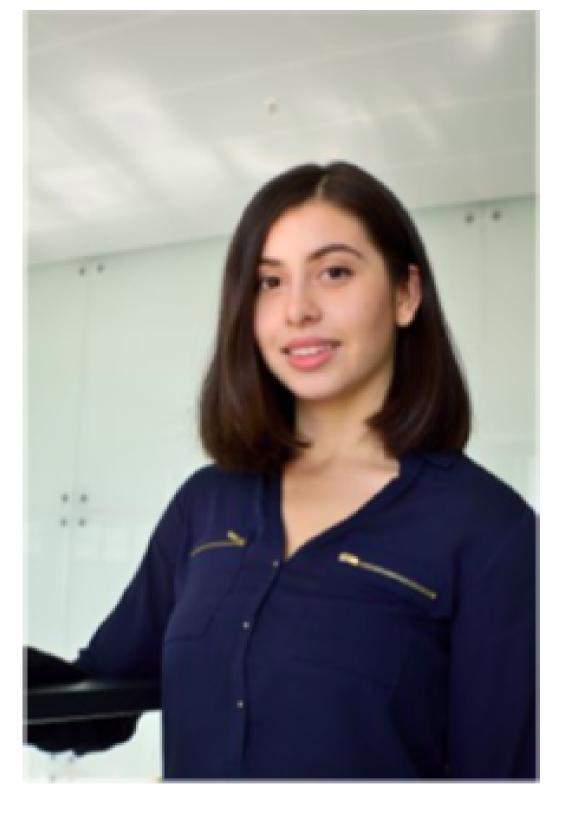
# Family Planning: Hosting Events to Engage Youth Virtually

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**Based Health Alliance** 



### **Elizabeth Peña**

### Youth Engagement Project Coordinator, California School-





#### For audio, dial

For higher quality, dial a number based on your current location from your webinar invitation link

## The webinar is being recorded



#### Supporting materials will be shared

## **Putting Health Care in Schools**

The California School-**Based Health Alliance is** the statewide non-profit organization dedicated to improving the health & academic success of children & youth by advancing health services in schools.

Learn more: schoolhealthcenters.org















#### **Mackenzie Scott**

Student Engagement Program Coordinator, The Los Angeles Trust for Children's Health

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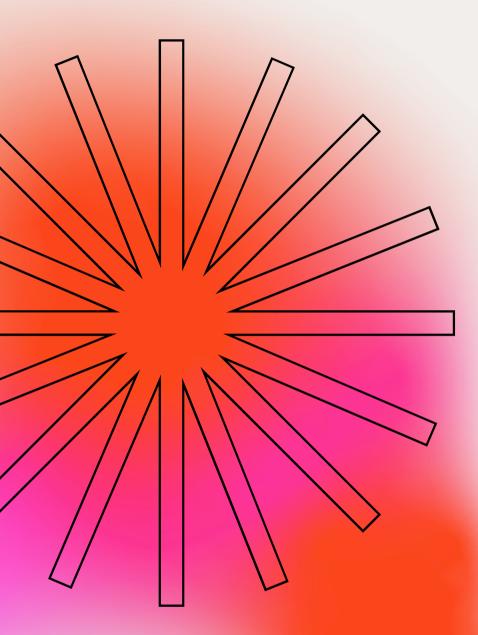




#### Dannielle Griffith

Student Engagement Program Coordinator, The Los Angeles Trust for Children's Health

## Student Engagement Online





Founded in 1991 to support and develop Los Angeles Unified School District School Health programs

#### **Mission:**

Bridging the worlds of health and education to achieve student wellness.

#### Vision:

A)world where every student is healthy and successful.

#### **Wellness Network**

- 16 Wellness Centers
- 12 Community health provider
- Federally Qualified Health Center (FQHC) services
- COVID-19 adaptations







### Student Engagement

Student Advisory Boards (SABs) 5 health awareness campaigns including:

HPV awareness, STD testing & prevention, Healthy Eating Active Living (HEAL), Tobacco & Substance Use Prevention.

