

Get Yourself Tested GYT 2014 – Sample Clinic Flow

8th-12th grade

Materials:

Waiting room/front desk: sign-in sheet (class lists), assessment forms, pens, goodie bags, fee tickets

Providers: urine specimen cups, brown paper bags, orasure test kits, testing logs, candy, Physical Exam packets, watch

Waiting Room:

Students sign in on class list. Front Desk staff prints stickers and attaches fee ticket.

Meanwhile, student receives a clip board with brief assessment form and fills it out. If chart is missing any registration forms, student fills those out.

Any student who has not yet filled out registration paperwork, fills out and hands HSS completed registration packet. Front Desk staff completes registration and signs patients up for FPACT (ideally right then – if not, after reg drive).

NP Students in Private Space (offices, exam rooms)

3-5-min appt , using the back of the patient assessment form to chart. The goal of the appt is to make the clinic feel accessible to the student and assess for any reason the patient should follow up for a full appt. It is a clinical screening opportunity and not a comprehensive assessment

- 1) Pregnancy prevention
 - a. Support for and normalizing decision to postpone sex for students that are not sexually active.... And encourage condoms and ECP if abstinence fails.
 - b. For younger students (8th graders) and students not sexually active, bring up puberty/menstruation/hygiene and assess if they would benefit from f/up appt with NP.
 - c. Offer follow up appt if interested in/questions about/wants to change birth control.
 - d. Offer appt TODAY if needs Emergency Contraception Pill and tell front desk. Student will see NP in afternoon if urgent. For females, if LSI (last sexual intercourse) was unprotected and less than 5 days ago they are candidate for ECP today. Pregnancy testing for LSI >5 days ago is not urgent.
- 2) Identify need for primary care
 - a. If no Physical Exam (PE) in 1-2 years recommend f/up appt for PE with PCP or here.
 - b. If no HPV series completed, recommend f/up appt with PCP or here.
 - c. Give parent consent packet and instruct that we will make appt once packet returned. Primary care is available here, regardless of insurance, residency, etc. It is free.
- 3) Identify need for behavioral care
 - a. Any red flags make appt with therapist for follow-up
- 4) STI testing
 - a. Offer GC/CT and HIV screenings. Recommend test once/year and more often if new partner, non-monogamous relationship, hx of STI, or symptoms. Remind students that it is confidential, easy, and free. Urine is used only for GC/CT- we don't do drug testing in our clinic! Use opt-out language to normalize testing.
 - i. HIV: Fill out orasure lab slip and start orasure test. Set a timer for 3 minutes. Review patient with preceptor while patient has swab in mouth for 3 minutes. Its ok to leave swab in for more than 3 min. Offer sugar free candy after test- it leaves a salty taste in mouth.

- ii. At end of mini-appt, encourage all patients to test for GC/CT. Put name sticker on specimen container and 2 additional stickers inside brown bag. Ask patient to take urine specimen container into bathroom and place it in paper bag on cart after- even if they chose not to give a specimen. It is practice for what they would do if they wanted to test in the future and makes it more comfortable for others to test.
 - b. Encourage barrier method(s) if sexually active or interested.
 - c. Refer for NP f/up if genitourinary symptoms.
- 5) Instruct student to return to waiting area after they deposit urine specimen. They will go to dental screening if they haven't done it already. If they have visited NP and dentist they will receive a goodie bag (high school version: condoms, lube, stress ball, and granola bar; 8th grade version: stress ball and hygiene kit). Front desk will give a pass to return to class.
- 6) Go to front desk to get your next patient.