

CENTRAL VALLEY SCHOOL-BASED HEALTH REGIONAL MEETING

September 29, 2023



Putting Health Care in Schools

The California School-Based Health Alliance is the statewide non-profit organization dedicated to **improving the health & academic success** of children & youth by **advancing health services in schools**.

Learn more:

schoolhealthcenters.org



AGENDA

- **Introductions**
 - **CSHA Updates**
 - **Medi-Cal Renewal**
 - **Networking**
 - **Closing & Lunch**
- 

INTRODUCTIONS

Name

Affiliation

Check-in Question: What do you hope to get from this coalition?



CSHA UPDATES & RESOURCES

Policy Updates

- AB 912 - Strategic Anti-Violence Funding Efforts (SAFE) Act
 - CSHA is co-sponsoring this legislation to fund grants for SBHCs
 - [Message the Governor](#) - we need your support to get AB 912 signed into law! Use our toolkit here: **<https://bit.ly/AB912NOW>**
- AB 599 - School Discipline Policies for Substance Use
 - Held back in the Senate Appropriations Committee
- AB 665 - Medi-Cal Minor Mental Health Consent
 - Awaiting the Governor's decision - this bill has strong opposition and needs support. You can send a letter from this link: **<https://bit.ly/AB665NOW>**
- SB 541 - Contraceptives in School
 - Awaiting the Governor's decision

MORE UPDATES:

Tool: New Funding Overview www.schoolhealthcenters.org/funding/sbhcs/

Opportunity for High School Youth Group

Training and support for Substance Use Advocacy Project
\$10,000 grant
Talk to us today!

Save the Date/s:

- **Youth2Youth Conference** November 17 in Madera - if you have a group of youth leaders, contact Tracy at tnguyen@schoolhealthcenters.org to register - ASAP, filling up!

2024 California School Health Conference

April 29-30, 2024
Santa Clara Convention Center



CALIFORNIA

**SCHOOL-BASED
HEALTH ALLIANCE**

Putting Health Care Where Kids Are

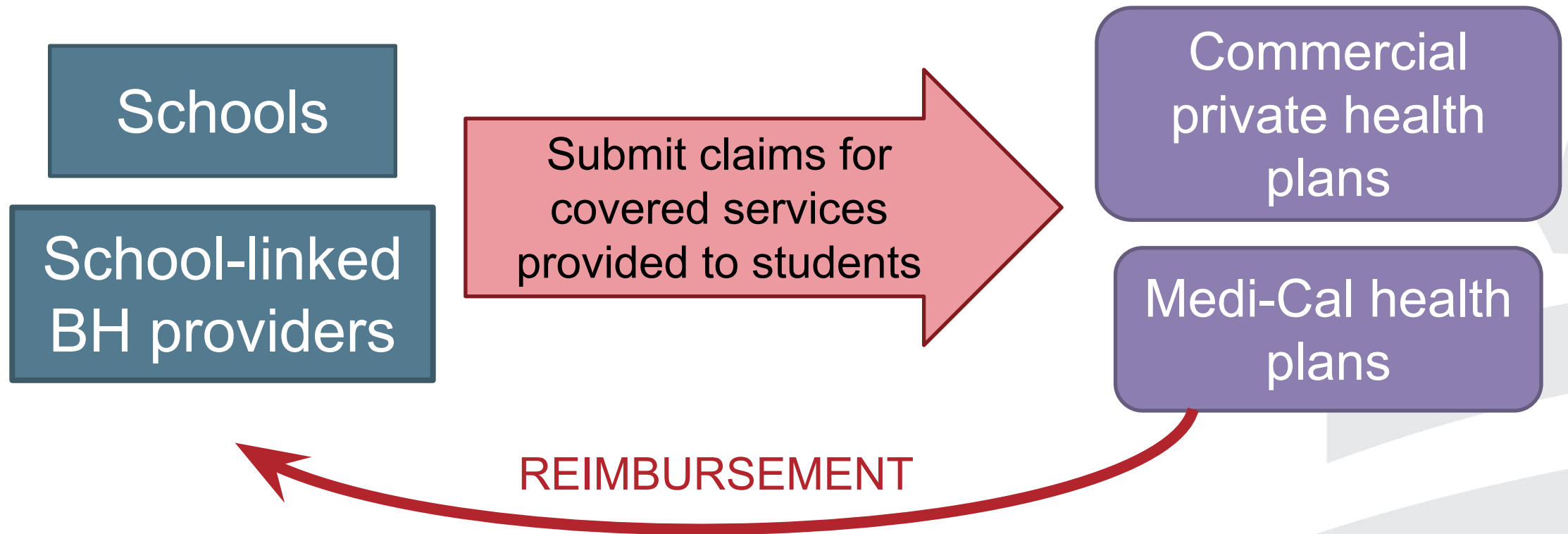
CHILDREN & YOUTH BEHAVIORAL HEALTH INITIATIVE (CYBHI)

- 5-year, \$4.7 billion investment
- 14 different workstreams
- Focus is on behavioral health care, but broadens the scope of what these services can look like and who provides them.