Weekly meetings to organize campaigns







### What are some barriers?

Not turning on cameras

Engagement

Zoom Fatigue

Increasing followers

Recruitment

Connecting with others/school personnel

Building relationships



Putting the care in student healthcare

#### Recruitment

- Direct messages
- with youth

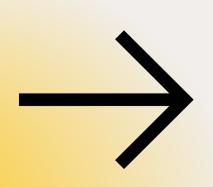
### Meetings

- Meet weekly
- Ice breaker
- Pick a "lead"

#### Campaigns

- STD
- HPV
- Mental Health
- Substance Use

### General Structure



• Post on social media • Ask other organizations to share • Past interested students Email contacts who have connections

• Camera is optional • Plan posts/campaigns • Instagram group chat



## **Campaign** Tips

#### Leverage current trends

- Tik Tok Formats
- Story Challenges

#### **Explore the tools**

- Quiz
- Story
- Polls
- Questions
- Reminder

#### **Collaborate with** others

• Partner with other organizations

#### $\rightarrow$ Align with national events

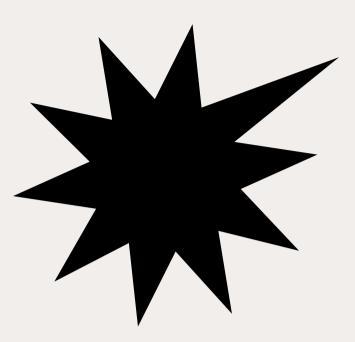
- Denim Day in April
- Cervical Cancer Awareness in January
- Teen Pregnancy Prevention Month in May

#### ightarrow Classroom presentations

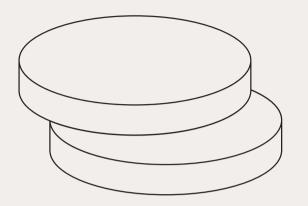
• Partner with a teacher

### **Use incentives**

- Gift Cards
- Food delivery
- Zoom breaks







## Social Media Campaign Ideas



#### TikTok

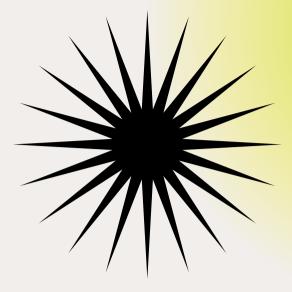
- Use current trending videos
- Post on reels on IG
- Use #fyp to extend audience



#### Instagram

- Reels

   Use hashtags
- Posts
  - Use hashtags
- Stories
- Polls
- Quiz
- Story challenges



### Canva

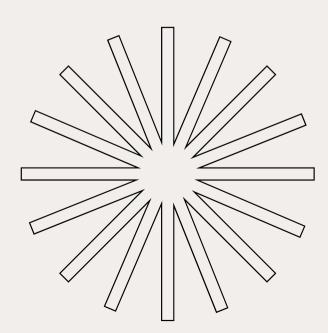
- Use this to create posts
- Assign sources (planned parenthood.org)



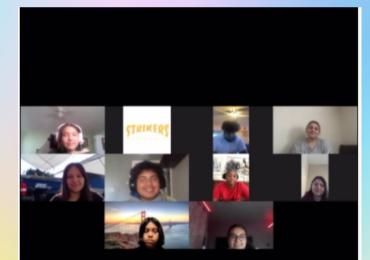
Putting the care in student healthcare

## Examples

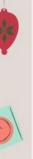








**Health Strikers Give Their Friend Advice** on Birth Control 抺



#### **STEPS:**

on

- Get consent
- 2. Check package (expiration date or bubbles)
- 3. Open package (DO not use sharp objects)
- 4. Place condom on the head of the penis while pinching the top of the condon
- 5. Unroll condom to the base with other hand
- 6. Hold the base while removing condom when you pull out of partner

