

inds H

Honoring the Journey

Dear Friends,

We invite you to join us for our Spring session of Grief Support Groups that begin the week of June 1, 2021. Groups meet for twelve (12) weeks. Our groups are facilitated by trained grief counselors and are specific to the relationship of your loss. There are many groups to choose from, please see the reverse side of this letter to see all that we have to offer.

It can be very helpful and supportive to meet with others who have also experienced the loss of a loved one. Support groups provide an opportunity to share stories, listen, encourage others, be encouraged, and to have your feelings supported by the facilitator and group members. Because of space limitations and confidentiality, we regret that we cannot allow guests of participants to attend.

Due to COVID-19 public meeting guidelines we may meet in person for support group, or meet via Zoom video conferencing, or transition from one to the other at any time during the scheduled sessions. We encourage you to call for updates, and thank you for your continued flexibility during this time. (Zoom meeting information will be provided by facilitators upon registration.)

We welcome you to call with any questions that you might have. Advance registration is required, and space is limited, so please contact us by phone to register (559) 248-8579 and we will email or mail the necessary paper work to finalize registration. The fee is \$25.00 per person or \$40 per couple, which covers the 12 week session. A limited number of scholarships are available, and some programs are offered at no charge thanks to generous community support.

We look forward to welcoming you to our Grief Support Group Program and hope that you find it supportive during this difficult time.

We need not walk alone.... We reach out to each other with love and Understanding and with hope.... We come together from all walks of life, From many different circumstances.... We need not walk alone. ~Credo of The Compassionate Friends

In Sympathy and Support,

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## Hinds Hospice Grief Support Groups Summer 2021

The following support groups will meet weekly and will begin the week of June 1, 2021.

#### Advance registration is required. Please contact us by phone to register (559) 248-8579

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave. Fresno (between Van Ness & Shaw Lane)

# Monday afternoons 4:00-5:00pm, 12 weeks (Fresno)

June 7—August 16, 2021

Teens (ages 13-17)

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave. Fresno (between Van Ness & Shaw Lane

# Tuesday Evenings 6:30-7:30pm, 12 weeks (Fresno)

June 1—August 17, 2021

- Circle of Friends (Children 3 to 12 years of age)
- Adults Loss of Parent or Sibling
- Adults Loss of Partner / Spouse
- Parents Loss of Child (of any age)
- Parents Angel Babies (Pregnancy / Infant Loss) \*\*Both parents are welcome to attend.

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave. Fresno (between Van Ness & Shaw Lane)

# Tuesday mornings 11:30am-12:30pm, 12 weeks (Fresno)

June 1—August 17, 2021

Loss of Partner / Spouse

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave. Fresno (between Van Ness & Shaw Lane)

## Thursday evenings 6:30-7:30pm, 12 weeks (Fresno)

June 1—August 17, 2021

Survivors of Suicide Loss

#### We thank the following for their generous support of the families we serve:

\*Loss of Child Support Group is supported by:

- Smittcamp Family Foundation
- Valley Children's Healthcare

\*Loss of Spouse/Partner & Senior Loss of Partner/Spouse funded by:

- Smittcamp Family Foundation
- Charles G Summers, in loving memory of his wife, Beverly

\*Circle of Friends Support Group is supported by:

- Red & Nancy Arnold Foundation (Madera & Merced)
- The Bertha & John Garabedian Charitable Foundation
- Kaiser Permanente Northern California Community Benefit Programs
- Smittcamp Family Foundation
- Valley Children's Healthcare
- The Martha J. Waller Trust

