# Table of Contents

**Acknowledgements** .......................... 1

**Chapter 01: Overview** .......................... 3

- SCHOOL-BASED HEALTH AND WELLNESS CENTERS IN CALIFORNIA .......................... 3
- BENEFITS OF SCHOOL HEALTH CENTERS .................................. 3
- SCHOOL-BASED HEALTH CENTER MODELS .......................... 4
- WHO OPERATES SBHCS? .................................. 5
- SERVICES AND STAFFING .......................... 5
- HOW SCHOOL-BASED HEALTH CENTERS ARE FINANCED .................................. 5
- CORE COMPETENCIES AND GUIDING PRINCIPLES FOR SBHCS .................................. 6
- CDC FRAMEWORK FOR SCHOOL HEALTH .................................. 6
- COMMUNITY SCHOOLS .................................. 7

**Chapter 02: School-Based Health Center Planning** .......................... 9

- PLANNING AND RELATIONSHIP BUILDING .................................. 9
- WHO SHOULD BE INVOLVED .................................. 9
- CONDUCTING A NEEDS ASSESSMENT .................................. 11
- LONG-TERM COMMUNITY INVOLVEMENT .................................. 13

**Chapter 03: Youth Engagement** .......................... 15

- WHY YOUTH ENGAGEMENT IS IMPORTANT .................................. 15
- STRATEGIES FOR YOUTH ENGAGEMENT .................................. 15
- WHICH YOUTH TO ENGAGE? .................................. 16
- YOUTH-LED RESEARCH .................................. 16
- YOUTH-LED SERVICES .................................. 17
- YOUTH ADVOCACY .................................. 18
- YOUTH ADVISORY COMMITTEES .................................. 19
- SUSTAINING YOUTH ENGAGEMENT .................................. 19

**Chapter 04: Health Center Structure, Services, and Staffing** .......................... 21

- THE LEAD AGENCY .................................. 21
- SERVICES AND STAFFING .................................. 25

**Chapter 05: School-Based Health Center Funding** .......................... 31

- OVERVIEW OF REIMBURSEMENT PROGRAMS AND OPTIONS .................................. 31
- MEDI-CAL .................................. 32
- FAMILY PACT .................................. 36
- CHILD HEALTH AND DISABILITY PREVENTION (CHDP) .................................. 37
- PRIVATE INSURANCE .................................. 38
- GOOD PRACTICES TO MAXIMIZE THIRD-PARTY REIMBURSEMENT .................................. 39
- GRANT FUNDING .................................. 42
- FEDERAL GOVERNMENT .................................. 43
- STATE GOVERNMENT .................................. 43
- LOCAL GOVERNMENT .................................. 44
- FOUNDATIONS .................................. 44
- LOCAL FUNDERS AND COMMUNITY FOUNDATIONS .................................. 44
- HOSPITAL COMMUNITY BENEFITS .................................. 45
- OTHER SOURCES OF SUPPORT .................................. 45
- GRANT FUNDING LINKS AND RESOURCES .................................. 45

**Chapter 06: Licensing and Regulations** .......................... 47

- PRIMARY CARE LICENSING .................................. 47
- TYPES OF SCHOOL-BASED HEALTH CENTERS .................................. 47
- APPLYING FOR CLINIC LICENSURE .................................. 48
- MEDI-CAL CERTIFICATION .................................. 49
- OSHA .................................. 49
- LABORATORY REQUIREMENTS .................................. 50
- INSURANCE PROGRAM CERTIFICATION .................................. 50
- FAMILY PACT .................................. 51