STATEWIDE MULTI-PAYER FEE SCHEDULE

- Establishes a set of school-based behavioral health services that all health plans must reimburse for.



STATEWIDE MULTI-PAYER FEE SCHEDULE


Potential Scope of Services

Category	Service	Category	Service
Psycho-education	Family-based behavioral health education	Treatment	Evidence-based therapy, CBT
	Individual preventative wellness and skill-building		Family therapy
	Group / individual peer services		Group therapy
	Group wellness education and skill-building		Individual therapy
	Health education by Community Health Workers		Crisis intervention ¹
	Health education by Wellness Coaches*		SUD – Group counseling
	Pre-clinical SUD intervention counseling		SUD – Individual counseling
	Student discussion/ support groups		SUD – intervention
Screenings and assessments	Screenings (initial)	Care coordination	SUD – Crisis intervention
	Screenings (secondary)		Case consultation
	SUD screenings		Case management ²
	Brief interventions (SUD)		SUD – physician consultation
	Assessments		


STATEWIDE MULTI-PAYER FEE SCHEDULE

CYBHI Fee Schedule: An Introduction benefit LEAs?


Permanent & sustainable funding source for school-linked behavioral health services



Increases access to school-linked behavioral health services



Eases administrative complexities for LEAs by streamlining processes and requirements



Applies to multiple payers

Sample fee schedule* - illustrative example only

DHCS planning to publish preliminary list of codes in the coming weeks; Rates will be shared publicly by November 2023

NOT EXHAUSTIVE

For every service included on the fee schedule and provided to a student by a qualified practitioner, the LEA, or the LEA's affiliated provider, can submit a claim for reimbursement and receive 100% of the rate published on the fee schedule


Code	Service Description	FFS Rate	Qualified Practitioners
90834	Psychotherapy - 45 minutes, individual	\$67.16	Credentialed (PPS) School Psychologist Credentialed (PPS) School Social Worker Licensed Clinical Social Worker Licensed Marriage & Family Therapist Licensed Professional Clinical Counselor Licensed Psychologist/ Educational Psychologist Licensed Psychiatrist Associate Marriage & Family Therapist ** Associate Social Worker** Associate Professional Clinical Counselor**

*The CYBHI fee schedule will include services related to psychoeducation, screenings and assessments, therapy, and care coordination

** Within scope of practice and under supervision of a licensed practitioner

Source: Fee schedule video ([link](#))

TIMELINE - FEE SCHEDULE

	2024		2025 
<i>Preliminary, non-exhaustive</i>	Jan Phase 1 – Early Adopters <i>Optimize learnings through diverse partners</i>	~July Phase 2 – Select Expansion	~Jan onwards Phase 3-Rolling Opt-In
Cohort Participants <i>All proposed cohorts include associated commercial plans and MCPs²</i>	Representative group of LEAs¹ with: <ul style="list-style-type: none"> Some existing Medi-Cal infrastructure (e.g., Medi-Cal enrollment, partnerships with MCPs² who participate in SBHIP³) Willingness and capacity to participate <i>Additional criteria to be determined by DHCS</i>	Expansion to: <ul style="list-style-type: none"> Additional LEAs¹ Select California Community College campuses <i>Approach for selecting Phase 2 partners to be further determined by DHCS</i>	Includes all LEAs¹ and higher education campuses (including California Community College, California State University, and University of California campuses) – on a rolling opt-in basis <i>Note: Ongoing opportunities to register / enroll every 6 months</i>

Readiness Grants - \$400 million available

Grant funding: Goal 2 – Example uses of grants to help expand student behavioral health services

Non-exhaustive

Example uses of funds include...



Dedicated campus space for students to access behavioral health (BH) services and platforms (e.g., building (part of) a wellness center, dedicating classrooms during after school times for BH support)



Hiring and training/supervision of BH providers and trusted adults on-campus (e.g., psychologists, counselors, social workers), specifically costs incurred during the first two years



Implementation of selected evidence-based practices (EBPs)/ community-defined evidence practices (CDEPs) (e.g., trainings for teachers, drop-in centers, peer-to-peer programs, wellness and mindfulness programs, etc.)



