

# SBHCs

(School-Based Health Centers)

# 101



**CALIFORNIA**

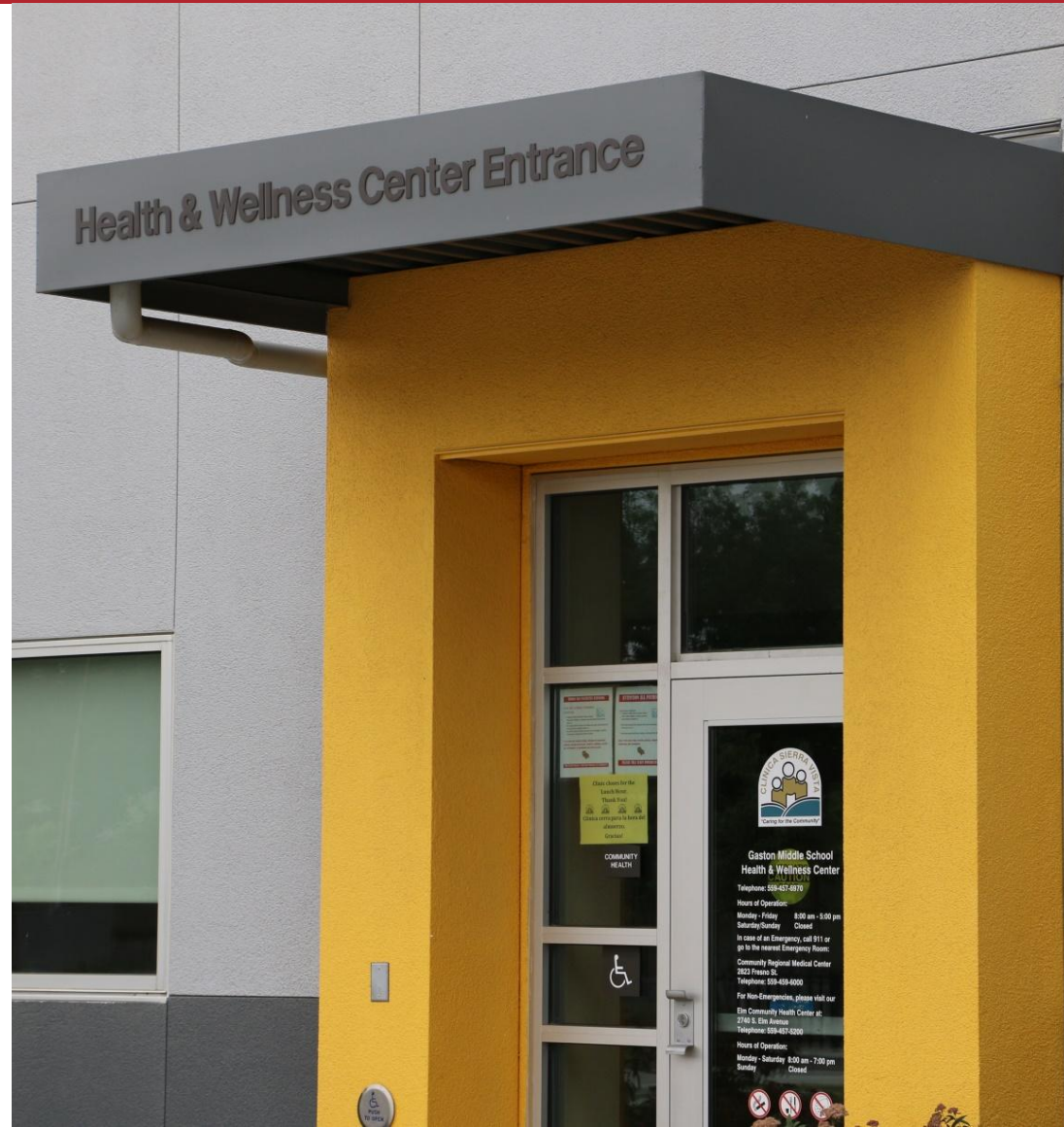
**SCHOOL-BASED  
HEALTH ALLIANCE**

Putting Health Care Where Kids Are

# Putting Health Care in Schools

The California School-Based Health Alliance is the statewide non-profit organization dedicated to **improving the health & academic success** of children & youth by **advancing health services in schools**.

