Striving for Zero: California’s Strategic Plan for Suicide Prevention

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Striving for Zero:
California’s Strategic Plan for Suicide Prevention, 2020 – 2025

Understanding Youth Suicide and Effective Prevention and Postvention Strategies: 4th Annual Central Valley Convening on Student Mental Health and Well-Being

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Plan Overview

- Strategic Aims and Goals
- Background
- State Workplan
Strategic Aim 1: Establish suicide prevention infrastructure

- Goal 1: Enhance visible leadership and networked partnerships
- Goal 2: Increase development and coordination of suicide prevention resources
- Goal 3: Advance data monitoring and evaluation

Strategic Aim 2: Minimize risk for suicidal behavior by promoting safe environments, resiliency, and connectedness

- Goal 4: Create safe environments by reducing access to lethal means
- Goal 5: Empower people, families, and communities to reach out for help when mental health and substance use disorder needs emerge
- Goal 6: Increase connectedness between people, family members, and community
- Goal 7: Increase the use of best practices for reporting of suicide and promote healthy use of social media and technology

Strategic Aim 3: Increase early identification of suicide risk and connection to services based on risk

- Goal 8: Increase detection and screening to connect people to services
- Goal 9: Deliver a continuum of crisis services within and across counties

Strategic Aim 4: Improve suicide-related services and supports

- Goal 10: Deliver best practices in care targeting suicide risk
- Goal 11: Ensure continuity of care and follow-up after suicide-related services
- Goal 12: Expand support services following a suicide loss
Strategic Aim 1: Establish Suicide Prevention Infrastructure

- **Goal 1**: Enhance visible leadership and networked partnerships

- **Goal 2**: Increase development and coordination of suicide prevention resources

- **Goal 3**: Advance data monitoring and evaluation
Strategic Aim 2: Minimize Risk

- **Goal 4**: Create safe environments by reducing access to lethal means

- **Goal 5**: Empower people, families, and communities to reach out for help when mental health and substance use disorder needs emerge

- **Goal 6**: Increase connectedness between people, family members, and community

- **Goal 7**: Increase the use of best practices for reporting of suicide and promote healthy use of social media and technology
Strategic Aim 3: Increase Early Identification and Connection to Services

- **Goal 8**: Increase detection and screening to connect people to services

- **Goal 9**: Deliver a continuum of crisis services within and across counties
Strategic Aim 4: Improve Suicide-Related Services and Supports

- **Goal 10**: Deliver best practices in care targeting suicide risk
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- **Goal 12**: Expand support services following a suicide loss
Update

- State-level leadership and coordination

- State-level investment to bolster key infrastructure
  - Training
  - Data and Evaluation
  - Learning Collaboratives
  - Program Expansion
Download the Plan


[https://mhsoac.ca.gov/sites/default/files/Suicide%20Prevention%20Plan_Final.pdf](https://mhsoac.ca.gov/sites/default/files/Suicide%20Prevention%20Plan_Final.pdf)
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