CYBHI Behavioral Health Virtual Services platform and tools for students to access this service (e.g., tablets or computers from which services can be accessed)



Developing plans, policies, or procedures with a common goal of facilitating collaboration across systems and LEAs within a county to center the needs of children and families

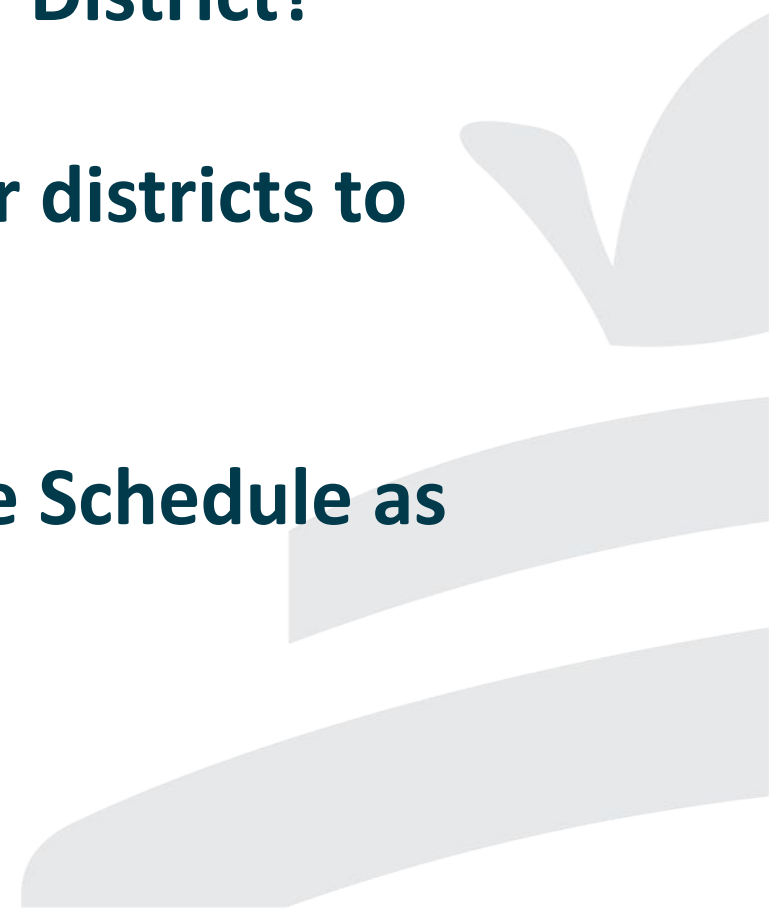


Outsourced clinical training model (e.g., funding graduate students to provide BH¹ services on campus)



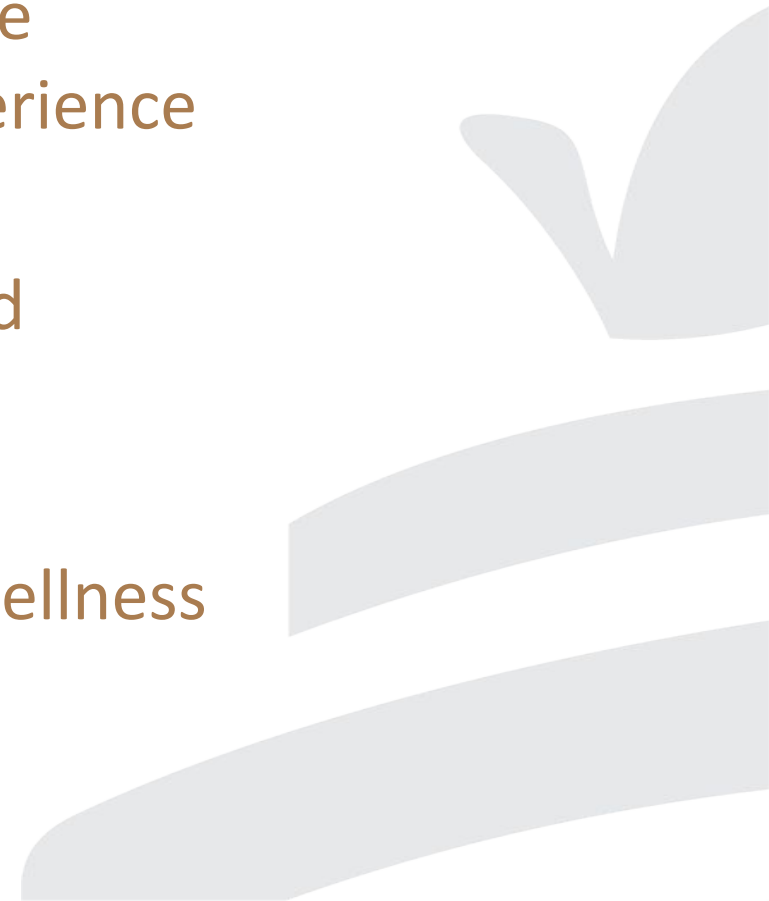
Universal BH screenings to identify emerging BH¹ needs amongst the student population

