Education and Obesity Prevention Branch  
**Production date:** 2017

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# SAFETY & INJURY PREVENTION

## *child passenger safety*

### **Stand Up Sofia — Do You Need A Booster Seat?**

banner

[www.imsafe.com](http://www.imsafe.com)

Demonstrates when the vehicle seat belt fits appropriately.

Audience: parents/guardians

Grade level: elementary school

Languages: English, Spanish

Program: I'm Safe

Production date: September 2018



### **CPS Parent Brochure**

brochure

<https://bit.ly/2M1Oh13>

Highlights laws and best practices for child passenger safety (CPS).

Audience: parents/guardians

Grade level: elementary school

Languages: English, Spanish

Program: Safe and Active Communities Branch

Production date: 2016



### **CPS Awareness Poster**

poster

<https://bit.ly/2M1Oh13>

Highlights California car seat laws.

Audience: parents/guardians

Grade level: elementary school

Languages: English, Spanish, Arabic, Chinese (simplified and traditional), Farsi, Hmong, Khmer, Korean, Punjabi, Russian, Tagalog, Vietnamese

Program: Safe and Active Communities Branch

Production date: 2016



### **Teen Driver Safety Tools**

tools

<https://bit.ly/2LFJLJn>

Free evidence-based teen driver safety tools for teens, parents, educators, advocates, and policymakers used to enhance teen driver safety. These tools include fact sheets with teenage driving tips, videos, statistics, and educational curricula.

Audience: parents/guardians, school staff, high school

Grade level: high school

Language: English

Program: Children's Hospital of Philadelphia, Center for Injury Research and Prevention

---

## **CPS Technician Training**

training

<http://cert.safekids.org/>

Provides training to become a nationally certified child passenger safety technician.

**Audience:** school staff, health care providers

**Grade level:** elementary school

**Language:** English

**Program:** Safe Kids Certification

---

## **Car Seat Inspection Stations**

website

<https://bit.ly/2kTQEXD>

Provides locations for car seat inspections and installations.

**Audience:** parents/guardians

**Grade level:** elementary school

**Program:** National Highway Traffic Safety Administration

---

# SAFETY & INJURY PREVENTION

## *dating abuse & rape prevention*

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### **Futures Without Violence: Safety Card**

card

<https://bit.ly/2JjTWSr>

Helps women recognize how their relationship impacts their health, as well as the lives of their children, and provides information on safety planning.

**Audience:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** Futures Without Violence

**Production date:** 2018



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### **Expect Respect**

curriculum

<https://bit.ly/1mDHWYP>

A comprehensive approach to supporting vulnerable youth and creating safe and supportive learning environments.

**Audience:** school staff

**Grade level:** high school

**Program:** Expect Respect

**Production date:** 2018

---

### **In Touch With Teens**

curriculum

<https://bit.ly/2JAKh9x>

Information about power and control, elements of healthy relationships and healthy sexuality, and media literacy, as well as education on sexual harassment, sexual assault, and dating violence.

**Audience:** school staff

**Grade level:** middle school, high school

**Program:** Peace Over Violence

---

### **Mentors in Violence Prevention**

curriculum

[www.mvpstrat.com](http://www.mvpstrat.com)

This program focuses on young people as empowered bystanders who can confront abusive peers and support abused ones.

**Audience:** school staff

**Grade level:** high school

**Program:** Mentors in Violence Prevention Strategies

---

### **Relationship Smarts PLUS 4.0**

curriculum

<https://bit.ly/2JngE8i>

Help teens learn how to make wise choices about relationships, dating, partners, sex, and more.

**Audience:** school staff

**Grade level:** middle school, high school

**Program:** The Dibble Institute

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## Safe Dates

curriculum

<https://bit.ly/2sC6xpT>

Targets attitudes and behaviors associated with dating abuse and violence.

**Audience:** school staff

**Grade level:** middle school, high school

**Program:** Hazeldon Betty Ford Foundation

**Production date:** 2010

---

## Second Step Program

curriculum

<https://bit.ly/2JqGXdB>

Teaching essential communication, coping, and decision-making skills that will allow adolescents to navigate common pitfalls, such as peer pressure, substance abuse, and bullying (both face-to-face and online).

**Audience:** school staff

**Grade level:** middle school

**Program:** Committee for Children

**Production date:** 2008

---

## Shifting Boundaries

curriculum

<https://bit.ly/2JB5Bf1>

Designed to reduce the precursors to dating violence by focusing on sexual harassment among young adolescents.

**Audience:** school staff

**Grade level:** middle school

**Program:** Wellesley College

**Production date:** December 2010

---

## The Fourth R — Healthy Relationships Plus

curriculum

<https://bit.ly/1p5fm7a>

Addresses violence prevention by promoting positive, healthy relationships.

