## **TeenSource+ Programs**

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### Mission

Essential Access Health champions and promotes quality sexual and reproductive health care for all

We achieve our mission through a wide range of programs and services including clinic support initiatives, provider trainings, advanced clinical research, advocacy + consumer awareness. Essential Access leads the Title X federal family planning program in California and Hawai'i.



### **TeenSource+**

TeenSource+ partners with youth and youth allies to:

- Educate young people about sexual + reproductive health, the free and confidential services available to them, and their right to access care, take ownership of their health, and build healthy relationships;
- Engage young people in conversations about sexual and reproductive health topics that are important to them and elevate their voices and experiences in TeenSource+ content and programming;
- Empower young people to make informed decisions about their sexual and reproductive health and advocate for themselves and others; and
- Envision and shape the future of a more diverse, inclusive, and community-centered sexual and reproductive health workforce and health care delivery system.

# **Telehealth Survey**



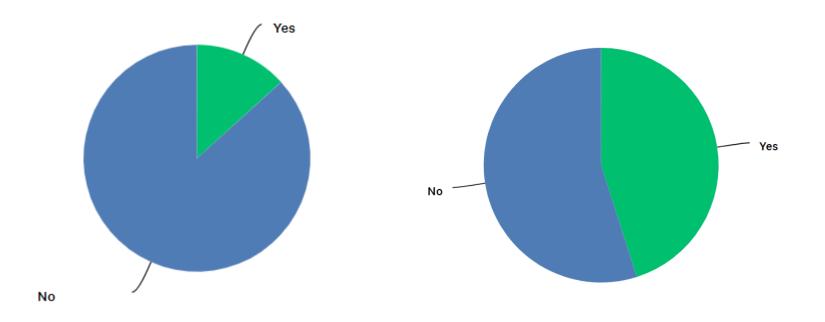
## **Teen Telehealth Surveys**

- Survey conducted from June- September 2020. Received 400 responses from teens throughout CA
- Survey repeated September 2021-March 2022. Received almost 400 responses from teens throughout CA.
- Responses were collected by sharing survey with partners and via TeenSource Instagram



### **Experience with Telehealth Increased**

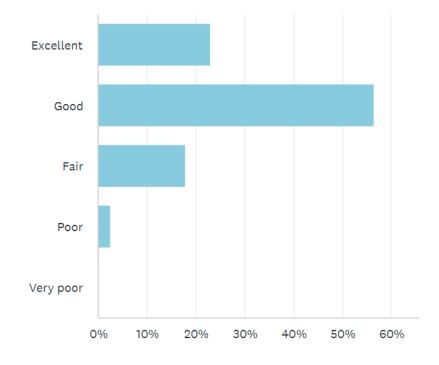
Percent of respondents who had ever had a telehealth visit increased 239% From 13% to 45%

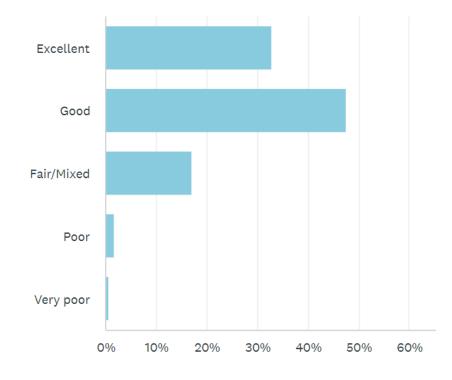




### Overall experience using telehealth remained relatively the same but overall positive

The percent of respondents who rated their experience as excellent or good decreased 1% from 82% to 81%

