

# Workshops & Trainings to Help You Strengthen School-Based Health Care

The California School-Based Health Alliance offers a wide range of workshops, technical assistance, and training services to help your school-based health center or school district start or improve health services. Workshops, technical assistance, and training can all be tailored to meet the needs of your site.

Members receive between one and six hours of free technical assistance. You can learn more and join [online](#).

## Available topics include:

### School-Based Health Center Start-Up, Financing, Legal Issues

***Planning an SBHC but not sure how to get started? Looking for a partner health care provider or school?***

***Forming a planning committee with new stakeholders?*** We can provide facilitated start-up planning committee meetings, as well as trainings on:

- SBHC start-up, including school district - health provider partnership coordination
- Financing and sustaining school-based health centers, and maximizing third party billing
- Information sharing practices and laws across schools and health care in California (HIPAA-FERPA)

### Operations & Practice

***Want your SBHC to adopt best practices in clinical care, operations and school integration?*** We can provide trainings on:

- How to assess your SBHC in a variety of relevant domains
- How SBHCs can better integrate into their schools to improve student attendance, support student success and increase students' use of the health center
- Health screening, reproductive and sexual health, substance use screening and interventions
- Role of school-based health centers in public health initiatives and social determinants of health

### Youth Leadership & Engagement

***Looking to engage youth at your SBHC or to develop your youth development skills? Planning to link your youth program to the statewide movement for school health?*** We can provide workshops to youth or trainings to adult facilitators on:

- Youth engagement for adult allies (how to engage youth in health advocacy and leadership)
- Youth-led participatory research
- Social marketing for youth leaders
- School-based health advocacy for youth leaders, including alternatives to punitive practices

### Mental Health in Schools & School-Based Health Centers

***Interested in bringing mental health services on campus? Looking to improve school climate or conduct teacher trainings on mental health?*** We can assist you in planning and implementing comprehensive school mental health services for all students through:

- How to conduct a mental health assessment/environmental scan of your school or district
- Implementing mental health programs (e.g. restorative practices and social-emotional learning)
- Expanding mental health services in your district (i.e. a review of models and revenue streams)
- Becoming more trauma-informed and healing in your services and supports
- How to conduct culturally-sensitive ACEs and trauma screening
- How to support school staff wellness