Learn more:  
[schoolhealthcenters.org](http://schoolhealthcenters.org)



# Become a member, get exclusive benefits

- Conference registration discount
- Tools & resources
- Technical assistance

Sign up today:  
[bit.ly/CSHAMembership](https://bit.ly/CSHAMembership)





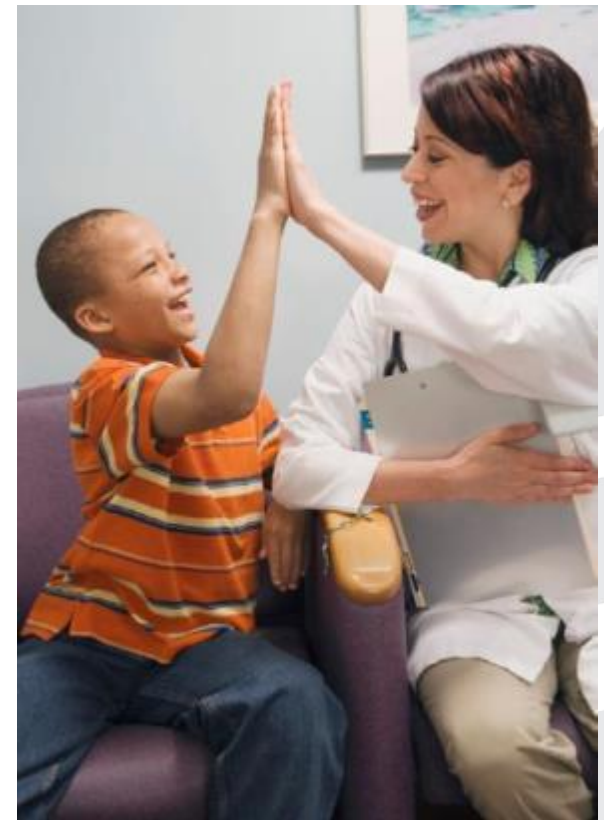
# WORKSHOP OBJECTIVE

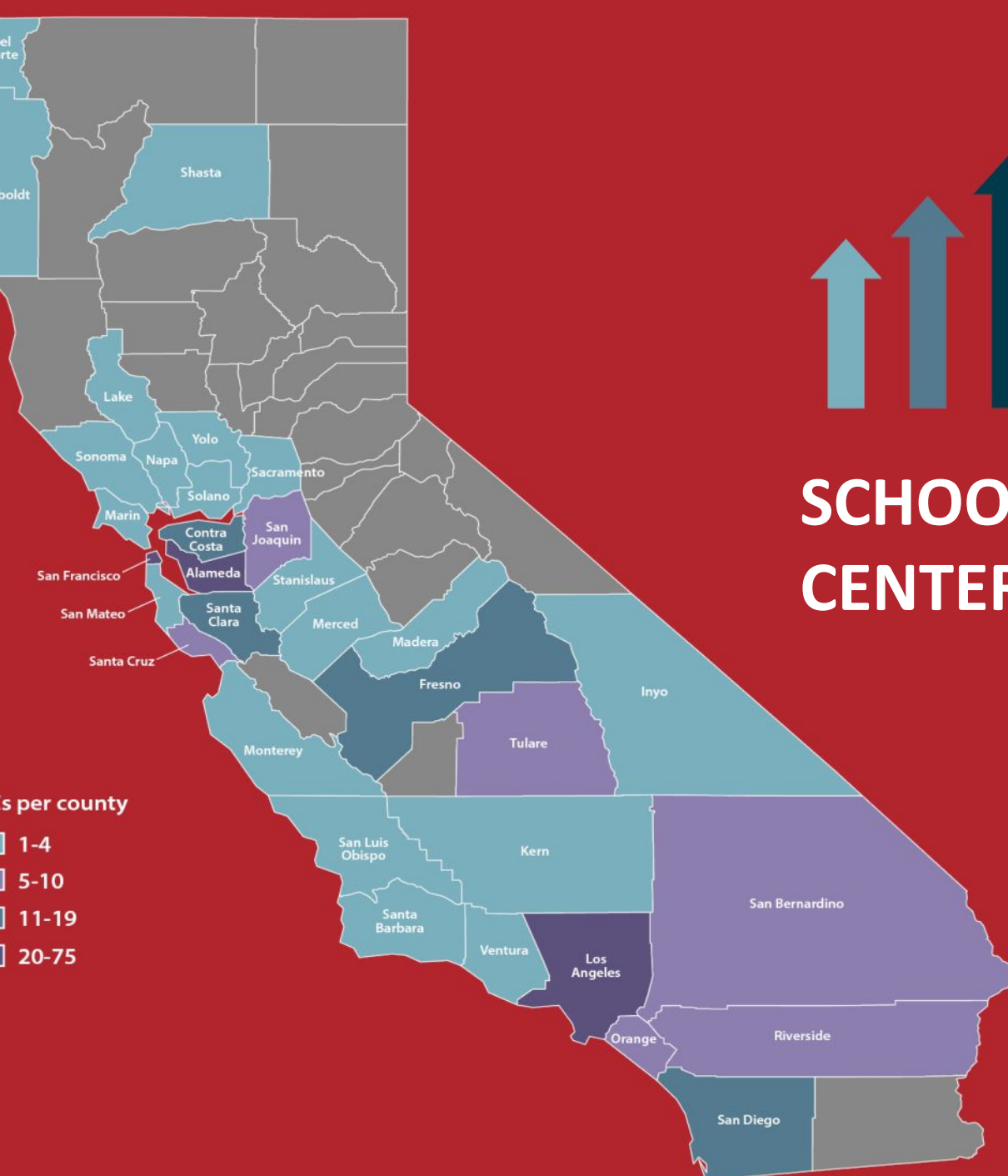
Provide attendees with the tools to launch the first steps in SBHC planning process