**Audience:** school staff

**Grade level:** middle school, high school

**Languages:** English, French

**Program:** Western Center for School Mental Health

**Production date:** 2015

---

## Listing of Domestic Violence Organizations Across California

website

<https://bit.ly/22rhAMf>

Current list of domestic violence organizations by zip code.

**Audience:** K-12

**Grade level:** K-12

**Language:** English

**Program:** California Partnership to End Domestic Violence

---

## Listing of Rape Crisis Centers by County

website

<https://bit.ly/2JqHo7J>

Current list of Rape Crisis Centers in every county.

**Audience:** K-12

**Grade level:** K-12

**Language:** English

**Program:** California Coalition Against Sexual Assault (CALCASA)

---

# SAFETY & INJURY PREVENTION

## *pedestrian & bicycle safety*

### California Pedestrian and Bicycle Safety Curriculum for Grades 4 and 5

curriculum

<https://bit.ly/2M4a9ch>

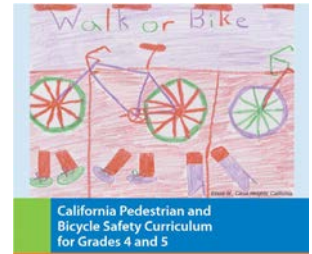
A series of nine lesson plans teach students the importance of pedestrian and bicycle safety skills, while also developing healthy habits that benefit both their physical development and academic performance.

Audience: school staff

Grade level: elementary school

Languages: English

Program: Safe and Active Communities Branch



### Bicycle Safer Journey

video

[pedbikeinfo.org](http://pedbikeinfo.org)

Three videos, one for each of three age groups, are accompanied by a quiz or discussion guide, and an educator's resource library. Provides an introduction to bicycle safety skills or an augmentation to a comprehensive curriculum.

Audience: school staff

Grade level: K-12

Languages: English, Spanish

Program: Federal Highway Administration



### Pedestrian Safer Journey

video

<https://bit.ly/2sDWiBI>

Three videos, one for each of three age groups, are accompanied by a quiz or discussion guide, and an educator's resource library. Provides an introduction to pedestrian safety skills or an augmentation to a comprehensive curriculum.

Audience: school staff

Grade level: K-12

Languages: English, Spanish

Program: Federal Highway Administration



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## Safe Routes to School Resources

website

<https://bit.ly/2LthWPL>

Collection of resources to support local communities with creating, evaluating, and sustaining active transportation education and encouragement (non-infrastructure) programs.

**Audience:** school staff, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** Safe and Active Communities Branch  
Active Transportation Safety Program

---

## Bike Safety: Tips for Youth

fact sheet

<https://bit.ly/2xNqL4V>

Highlights safe bicycle riding tips and rules of the road.

**Audience:** K-12

**Grade level:** K-12

**Language:** English

**Program:** National Highway Traffic Safety Administration

**Production date:** January 2013



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## Easy Steps to Fit a Bicycle Helmet

fact sheet

<https://bit.ly/2M6mGMb>

Guide for fitting a bicycle helmet.

**Audiences:** K-12, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** National Highway Traffic Safety Administration

**Production date:** April 2006



---

## Prevent Pedestrian Crashes: Parents and Caregivers of Elementary School Children

fact sheet

<https://bit.ly/2JXKrbj>

Highlights common types of collisions between young pedestrians and motorists.

**Audience:** parents/guardians

**Grade level:** elementary school

**Language:** English

**Program:** National Highway Traffic Safety Administration

**Production date:** October 2008



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## Tips for Preteens and Teens to Prevent Pedestrian Crashes

fact sheet

<https://bit.ly/2I2nfTX>

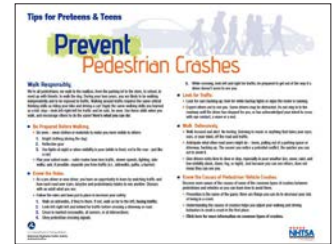
Highlights common types of collisions between young pedestrians and motorists.

Audience: middle school, high school

Grade level: middle school, high school

Language: English

Program: National Highway Traffic Safety Administration



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## Smart Cycling Quick Guide

guide

<https://bit.ly/2yn4Th9>

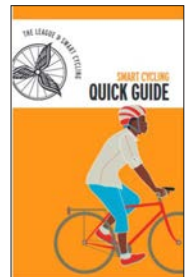
Booklet for purchase that outlines the basic rules of the road, components of a bicycle, and all of the information you need to ride a bicycle safely and confidently.

Audience: K-12

Grade level: K-12

Language: English, Spanish

Program: League of American Bicyclists



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## How Safe Routes to School Benefits Our Communities

infographic

<https://bit.ly/2t9AIF5>

Highlights the multiple benefits of walking and bicycling to school.