2

8

7. Throw away into trash!!

#### 8. You can get free condoms at watts health

care center or plan

13:03 / 13:52 o d l

## The Los Angeles Trust for Children's Health

Putting the care in student healthcare

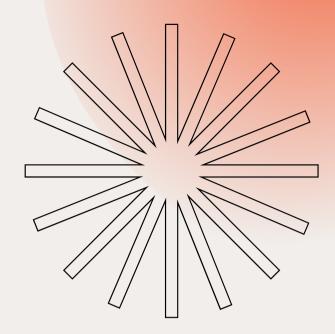


## Reengagement

#### HOW DO WE ENGAGE YOUTH **BEYOND WEEKLY SAB MEETINGS**?



- Summer Academy
- Spring Into Love
- Holiday



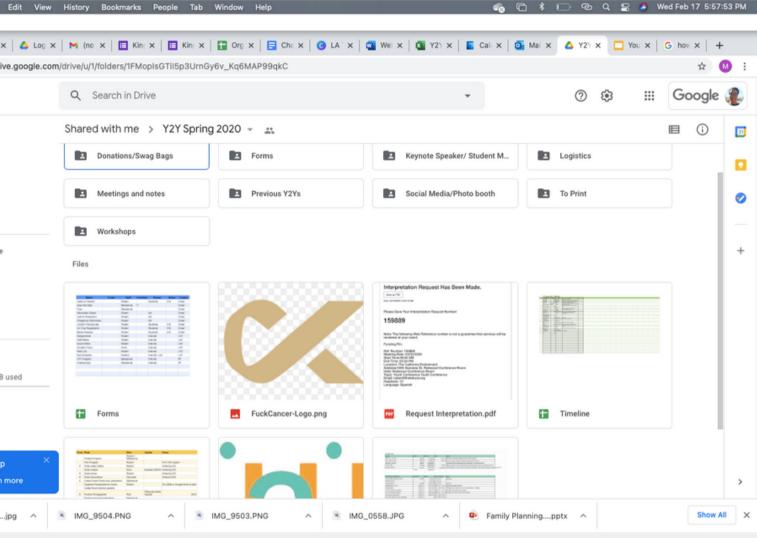
### Youth Virtual Celebration

#### Youth to Youth Conference



#### $\rightarrow$ Plan

- 🛆 Sha 🗙 🛛 🛆 Log 🗙 🖉 🛆 Log 🗙 • Setting Technology A Drive - New • Timeline Priority • Audience A My Drive Shared drives • Who will be involved/ establish roles Shared with me ( Recent • Consider any guests Starred II Trash • Theme Storage Goals/ Objectives 1.5 GB of 30 GB used Buy storage • Material/ Info being covered Incentives Get Drive for desktop load Learn mo Resources Virtual Holiday C....jpg • Gather feedback from youth
- Create tracking and organization tool
- Prepare any required documentation
- Explore the features of the platform





#### $\rightarrow$ Recruit

- Create a flyer
- Post on social media/ school platforms
- Connect with partners/ school staff
- Create a Google sheet/form to collect and track information
- Send out reminders
- Mail out any materials/

information

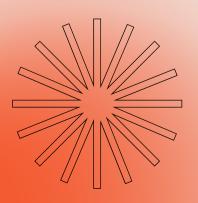


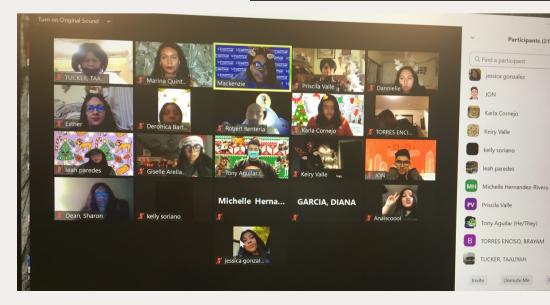




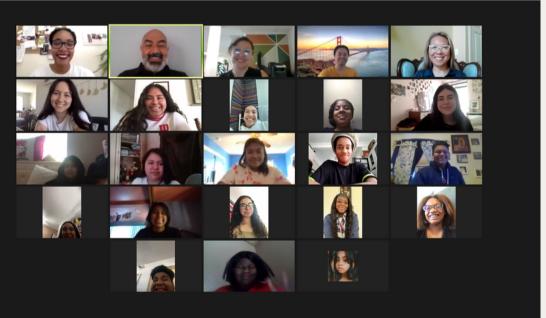
#### $\rightarrow$ Execute

- Check in with the folks involved
- Review materials, resources and any info being used
- Use Mentimeter, Kahoot, group games, movies, DJ
- Check in with youth to make sure all required documentation has been submitted
- Set the stage
- Create breakout rooms
- Include breaks!
- Follow your timeline or agenda
- Have fun!



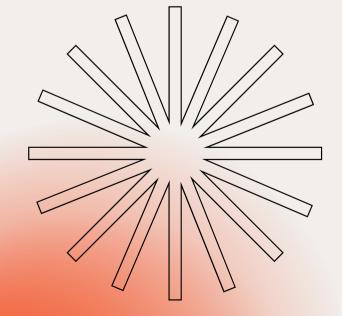


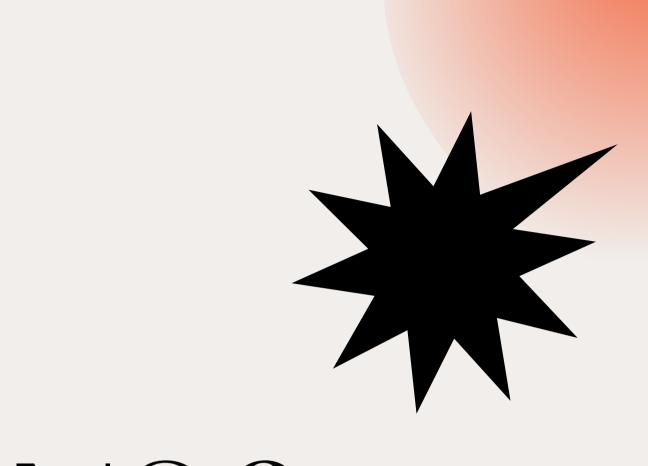






# QUESTIONS?







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- Technical assistance

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### STAY CONNECTED



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Gracias

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