SBHCs
(School-Based Health Centers)
101

CALIFORNIA
SCHOOL-BASED
HEALTH ALLIANCE
Putting Health Care Where Kids Are
The California School-Based Health Alliance is the statewide non-profit organization dedicated to **improving the health & academic success** of children & youth by **advancing health services in schools**.

**Learn more:**
[schoolhealthcenters.org](http://schoolhealthcenters.org)
Become a member, get exclusive benefits

- Conference registration discount
- Tools & resources
- Technical assistance

Sign up today: bit.ly/CSHAmembership
WORKSHOP OBJECTIVE

Provide attendees with the tools to launch the first steps in SBHC planning process
WHAT IS A SCHOOL-BASED HEALTH CENTER?

- Delivers primary medical care PLUS other services
- Located on or near a school campus
- Serves students and sometimes siblings, family members, and the community
- Promotes school-wide health
SCHOOL-BASED HEALTH CENTERS AND GROWING

293
### What Services Are Provided?

<table>
<thead>
<tr>
<th>Service</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical</td>
<td>85%</td>
</tr>
<tr>
<td>Mental Health</td>
<td>70%</td>
</tr>
<tr>
<td>Dental Prevention</td>
<td>65%</td>
</tr>
<tr>
<td>Reproductive Health</td>
<td>60%</td>
</tr>
<tr>
<td>Youth Engagement</td>
<td>51%</td>
</tr>
<tr>
<td>Dental Treatment</td>
<td>35%</td>
</tr>
</tbody>
</table>
WHO IS SERVED?

83% of SBHCs serve broader community

17% of SBHCs serve students only

School Levels Served

- High School: 47%
- Elementary School: 26%
- Mobile/School-linked: 16%
- Middle School: 11%
WHO RUNS SCHOOL-BASED HEALTH CENTERS?

- School Districts: 29%
- Community Health Centers: 55%
- Other (e.g. Hospital, Health Dept.): 16%
School-Based Health Centers Are a Proven Approach to Health & Education Equity

- **EASY & SAFE ACCESS**: Meet students where they are—in school
- **INTEGRATED HEALTH CARE**: Coordination between school and community health care providers
- **WHOLE CHILD APPROACH**: Physical + Mental + Social Emotional Health
SBHC IMPACT

● Increased seat time, decreased absenteeism $^{1,2}$
● Increased access to health care $^{3,4,5,6,7,8}$
● 10-21x more likely to use MH services at SBHC$^2$
● Reduced ED utilization for asthma $^9$
● Increased school connectedness $^{10,11,12}$
● Reduced risky behaviors esp. LGBTQ youth $^{13,14}$
An example of SBHCs in action
MORE THAN HEALTH CARE – ITS PUBLIC HEALTH

SBHCs can sometimes see 90%+ of the student body

Ongoing & Mass Screening for medical home, insurance, vaccines, legal needs, STIs etc.

Holiday Food, Clothing & School Supply Giveaways

Health Fairs & Wellness Campaigns

Staff Wellness Activities

PBIS & COST Support

PD For Staff & Teachers
Youth Engagement Models

- Peer Health Educators
- Youth Advocacy Projects
- Research Teams (CBPR)
- Youth Advisory Boards
- Health Career Pipeline Projects
• The best SBHCs are a result of a strong link between the school district and clinic provider. Other beneficial partners can include:
  • Community-based organizations
  • Municipalities
  • County public health departments
  • Mental health providers
• SBHCs work best when well integrated into the school environment
Communication:
• Have a strong MOU!
• Monthly partner meeting
• Weekly Coordination of Services Team (COST) meetings
• Teacher/staff outreach & PD

Student Access:
• Get consents at registration!
• Plan on how students access services

Plus Tb tests for teachers/staff
How SBHCs Are Financed

- **Reimbursement** through Medi-Cal, health plans, Family PACT, Child Health and Disability Prevention Program (CHDP), and contracts for mental health services
- **School district contributions** and in-kind support of space, nurses, utilities, and custodial services
- **Sponsoring agency contributions** or subsidies
- Government and private grants
HOW ARE FACILITIES FINANCED?

While some facilities require substantial investment, some are more affordable. Services can be housed in:

- converted classrooms
- on-site portables
- mobile vans

Facility funding options:

- school modernization or construction grants
- local bond measures
- federal & foundation grants
Opportunities to Leverage New State Funding for SBHCs

- **Student Behavioral Health Incentive Program**
  - $400 million
  - Incentive program through health plans

- **Community Schools Partnership Program**
  - $2.6 billion
  - to start and expand community Schools

- **Behavioral Health Infrastructure Grants**
  - $310 million
  - capital projects to address child and youth BH infrastructure

- **School-Linked Behavioral Health Partnerships**
  - $500 million
  - competitive grants to build partnerships and network for providers
First Steps

Use the [Student Health Index](#) to identify schools in your region

Download [Vision to Reality](#) - updated version coming soon

Start planning your SBHC

- Form a planning committee
- Conduct a needs assessment
- Identify potential partners
- Brainstorm facility funding sources
CSHA is here for you!

Tour a SBHC in your region
(Or watch virtual tours from across the state)

Explore our resources on funding, sustainability, start-up, outreach and more

Become a member of CSHA
Citations