Audience: school staff

Grade level: K-12

Language: English

Program: Safe and Active Communities Branch



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## Safe Routes to School Technical Assistance

technical assistance

<https://bit.ly/2K3Xkk6> or  
email [atsp@cdph.ca.gov](mailto:atsp@cdph.ca.gov)

Assistance via phone and email to discuss Safe Routes to School related questions and related resources.

Audiences: school staff, parents/guardians

Grade level: K-12

Language: English

Program: Caltrans Active Transportation Resource Center



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## **PSE Playbook: Implementing Policy, System, and Environmental Change in Our Communities**

toolkit

<https://bit.ly/2moMis6>

Showcases examples of collaboration between providers and local health departments on PSE change interventions in various areas, including Safe Routes to School.

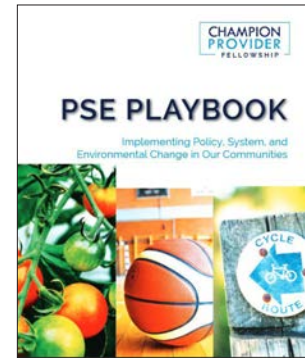
**Audience:** school staff, health care providers

**Grade level:** K-12

**Language:** English

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** 2018



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## **California School Crossing Guard Training**

training

<https://bit.ly/2NHHKt9>

Four-part online training for new and existing crossing guards. Email [ATSP@cdph.ca.gov](mailto:ATSP@cdph.ca.gov) to obtain access to the tests for each part of the online training.

**Audience:** school staff

**Grade level:** K-12

**Language:** English

**Program:** Safe and Active Communities Branch

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## **California School Crossing Guard Training Guidelines**

training

<https://bit.ly/2HmwQpX>

Provides local jurisdictions with the resources to train and vet new and existing crossing guards.

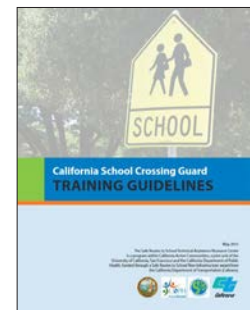
**Audience:** school staff

**Grade level:** K-12

**Language:** English

**Program:** Safe and Active Communities Branch

**Production date:** May 2015



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### **Active Transportation Safety Program Resources**

website

<https://bit.ly/2LthWPL>

Resources for schools to support walking and bicycling to school through activities such as Walk to School Day, Bike to School Day, Walking School Buses, Bicycle Trains, Bicycle Rodeos.

**Audience:** school staff, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** Safe and Active Communities Branch

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### **Safe Routes to School Basics**

workshop

email [atsp@cdph.ca.gov](mailto:atsp@cdph.ca.gov)

Customized workshops for schools, school districts, and their communities on *Safe Routes to School Basics* and *Getting Started*.

**Audience:** school staff, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** Safe and Active Communities Branch

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# SCHOOL WELLNESS

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## **PSE Playbook: Implementing Policy, System, and Environmental Change in Our Communities**

toolkit

<https://bit.ly/2moMis6>

Showcases examples of collaboration between providers and local health departments on PSE change interventions in various areas, including school wellness.

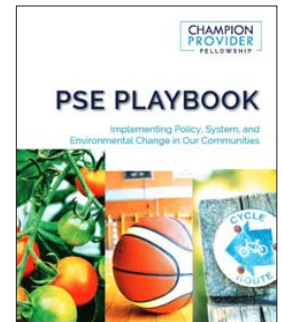
Audience: school staff, health care providers

Grade level: K-12

Language: English

Program: Nutrition Education and Obesity Prevention Branch

Production date: 2018



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## **Building the Case: Best Practices on Using Data for Local School Wellness Policy Implementation**

training

<https://bit.ly/2tk8Jlp>

Recorded webinar about building the case for local school wellness policies, including how to use data to support the link between student wellness and academic achievement, best practices, and resources and research to guide and support implementation.

Audience: school staff

Grade level: K-12

Language: English

Program: Nutrition Education and Obesity Prevention Branch

Production date: September 2017

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## **Getting Your School Wellness Policy Committee Engaged and Moving Forward**

training

<https://bit.ly/2tk8Jlp>

Recorded webinar covering school wellness policy committees, including steps to build an effective team, using the CDC's Whole School, Whole Community model, and strategies for keeping committees engaged.

Audience: school staff

Grade level: K-12

Language: English

Program: Nutrition Education and Obesity Prevention Branch

Production date: September 2017

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**Local School Wellness Policies Basics: What You Need to Know to Put Your Wellness Policy in Place**

training

<https://bit.ly/2tk8Jlp>

Recorded webinar about school wellness policies basics, including an overview of local school wellness policies, assessment of local school wellness policy language, and supporting resources.