# WHAT IS A SCHOOL-BASED HEALTH CENTER?

- **Delivers primary medical care PLUS other services**
- **Located on or near a school campus**
- **Serves students** and sometimes siblings, family members, and the community
- **Promotes school-wide health**





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## SCHOOL-BASED HEALTH CENTERS AND GROWING

Centers per county

- 1-4
- 5-10
- 11-19
- 20-75

# WHAT SERVICES ARE PROVIDED?

**Medical** 85%

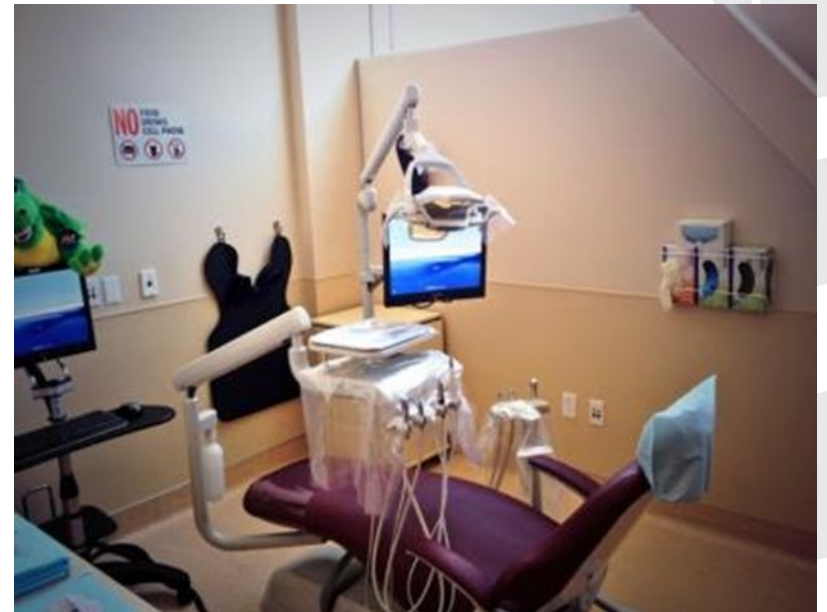
**Mental Health** 70%

**Dental Prevention** 65%

**Reproductive Health** 60%

**Youth Engagement** 51%

**Dental Treatment** 35%



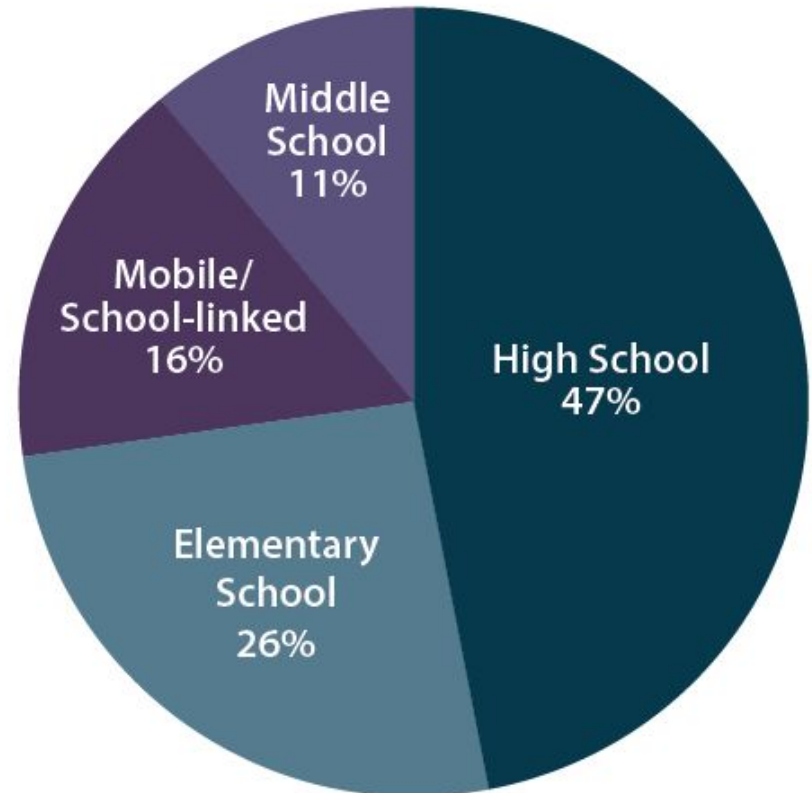
# WHO IS SERVED?



