

# Children and Youth Behavioral Health Initiative

Presentation and Listening Session with the California School-Based Health Alliance

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Office of the California  
Surgeon General  
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# Today's discussion



## Objectives

- ✓ Share how California plans to reimagine behavioral health for all children, youth, and families
- ✓ Introduce key components of the Children and Youth Behavioral Health Initiative
- ✓ Listening Session

# Overview of CYBHI

# Overview of the Children and Youth Behavioral Health Initiative



The goal of the **Children and Youth Behavioral Health Initiative** is to **reimagine** the way behavioral health support is provided to **all children and youth in California**, by **aligning the systems that support behavioral health** for children and youth to create **an ecosystem that fosters social and emotional well-being and addresses the behavioral health challenges** facing children and youth

The initiative takes a **whole system approach** by creating **cross-system partnerships** to ensure that the **reimagined ecosystem is child and youth-centered and equity-focused**

# How California plans to redesign and reimagine the system



Focus on the entire continuum of care



Increase system capacity



Center on the experiences and needs of children and youth



Address stigma



Catalyst for system redesign within and across sectors

# Phases of the Children and Youth Behavioral Health Initiative

What is our vision?

## 1 Set goals and stand-up infrastructure

Setting overall vision, initiative-level goals, and standing up performance infrastructure

How do we get there?

## 2 Develop detailed plans & design the future state

Developing a robust and detailed plan, with clear accountability for design and delivery; sourcing ideas and designing the future state

Let's make it happen!

## 3 Deliver and accelerate impact

Launching a full-scale effort to drive, accelerate, and sustain impact

Source: Reviews of large-scale transformation efforts in other states / countries; California Health and Human Services Agency

# CYBHI stakeholder engagement activities by stakeholder group

**Future activities** (June '22 and beyond) to be refined

**Near term activities** (Through May '22)

**Children, youth, and families**



Focus groups on CYBHI outcomes  
Initial focus groups and interviews on workstreams

Surveys, interviews, focus groups, design sessions, and ongoing engagement opportunities on initiative-level topics and workstreams

**Cross sector and inter-agency partners**



Discussions with existing groups on outcomes  
Targeted engagement on initiative-level topics  
Engagement forums (e.g., think tank, listening tours) on workstreams

Targeted engagement on initiative-level topics  
Engagement forums on workstreams

**Community partners on the ground and in the field**



Regular updates and opportunity to submit e-mail input

Listening sessions on outcomes (through end of summer 2022) and initiative-level topics  
Website updates and opportunities to comment

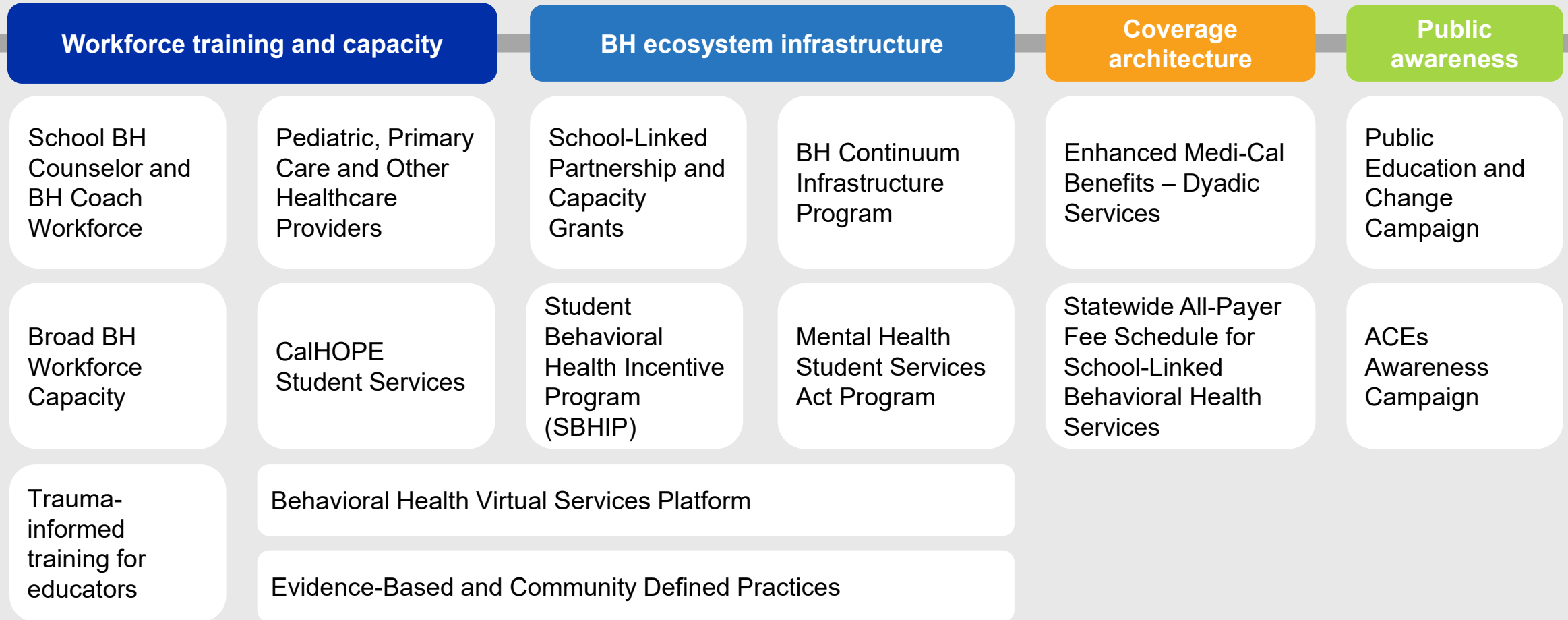
Source: California Health and Human Services Agency