Audience: school staff

Grade level: K-12

Language: English

Program: Nutrition Education and Obesity Prevention Branch

Production date: September 2017

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**Local School Wellness Policy Implementation: Planning to put Your Policy into Action**

training

<https://bit.ly/2tk8Jlp>

Recorded webinar about putting your school wellness policy into action, including accessing the School Health Index online tool to support implementation, prioritizing policy elements, and including strategies for communication and monitoring when developing your implementation plan.

Audience: school staff

Grade level: K-12

Language: English

Program: Nutrition Education and Obesity Prevention Branch

Production date: September 2017

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**Resources for Assessing the Quality of School Health Policies and Practices, and Improvement Plan Implementation**

training

<https://bit.ly/2tk8Jlp>

Recorded webinar covering how to use the School Health Index and how to use the Action Plan to set goals and identify beneficial resources.

Audience: school staff

Grade level: K-12

Language: English

Program: Nutrition Education and Obesity Prevention Branch

Production date: September 2017

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**Local School Wellness Policy Resources**

website

<https://bit.ly/2ulBHBI>

Information regarding the 2016 Local School Wellness Policy (LSWP) requirements, background, compliance, training, resources, and policy guidance, for Local Education Agency.

Audience: school staff

Grade level: K-12

Language: English

Program: California Department of Education

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## **California Local School Wellness Policy Collaborative**

website

<https://bit.ly/2m8MMT8>

Resources for school districts to activate their local school wellness policies, including: establish a successful wellness team, assess the quality of a district policy, motivate and educate parents, find spending flexibility with the local control funding formula, and get moving with sample action plans and model policies.

**Audience:** school staff

**Grade level:** K-12

**Language:** English

**Program:** California Local School Wellness Policy Collaborative

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## **Refreshing Your Local School Wellness Policy**

workshop

<https://bit.ly/2M03ZtC>

In-person workshop to guide schools in refreshing their Local School Wellness Policy.

**Audience:** school staff

**Grade level:** K-12

**Language:** English

**Program:** Nutrition Education and Obesity Prevention Branch

**Production date:** September 2017

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# SEXUAL HEALTH

## *sexual & reproductive health*

### **California Healthy Youth Act (CHYA) Summary of Requirements**

guidelines

<https://bit.ly/2MBjuIJ>

CHYA requires that school districts ensure all pupils in grades seven to 12, receive comprehensive sexual health education and HIV prevention education. This webpage includes legal requirements for education in these areas and additional resources for quality instructional programs.

**Audiences:** school staff, health care providers

**Grade level:** middle school, high school

**Language:** English

**Program:** California Department of Education

### **Core Competencies for Providers of Adolescent Sexual and Reproductive Health Programs/ Services**

guidelines

<https://bit.ly/2tmQHig>

Represents the foundation of professional capabilities that all providers should strive to possess in order to deliver effective, sensitive, and appropriate sexual and reproductive health programs and services to adolescents.

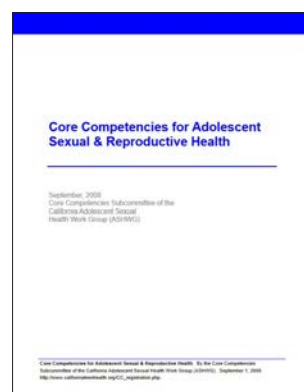
**Audiences:** school staff, health care providers

**Grade level:** middle school, high school

**Language:** English

**Program:** Adolescent Sexual Health Work Group

**Production date:** 2008



### **Condom Access Project (CAP)**

promotional materials

<https://bit.ly/1nCSkOM>

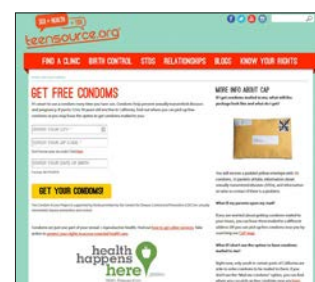
Aims to increase adolescents' access to free condoms by addressing some of the significant barriers to condom use that still exist for youth, including cost, discomfort around asking others for and purchasing condoms, and difficulty locating condoms.

**Audiences:** middle school, high school

**Grade level:** middle school, high school

**Language:** English

**Program:** Essential Access Health





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## HookUp

promotional materials

<https://bit.ly/2irENSg>

A text message service that sends weekly tips about sexual and reproductive health to youth. To subscribe, text “hookup” to 877877.

Audiences: middle school, high school

Grade level: middle school, high school

Languages: English, Spanish

Program: Essential Access Health



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## Resources to Support Local Implementation of Comprehensive Sexual Health Education in California Schools

resource list

<https://bit.ly/2lhUTMF>

Links to resources for implementing comprehensive sexual health education in California, including resources around minor consent and confidentiality laws and students rights to access sensitive services during the school day.