**83%** of SBHCs serve broader community

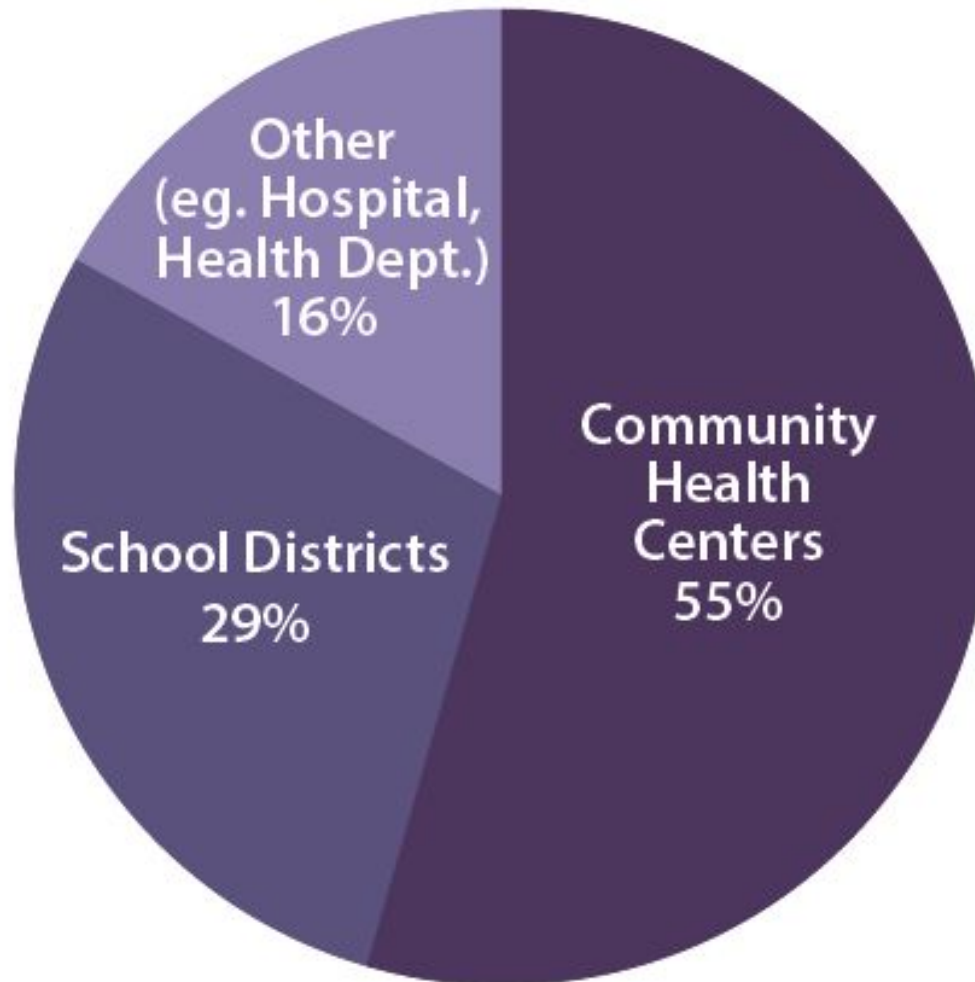
**17%** of SBHCs serve students only

## School Levels Served





# WHO RUNS SCHOOL-BASED HEALTH CENTERS?



# School-Based Health Centers Are a Proven Approach to Health & Education Equity



## **EASY & SAFE ACCESS**

Meet students where they are—  
in school



## **INTEGRATED HEALTH CARE**

Coordination between  
school and community  
health care providers



## **WHOLE CHILD APPROACH**

Physical + Mental  
+ Social Emotional  
Health

# SBHC IMPACT

- Increased seat time, decreased absenteeism <sup>1,2</sup>
- Increased access to health care <sup>3,4,5,6,7,8</sup>
- 10-21x more likely to use MH services at SBHC<sup>2</sup>
- Reduced ED utilization for asthma <sup>9</sup>
- Increased school connectedness <sup>10,11,12</sup>
- Reduced risky behaviors esp. LGBTQ youth <sup>13,14</sup>



# An example of SBHCs in action



# MORE THAN HEALTH CARE – ITS PUBLIC HEALTH

SBHCs can sometimes see 90%+ of the student body

Ongoing & Mass Screening for medical home,  
insurance, vaccines, legal needs, STIs etc.

Holiday Food, Clothing & School Supply Giveaways

Health Fairs & Wellness Campaigns

Staff Wellness Activities

PBIS & COST Support

PD For Staff & Teachers



# Youth Engagement Models

- Peer Health Educators
- Youth Advocacy Projects
- Research Teams (CBPR)
- Youth Advisory Boards
- Health Career Pipeline Projects



# SBHCS THRIVE ON PARTNERSHIPS

- The best SBHCs are a result of a strong link between the school district and clinic provider. Other beneficial partners can include:
  - Community-based organizations
  - Municipalities
  - County public health departments
  - Mental health providers
- SBHCs work best when well integrated into the school environment



# Best Practices in Coordination

## Communication:

- Have a strong MOU!
- Monthly partner meeting
- Weekly Coordination of Services Team (COST) meetings
- Teacher/staff outreach & PD

## Student Access:

- Get consents at registration!
- Plan on how students access services

Plus Tb tests for teachers/staff