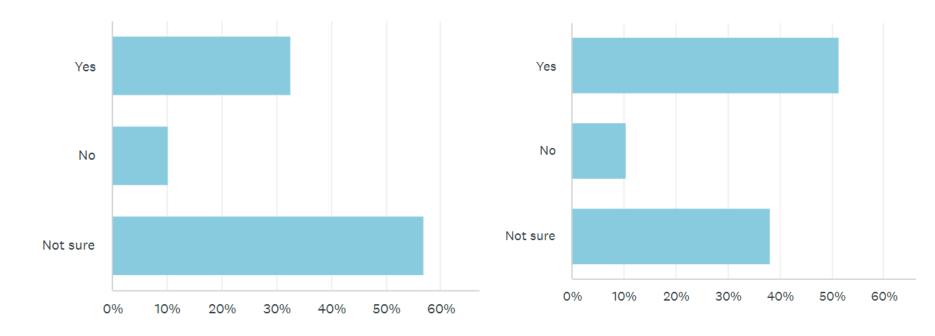






### **Understanding of telehealth increased**

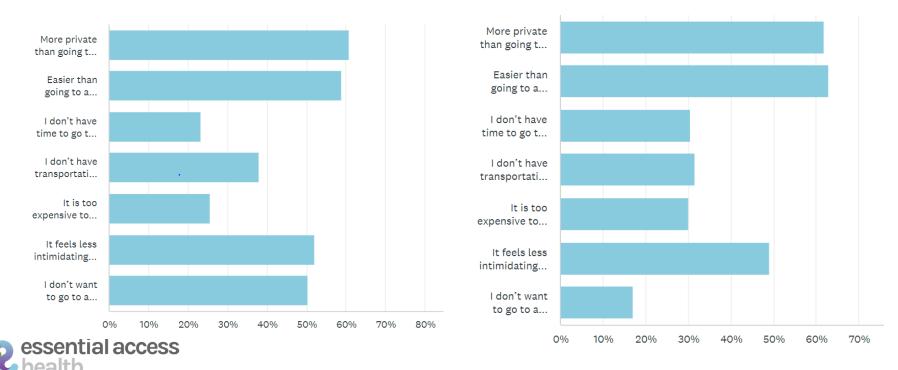
The percent of respondents who were unsure of their interest in telehealth in the future decreased 33% from 57% to 38%.



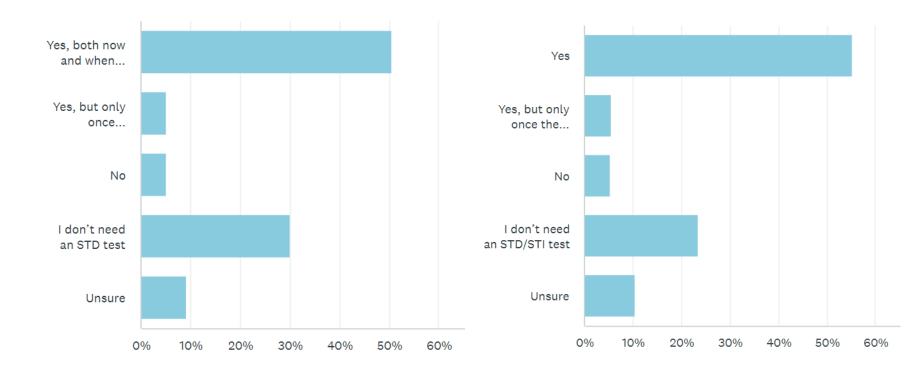


# The reasons for interest in telehealth remained relatively the same

The top reasons for interest in telehealth remained the same with more private, easier, and less intimidating than going to a clinic but not wanting to go to a clinic during the pandemic decreased 66% from 50% of respondents to 17% choosing this option



#### **Teens are still interested in home STI Test Kits**





## Key Takeaways

- Teens are interested in Telehealth
- Telehealth has the potential to increase teen access to sexual + reproductive health services
- The pandemic changed teen's interest in and experience with telehealth



# **Secret Shopper**



## **Overview**

- Secret shopper to evaluate sexual and reproductive health services for young people in South LA
- Examining:
  - Accessibility
  - Youth-friendliness
  - STI/HIV testing and prevention
  - Confidentiality and privacy
- Data collected will be used to provide clinics recommendations and resources
- Increase access to SRH services, improve health outcomes, and address structural barriers for youth and young adults in South LA