Audiences: school staff, health care providers

Grade level: K-12

Language: English

Program: Adolescent Sexual Health Work Group

Production date: June 2017

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## Positive Youth Development Tool Kit

tool kit

<https://bit.ly/2xRM1qq>

PYD is a strengths-based, holistic approach to working with youth to promote healthy development and outcomes. PYD focuses on the process of creating an environment that provides protective factors, which promote personal strengths and resilience.

Audiences: school staff

Grade level: middle school, high school

Languages: English

Program: California Adolescent Sexual Health Work Group

Production date: November 2017



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## Sexual Health Educator (SHE) Training Program

training

<https://bit.ly/2JO4xW5>

Training program for educators who want to build their knowledge and capacity in sexual health and sexuality education.

Audiences: school staff, health care providers

Grade level: K-12

Language: English

Program: Sexually Transmitted Diseases Control Branch

Production date: 2016

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## Talk With Your Kids

website &  
promotional materials  
[talkwithyourkids.org](http://talkwithyourkids.org)

Promotes family communication and features tips for parents and trusted adults on how to communicate with children about their bodies, health, and relationships.

**Audience:** parents/guardians

**Grade level:** K-12

**Languages:** English, Spanish

**Program:** Essential Access Health

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## Teen Health Law

website  
[www.teenhealthlaw.org](http://www.teenhealthlaw.org)

Provides information on laws from minor consent and confidentiality to child abuse reporting, insurance regulations, and more. The website's initial focus is on laws that impact adolescent reproductive health care delivery in California.

**Audiences:** school staff, health care providers, middle school, high school

**Grade level:** middle school, high school

**Language:** English

**Program:** The National Center for Youth Law



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## TeenSource

website  
[www.teensource.org](http://www.teensource.org)

A teen-friendly website with youth-generated blogs, a clinic finder, birth control, STD information, information on teen rights, and more.

**Audiences:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** Essential Access Health



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## Your Health, Your Rights

website  
<https://bit.ly/2gpVf1f>

Overview of person's rights and resources to get reproductive health care.

**Audiences:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Programs:** American Civil Liberties Union and ACCESS Women's Health Justice



# SEXUAL HEALTH

## *sexually transmitted diseases*

## STD Clinical Consultation Network (STD CCN)

clinical consultation  
www.stdccn.org

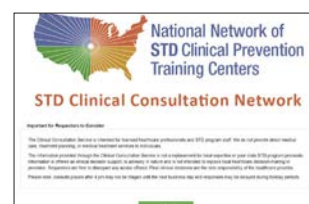
An online medical consultation system for the treatment and management of Sexually Transmitted Diseases. It connects health care providers to expert STD faculty and is available during business hours.

**Audience:** health care providers

Grade level: middle school, high school

Language: English

**Program:** National Network of Clinical Prevention Training Centers



## STD Clinical Guidelines and Job Aids

clinical guidelines  
<https://bit.ly/2yrwPR2>

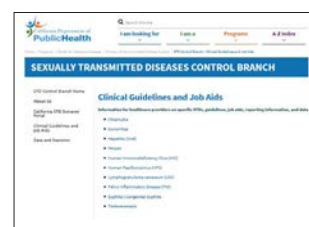
Direct links to clinical guidelines and job aids that support delivery of best practices.

**Audience:** health care providers

Grade level: middle school, high school

Language: English

Program: Sexually Transmitted Diseases Control  
Branch



## Chlamydia Screening Clinical Quality Improvement Resources

clinical resources  
<https://bit.ly/2JZ1rKY>

This website contains vetted links to resources and tools for chlamydia screening quality improvement (QI) efforts. Requests for additional QI resources or support to conduct QI within your clinic can be sent to [stdqi@cdph.ca.gov](mailto:stdqi@cdph.ca.gov).

**Audience:** health care providers

Grade level: middle school, high school

Language: English

Program: Sexually Transmitted Diseases Control  
Branch



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## Get Yourself Tested (GYT)

promotional material

<https://bit.ly/2K4pwDd>

The Get Yourself Tested national campaign increases awareness about STDs and how to prevent them, links young people to STD testing services, and promotes a more open dialogue with partners and health care providers. GYT promotional materials and provider resources are available through the GYT website.

**Audiences:** middle school, high school, health care providers

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** Centers for Disease Control and Prevention



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## Chlamydia and Gonorrhea Patient-Delivered Partner Therapy (PDPT) Distribution Program

treatment program

<https://bit.ly/2Ked6tH>

Provides eligible clinics with free, pre-packaged partner treatment medication to give to patients who test positive for chlamydia or gonorrhea and have partners who are otherwise unable or unlikely to be treated.

**Audience:** health care providers

**Grade level:** middle school, high school

**Language:** English

**Program:** Essential Access Health





# SUBSTANCE ABUSE

## cannabis

### Cannabis Information for Health Care Providers

fact sheet

<https://bit.ly/2tIWHbJ>

Effects of cannabis on birth weight, fetal growth restriction, neurodevelopment, brain development, school performance, and mental health.