# How SBHCs Are Financed



- **Reimbursement** through Medi-Cal, health plans, Family PACT, Child Health and Disability Prevention Program (CHDP), and contracts for mental health services
- **School district contributions** and in-kind support of space, nurses, utilities, and custodial services
- **Sponsoring agency contributions** or subsidies
- **Government and private grants**

# HOW ARE FACILITIES FINANCED?

While some facilities require substantial investment, some are more affordable. Services can be housed in:

- converted classrooms
- on-site portables
- mobile vans

Facility funding options:

- school modernization or construction grants
- local bond measures
- federal & foundation grants



# Opportunities to Leverage New State Funding for SBHCs

## Student Behavioral Health Incentive Program

- \$400 million
- Incentive program through health plans

## Community Schools Partnership Program

- \$2.6 billion
- to start and expand community Schools

## Behavioral Health Infrastructure Grants

- \$310 million
- capital projects to address child and youth BH infrastructure

## School-Linked Behavioral Health Partnerships

- \$500 million
- competitive grants to build partnerships and network for providers



# First Steps



Use the [Student Health Index](#) to identify schools in your region



Download [Vision to Reality](#) - *updated version coming soon*



## Start planning your SBHC

- Form a planning committee
- Conduct a needs assessment
- Identify potential partners
- Brainstorm facility funding sources

# CSHA is here for you!

Tour a SBHC in your region  
(Or [watch virtual tours](#) from across the state)

Explore our resources on funding, sustainability, start-up, outreach and more

Become a [member](#) of CSHA



# STAY CONNECTED

 [schoolhealthcenters.org](http://schoolhealthcenters.org)

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 [schoolhealthcenters](https://www.facebook.com/schoolhealthcenters)

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Gracias

謝謝

Thank you

Cảm ơn

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