### **Methods/Procedure**

#### Before visit:

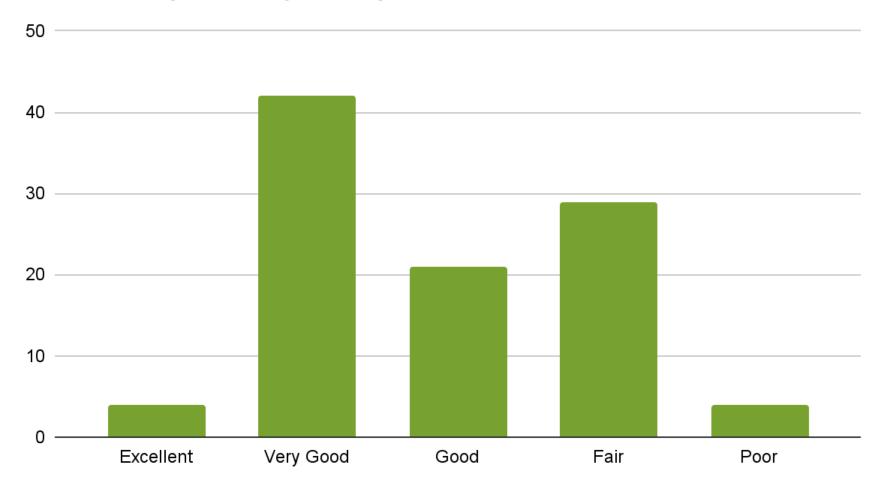
- Recruited youth evaluators age 16-22 to assess their experiences at clinic sites
- Youth evaluators received 9 hours of training

| Date  | Areas of Focus                              |
|-------|---|
| Day 1 | Intro to project, SRH 101, Quality care 101 |
| Day 2 | Privacy and confidentiality, PrEP, EPT      |
| Day 3 | Data collection, shopping procedure         |



## **Overall Visit Experience**

How would you rate your experience at this clinic?



## Results

- 8 youth evaluators conducted 27 clinic visits at 14 clinic sites
- Findings indicate a need to improve the youth friendliness of SRH services
  - Recommendations
    - Increase accessibility of services
    - Emphasize confidentiality
    - Provide non-judgmental care
    - Demystify visit procedure
    - Actively involve youth in decision-making



## TeenSource





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SEARCH

THE BEST

FUK YUU

Enter Your Zip Code

MILES

5

tips

text teensource to 877877

info on sex, health and relationships

we'll text you info every wee standard rates appl

### FIND A CLINIC BIRTH CONTROL STDS RELATIONSHIPS BLOGS KNOW YOUR RIGHTS

IN THE KNOW

#### View

#### Revisions



Edit

Delete

#### Protect your dreams with the HPV vaccine!

#### 1/19/21

HPV, or the Human Papillomavirus, is the most common sexually transmitted disease (STD) in the United States. There are more than 150 strains of HPV -- some go away on their own, others can cause genital warts, and some even cause cancer.

#### **STD Testing**

#### 1/13/21

We always talk about how it's important to get tested for Sexually Transmitted Diseases (STDs) as an important way to own your sexual health! What does "getting tested" really mean?

VISIT BLOG

#### SIGN UP FOR TEENSOURCE TIPS

Mobile Number

Birth Year

Zip Code



Get weekly health + relationship text tips and search for clinics near you. Message & data rates may apply. Text STOP to end. Terms and Conditions Privacy Policy

## TeenSource.org

- Almost 1 million pageviews from almost 350,000 users annually
- Youth Generated Content
- BC, STDs, Healthy Relationships, Youth Rights
- TeenSource Tips sends weekly message to over 6,000 subscribers
- Condom Access Project distributes nearly 1,000,000 condoms annually
- Clinic Finder provides linkages to local clinics to over 33,000 people annually
- Social Media
  - Twitter: @teensource
  - Facebook: TeenSource
  - Instagram: TeenSourceOrg
  - TikTok: TeenSourceorg



# Thank you!

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