**Audience:** health care providers

**Grade level:** K-12

**Language:** English

**Program:** California Cannabis Health Information Initiative

**Production date:** October 2017



### Pregnant and Breastfeeding Women and Cannabis

fact sheet

<https://bit.ly/2lItbys>

How cannabis affects birth weight, THC in breastmilk, the health risks of exposing babies and children to second-hand smoke, and guidance for talking to a doctor about cannabis use.

**Audiences:** middle school, high school

**Grade level:** middle school, high school

**Languages:** English, Spanish

**Program:** California Cannabis Health Information Initiative

**Production date:** October 2017



### Responsible Use of Cannabis

fact sheet

<https://bit.ly/2MEiaF5>

Keeping children safe: storage, second-hand smoke, driving under the influence, and poisoning risks from edible products.

**Audience:** parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** California Cannabis Health Information Initiative

**Production date:** October 2017



## What Parents and Mentors Need to Know about Cannabis

fact sheet

<https://bit.ly/2K2LqUa>

How cannabis affects youth, including mental health, brain development, lungs, driving, and educational and professional goals of youth, and talking tips for parents and mentors.

**Audiences:** school staff, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** California Cannabis Health Information Initiative

**Production date:** October 2017



## Youth and Cannabis

fact sheet

<https://bit.ly/2I3XIze>

How cannabis affects health, brain development, educational and professional goals of youth and the legal consequences of under-age use.

**Audiences:** middle school, high school

**Grade level:** middle school, high school

**Language:** English

**Program:** California Cannabis Health Information Initiative

**Production date:** October 2017



# SUBSTANCE ABUSE

## opioids

## Operation Prevention: Combating Opioid Misuse

resources

<https://bit.ly/2tIWHbj>

A comprehensive, no-cost, science-based program for young people ages 8-18 to combat opioid misuse. Includes virtual field trips, parent resources, English and Spanish language standards aligned K-12 tools, and a national peer-to-peer video challenge.

**Audience:** K-12, school staff, parents/guardians, health care providers

**Grade level:** K-12

**Languages:** English, Spanish

**Programs:** Drug Enforcement Administration and Discovery Education



# SUBSTANCE ABUSE

## tobacco

### Risks from Smoking

infographic

<https://bit.ly/2e54tyK>

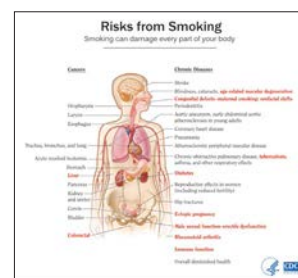
Visual illustration of the harmful effect of tobacco use on various parts of the body.

**Audience:** health care providers

**Grade level:** middle school, high school

**Language:** English

**Program:** Center for Disease Control and Prevention Office of Smoking and Health



### Smokeless Tobacco: Health Effects

website

<https://bit.ly/2hwSe0w>

A wide array of educational resources about smokeless tobacco.

**Audiences:** school staff, health care providers, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** Center for Disease Control and Prevention Office of Smoking and Health



### California Tobacco Facts and Figures: A Retrospective Look at 2017

report

<https://bit.ly/2MEqEvV>

This report highlights the rates of tobacco use, health effects, tobacco industry marketing, and usage of tobacco cessation services.

**Audience:** school staff, health care providers

**Grade level:** middle school, high school

**Language:** English

**Program:** California Tobacco Control Program

**Production date:** 2018



### New Tobacco Use Prevalence Among California Adults and Youth 2016

PowerPoint

<https://bit.ly/2K1pMD1>

Slide deck showing the latest prevalence of tobacco use among California adults and youth.

**Audience:** school staff, health care providers

**Grade level:** middle school, high school

**Language:** English

**Program:** California Tobacco Control Program

**Production date:** 2016



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## TEACHERS AND PARENTS: That USB Stick Might be an E-Cigarette

infographic

<https://bit.ly/2IPiMVE>

An infographic about USB-shaped e-cigarettes.

**Audiences:** school staff, parents/guardians

**Grade level:** middle school, high school

**Language:** English

**Program:** Centers for Disease Control and Prevention, Office of Smoking and Health



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## Talk With Your Teen About E-Cigarettes: A Tip Sheet for Parents

tip sheet

<https://bit.ly/2oj7i5g>

Facts about e-cigarettes and tips for parents/guardians on how to impart the information to teenagers.

**Audience:** parents/guardians

**Grade level:** middle school, high school

**Language:** English

**Program:** U.S. Surgeon General

**Production date:** 2016



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## State Health Officer's Report on E-Cigarettes: A Community Health Threat (2015)

report

<https://bit.ly/2FilxjJ>

Provides information about the risks associated with e-cigarettes, the rapidly increasing use of these devices among adults and youth, and how the current unrestricted e-cigarette marketing is impacting our youth.

