


Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development

Sponsored By:

California School-Based Health Alliance, UCLA Integrated Substance Abuse Programs,
and the Pacific Southwest Addiction Technology Transfer Center



<p>Date and Time:</p>	<p>Tuesday, May 18, 2021; 9:00 am–12:30 pm The training will begin promptly at 9:00am. Please try to log in 10-15 minutes prior to the training to ensure your audio and visual connections are working properly.</p>
<p>Camera and audio use Required for this training</p>	<div style="text-align: center;">  <p>In order to participate in this training you must be on camera and audio! This is an interactive, clinical skills training with person-to-person interaction.</p> <p>Being on camera and audio is mandatory (computer, phone, or tablet).</p> </div>
<p>Registration Information:</p>	<p style="text-align: center;">Pre-Registration is required!</p> <p>Register online at : https://ucla.zoom.us/meeting/register/tJMpcu6oqz8rGdEVQmQc1VfVGqYmCSiVT8GZ <i>**You will receive a confirmation email with a unique Zoom link upon registration. Please do not share your unique Zoom link.</i></p>
<p>Speaker:</p>	<p>James Peck, PsyD, UCLA Integrated Substance Abuse Programs</p>
<p>Who Should Attend:</p>	<p>This three-hour live virtual training is free and is open to staff who are interested in learning more about Motivational Interviewing, including:</p> <ul style="list-style-type: none"> • Psychologists • LMFTs and LCSWs • Registered Nurses • Certified Substance Use Disorder Treatment Counselors • Other Behavioral Health Specialists/Clinicians • Clinical Supervisors/Clinical Trainers are encouraged to attend
<p>Training Description:</p>	<p>Motivational interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential MI Skill Development training will focus on helping clients to engage in change talk, and then make commitments to make behavioral changes based on goals that they have identified. Ample time will be devoted to role play practice to enable participants to gain skills necessary to elicit change talk from clients with low levels of readiness for change, thereby increasing levels of motivation and moving them toward action to address their substance use issues.</p>

<p>Educational Objectives:</p>	<p>At the end of this training, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify at least three (3) components of the Spirit of Motivational Interviewing. 2. Distinguish at least two (2) ways that Motivational Interviewing is different from traditional medical approaches to counseling clients with substance use problems. 3. Propose at least two (2) principles of Motivational Interviewing. 4. Explain at least two (2) reasons why active listening is important before problem-solving solutions for the client. 5. Analyze at least three (3) of the MI micro-skills and explain how they can enhance a conversation about behavior change.
<p>Continuing Education:</p>	<div data-bbox="349 394 532 558" data-label="Image"> </div> <p>The training course meets the qualifications for the provision of three (3.0) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.</p> <p>UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for three (3.0) hours of continuing education credits for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1121), CATCs (ACCBC/CAADE, #CP40 872 C 0822), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for three (3.0) contact hours.</p> <p>Partial credit will not be available for those participants who arrive late or leave early.</p> <p>Continuing education credit will be awarded within 6-8 weeks following completion of the training.</p> <p>Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).</p>

****This is an interactive training - all participants are expected to be on camera and audio!
If you do not have the ability to be on camera/audio during the training you will not be able to participate****

Please contact Victoria Norith by phone (310) 267-5408 or e-mail at vnorith@mednet.ucla.edu if you have questions, concerns, special needs, or require additional information before registering for this training.

Refund/Cancellation Policy: Notice of cancellation must be made at least 48 hours in advance of the training by contacting contact Victoria Norith by email at vnorith@mednet.ucla.edu . You can also cancel directly via zoom.



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Victoria Norith at (310) 267-5408, vnorith@mednet.ucla.edu by May 11, 2021.