# School-Based Health Focus areas and components of CYBHI



# Initial focus areas and workstreams for the Children and Youth Behavioral Health Initiative



# Overview of Children and Youth Behavioral Health Initiative Workstreams

As of April 6, 2022

## Children and Youth Behavioral Health Initiative (CYBHI) Leadership

DHCS		HCAI	DHCS / DMHC	CDPH	OSG	MHSOAC
BH Services Virtual Services Platform	Student Behavioral Health Incentive Program (SBHIP)	BH Coach Workforce	Statewide All-Payer Fee Schedule for School-Linked BH Services	Public Education and Change Campaign	ACEs Awareness Campaign	Mental Health Student Services Act (MHSSA) Program*
CBO Network	School-Linked Partnership and Capacity Grants					
Pediatric, Primary Care and Other Health Care Providers	CalHOPE Student Services	Broad BH Workforce Capacity			Trauma-Informed Training for Educators	
E-Consult	BH Continuum Infrastructure Program (Initiative Only)					
Enhanced Medi-Cal Benefits – Dyadic Services	Evidence-Based and Community-Defined Practices					

\* MHSOAC will provide workstream updates for this program

Source: California Health and Human Services Agency, DHCS, DMHC, HCAI, CDPH, OSG



# DHCS: Behavioral Health Virtual Services Platform

## Workstream Description

- DHCS will procure a business services vendor to launch a Behavioral Health Virtual Services Platform for all children, youth and families in California regardless of payer
- The platform will support delivery of equitable, appropriate, and timely behavioral health services and supports from prevention to treatment to recovery
- The platform will also offer a E-Consult functionality for pediatric and primary care providers to consult with BH providers
- Seeks to drive adoption of the platform by diverse children, youth and families statewide



## Potential Capabilities

- Interactive educational resources, tools, and games
- Behavioral health screenings
- Short-term counseling / Peer and coaching supports
- Access to BH peer, coaches, and licensed providers
- Built-in CBO network
- Referrals / Warm hand-offs
- E-consult

## Ongoing Activities

- Engaging experts and stakeholders to identify and operationalize the features of the platform
- Conducting landscape analysis and market scan to identify potential capabilities, understand interdependencies (e.g., data sharing), and determine opportunities (e.g., CalHOPE) for collaboration, as well as lessons learned

## Milestones



**2024**

- January – Platform launch

# DHCS: Scaling Evidence-Based and Community-Defined Practices

## Workstream Description

- With input from stakeholders, DHCS will select a limited number of evidence-based practices (EBPs) and/or community-defined promising practices (CDPPs) to scale throughout the state based on robust evidence for effectiveness, impact on racial equity, and sustainability
- Grants will be administered through a third-party grant administrator and grantees required to share standardized data in a statewide BH dashboard



## Ongoing Activities

- Engaging experts and stakeholders to solicit input on the selection of EBPs and CDPPs for scaling and synthesize evidence of impact to inform prioritization of practices for scaling
- Developing a project plan for the launch of grant applications and disbursement of funds in 2022-23

## Milestones



**2022**

- September-December – Release grant funding opportunity and open application period

# DHCS: School-Linked Partnership and Capacity Grants

## Workstream Description

- Seeks to provide direct grants to support new services to individuals 25 years of age and younger from schools, providers in school, school-affiliated CBOs, or school-based health centers
- Will support statewide school-linked fee schedule and BH network of providers



## Potential Ways to Use Funding

- Administrative costs
- Linking plans, counties & school districts with local social services & CBOs
- Incentives for hiring BH school workforce
- Implementing telehealth & virtual systems
- Implementing IT investments to connect plans to BH services
- Flexible funding to address student needs identified by teachers, staff, students, & families

## Ongoing Activities

- Engaging experts and stakeholders to identify to solicit input on capacity gaps and needs
- Developing a project plan for the launch of grant applications and disbursement of funds in 2022-23
- Conducting landscape analysis of existing, related State efforts (e.g., school-based health incentives programs)

## Milestones



**2022**

- September-December – Release grant funding opportunity and open application period

# DHCS / DMHC: Statewide All-Payer Fee Schedule for School-Linked BH Services

## Workstream Description

- DHCS, in collaboration with DMHC, seeks to develop and maintain a school-linked statewide fee schedule for outpatient mental health and substance use disorder services provided for a student (25 years or younger) at or near a school-site
- Build a statewide school-linked provider network of (at or near) school-site BH counselors



## Ongoing Activities

- Convene meetings to gather initial inputs from Medi-Cal managed care plans, commercial plans, county behavioral health departments, and other stakeholders
- Develop a comprehensive list of questions and areas of concerns for plans to be addressed in guidance from DHCS, DMHC and CDI
- Determine scope of services to be provided at schools and reimbursement amounts in the statewide fee schedule

## Milestones



### 2023

- Issue initial guidance and publish fee schedule

### 2024

- Implement BH network and fee structure
- Begin enforcement of guidance for commercial plans

# DHCS CYBHI Contact

## Welcome All Feedback



### Provide Feedback

To provide comments, make recommendations, or obtain additional information, please contact

DHCS at [CYBHI@dhcs.ca.gov](mailto:CYBHI@dhcs.ca.gov)

### Learn More

For more information about the CYBHI, visit the [CalHHS website](#)