**Audiences:** school staff, health care providers, parents/guardians

**Grade level:** K-12

**Language:** English

**Program:** California Tobacco Control Program

**Production date:** 2015



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## E-Cigarettes and Liquid Nicotine (Alert)

website

<https://bit.ly/14ECMpO>

Facts about nicotine exposure via e-liquids.

**Audiences:** school staff, health care providers, parents/guardians

**Grade level:** middle school, high school

**Language:** English

**Program:** American Association of Poison Control Centers



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## What is JUUL?

website

<https://bit.ly/2JQnW91>

Facts about JUUL, an electronic smoking device

**Audiences:** school staff, health care providers, parents/guardians

**Grade level:** middle school, high school

**Language:** English

**Program:** Truth Initiative



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## California Youth Advocacy Network

website

[cyanonline.org](http://cyanonline.org)

The California Youth Advocacy Network changes the tobacco use culture in California's high schools, colleges and universities, military installations, and other youth and young adult communities by providing knowledge, skills, and tools to create local change for healthier communities.

**Audience:** school staff

**Grade level:** high school

**Language:** English

**Program:** California Youth Advocacy Network



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## The California Smokers' Helpline

website

[www.nobutts.org](http://www.nobutts.org)

Free tobacco cessation counseling resources and tools for providers, educators, and residents (adults and youth).

**Audiences:** school staff, health care providers, parents/guardians, middle school, high school

**Grade level:** middle school, high school

**Language:** English

**Program:** California Smokers' Helpline



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## Tobacco Education Clearinghouse of California

website

[www.tecc.org](http://www.tecc.org)

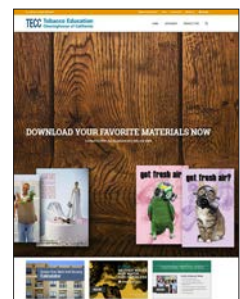
Free tobacco educational materials of various types and in various languages

**Audiences:** school staff, health care providers, parents/guardians

**Grade level:** middle school, high school

**Languages:** multiple

**Program:** Education Training Research Associates







# CDPH PROGRAM DIRECTORY

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## **Active Transportation Safety Program**

<https://bit.ly/2LthWPL>  
[caatpresources.org](http://caatpresources.org)  
[atsp@cdph.ca.gov](mailto:atsp@cdph.ca.gov)

The Active Transportation Safety Program works as part of Caltrans' Active Transportation Resource Center to provide technical assistance, training, and resources to support state and local efforts, including those focused on Safe Routes to School, to promote active transportation (e.g. walk and bicycle commutes) and enhance safety for pedestrians and bicyclists.

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## **California Cannabis Health Information Initiative**

[www.letstalkcannabisca.com](http://www.letstalkcannabisca.com)  
(916) 558-1784

The California Cannabis Health Information Initiative is committed to raising awareness about how cannabis affects our bodies, minds, and health. Priorities include protecting the health of pregnant and breastfeeding women, infants, and youth, and promoting the role of parents and mentors in preventing cannabis use. The Initiative provides science-based fact sheets which can be downloaded and printed, a community toolkit, and videos and other digital resources for sharing on social media.

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## **California Office of Oral Health**

<https://bit.ly/2MIhoHk>  
(916) 552-9900

The California Office of Oral Health works to improve the oral health of all Californians through prevention, education, and organized community efforts. It provides strategic advice and leadership to oral health stakeholders throughout the state, building oral health workforce capacity and infrastructure, and implementing and evaluating evidence-based best practices in oral disease prevention.

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## **California Tobacco Control Program**

<https://bit.ly/2pC53ZN>  
(916) 449-5500  
[CTCPIinbox@cdph.ca.gov](mailto:CTCPIinbox@cdph.ca.gov)

For nearly 30 years, CTCPI has led the fight to keep tobacco out of the hands of youth, help tobacco users quit, and ensure that all Californians can live, work, play, and learn in tobacco-free environments. It is the longest running, most comprehensive tobacco control program in the nation. CTCPI leads statewide, regional, and local health programs, services, and activities that promote an environment truly free of tobacco.

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### **Childhood Lead Poisoning Prevention Branch (CLPPB)**

<https://bit.ly/2yu34eJ>

(510) 620-5600

PDSS@cdph.ca.gov

The Childhood Lead Poisoning Prevention Branch (CLPPB) provides lead poisoning prevention education and resources, care management, and environmental investigations to lead-burdened children, and oversees California's Lead-Related Construction Program. CLPPB contracts with local health jurisdictions to provide these services at the local level, and provides the services directly in non-contracted counties.

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### **Immunization Branch**

<https://bit.ly/2K7gwu8>

(510) 620-3737

immunizationbranch@cdph.ca.gov

The Immunization Branch provides leadership and support to public and private sector efforts to protect the population against vaccine-preventable diseases.

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### **Maternal, Child, and Adolescent Health Division**

<https://bit.ly/2I4om5P>

(866) 241-0395

The Maternal, Child and Adolescent Health (MCAH) Division works to improve the health and well-being of women, infants, children, and adolescents throughout the state.

All of our programs focus on clinical linkages and community engagement around improving adolescent health. We work to promote and enhance strengths, skills, and supports for adolescents to improve their health and reduce disparities. We promote healthy adolescent reproductive and sexual behaviors to improve health outcomes, promote healthy relationships, and improve preconception health. Our programs provide building blocks for healthy relationships, healthy pregnancies, and healthy families.

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### **Nutrition Education and Obesity Prevention Branch**

<https://bit.ly/2Imc5RI>

(916) 449-5400

neopb@cdph.ca.gov

Through statewide, regional, and local partnerships, programs, and policy initiatives, we promote healthy eating, physical activity, and food security with an emphasis on communities with the greatest health disparities.

The Nutrition Education Obesity Prevention Branch (NEOPB) supports the *Champion Provider Fellowship Program*, which empowers, trains, and supports healthcare providers to use their expertise and respected voices to improve the health communities through local policy, systems, and environmental changes. The NEOPB also implements the *Harvest of the Month* initiative, which promotes California-grown fruits and vegetables using school- and community-based interventions.

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## **Office of Health Equity**

<https://bit.ly/2lkFAMn>

(916) 445-4139

OHE@cdph.ca.gov

The Office of Health Equity was established to provide a key leadership role to reduce health and mental health disparities to vulnerable communities. A priority of this groundbreaking office is building of cross-sectoral partnerships. The office consults with community-based organizations and local governmental agencies to ensure that community perspectives and input are included in policies and any strategic plans, recommendations, and implementation activities.

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## **Rape Prevention and Education (RPE) Program**

<https://bit.ly/2M6GnTm>

sac@cdph.ca.gov

The Rape Prevention and Education Program (RPE) funds Rape Crisis Centers across California in order to implement and evaluate sexual violence primary prevention projects. Prevention strategies include the implementation of comprehensive school-based programs that include teaching a classroom curriculum, involving youth leaders in school-wide campaigns, training school staff, and developing a school sexual violence prevention policy.

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## **Safe and Active Communities Branch**

<https://bit.ly/2pTLTjU>

sac@cdph.ca.gov

The Safe and Active Communities (SAC) Branch is the focal point for the CDPH's injury prevention efforts to reduce intentional and unintentional injuries. Program efforts include the following: Rape Prevention and Education; Domestic Violence Prevention; Teen Dating Violence Prevention; Violence Prevention Initiative; National Violent Death Reporting System; Child Maltreatment Prevention; Fatal Child Abuse and Neglect Surveillance; Unintentional Childhood Injury Prevention; Prescription Drug Misuse and Overdose Prevention; Vehicle Occupant Safety; Crash Medical Outcomes Data; Active Transportation Safety; and Older Adult Falls Prevention.

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## **Sexually Transmitted Disease (STD) Control Branch**

<https://bit.ly/2MJ7Rjd>

(510) 620-3400

stdcb@cdph.ca.gov

The mission of the STD Control Branch is to reduce the transmission and impact of sexually transmitted diseases and viral hepatitis in California. The branch supports the prevention efforts through providing statewide leadership, guidance, training, technical assistance, surge capacity, and safety net support for delivering services throughout the state. We carry out this mission by collaborating with local health jurisdictions and stakeholders in the public and private sectors.

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### **Tuberculosis Control Branch**

<https://bit.ly/2ttfIZs>

(510) 620-3000

[tbc@cdph.ca.gov](mailto:tbc@cdph.ca.gov)

The California Tuberculosis (TB) Control Branch provides leadership and resources to prevent and control tuberculosis. The vision of the TB Control Branch is to speed the decline of TB morbidity and mortality.

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### **Vehicle Occupant Safety Program**

<https://bit.ly/2M1Oh13>

[sac@cdph.ca.gov](mailto:sac@cdph.ca.gov)

The Vehicle Occupant Safety Program (VOSP) coordinates child passenger safety (CPS) efforts across California. VOSP sustains essential CPS partnerships that link state and local policy, enforcement, and educational efforts to enhance effectiveness of local program implementation and CPS services. VOSP supports CPS technical capacity through the statewide CPS Technician Training System that trains and recertifies California CPS Technicians.

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These resources are current as of the date of publication. As resources are constantly evolving, please direct inquiries regarding updates to [SchoolBasedHealthCenterProject@cdph.ca.gov](mailto:SchoolBasedHealthCenterProject@cdph.ca.gov). Resources and support for school-based health center services and activities may also be available through your local health department. Visit <https://bit.ly/2MWgR8k> for contact information.



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