TO CONSIDER -

- **Is your District applying to be part of Cohort 1?**
 - **Who is part of this conversation within your District?**
 - **Readiness Grants available through COEs for districts to prepare for the Fee Schedule (\$400 million)**
 - **Partner agencies can be included in new Fee Schedule as approved providers**
- 

WELLNESS COACH WORKFORCE

- ❖ New MediCal provider type
- ❖ Increase the state's capacity and grow a larger, more diverse behavioral health workforce with lived experience
- ❖ Expansion of non-clinical mental health support and wellness strategies
- ❖ LEAs and community partners will be able to hire wellness coaches and get reimbursed through MediCal



Overview of Wellness Coaches

Prerequisites to Enter Program



Education Program



Received Upon Completion



Services Offered



Wellness Coach I

- None
- 52 credits of classroom education on BH topics and
- 8 credits (400 hours) of structured field practicum
- Associate's degree + Wellness Coach I certification
- Focus on education related to wellness promotion, life skills, and mental health literacy
- Provide limited individual and group support with a structured curriculum


Wellness Coach II

- Wellness Coach I certification or Associate's degree in related field
- 52 additional credits of classroom education on BH topics and
- 8 credits (400 hours) of structured field practicum
- Bachelor's degree + Wellness Coach II certification
- Focus on individual and group support related to wellness education, goal setting, life skills, and coping skills
- Perform the same core services as Wellness Coach I with additional expertise

All Wellness Coaches will:

- Serve children and youth aged 0 - 25
- Operate as part of a care team
- Offer 6 core services, including:
 - Wellness promotion and education
 - Screening
 - Care coordination
 - Individual support
 - Group support
 - Crisis referral
- Operate under the direction of an individual with a PPS credential or license in a related professional, depending on setting

TO LEARN MORE -

- State Introductory [Video](#) on Multi-Payer Fee Schedule
 - CYBHI [website](#) and [mailing list](#)
 - CYBHI Wellness Coach [webinar](#) on October 18th, 2-4:30 pm
 - Stay tuned for [CSHA webinars](#) on CYBHI!
- 



HEALTH CARE
FOR ALL FAMILIES

A PROJECT OF
The Children's Partnership

Keep Medi-Cal Coverage

THINGS YOU CAN DO TO HELP

www.childrenspartnership.org @kidspartnership





Who We Are

The Children's Partnership is a California advocacy organization advancing child health equity through research, policy and community engagement.




Medi-Cal Renewals

Annual Medi-Cal Renewals Are

- Renewals confirm whether families still qualify for Medi-Cal coverage
- If county has enough info already—they renew your coverage automatically
- If not, county asks family to provide updated information

Please respond to keep coverage!

Enroll. Get Care. Renew.



Free or Low Cost Health Coverage Exists for ALL Lower-Income California Families (options on page 2)

CALIFORNIA
Information for other states is different.

Enroll.

Ways to enroll in Medi-Cal and Covered California:

- 1(800) 300-1506
- www.coveredca.com
- In-person: dhcs.ca.gov/COL
- Apply by mail: Medi-Cal printable applications here: www.dhcs.ca.gov/services/medi-cal/eligibility/Pages/SingleStreamApps.aspx
- Find Help in Your Community: Scan the QR code below or go to: allinforhealth.org/HealthCoverageResources to locate help near you.

Get Care.

- Find a primary care doctor. Ask your health plan for help locating an available doctor near you.
- Schedule an annual checkup for you and your child(ren). Young children need frequent well-child visits within a year.
- Your health plan is required to help you make appointments and get interpretation services. Additionally, Medi-Cal is required to help you get free transportation to your appointments.
- Find a dentist. Visit SmileCalifornia.org to find a Medi-Cal dentist and a dental home near you.
- In Covered California, dental care is covered for children. Adults will need to purchase an additional dental plan.

Renew.

HCS Medi-Cal must be renewed every year except for those listed below. It is important to ensure that Medi-Cal has your current address so that when it's time to renew your coverage, they can contact you. If you receive a renewal notice, be sure to act! Children in foster care and former foster care youth are not required to renew their coverage. Postpartum individuals also do not need to renew their coverage within 12 months postpartum.

Covered California health plans must be renewed every year. Renewal information will be mailed at the end of the year, or you can contact Covered California directly.

Scan the QR code for information about when and how to renew!

Renew Your Coverage in 2023-24!

IMPORTANT for 2023 and 2024:
CONTINUOUS MEDI-CAL COVERAGE PROTECTIONS END STARTING APRIL 2023. Do you or a family member have Medi-Cal coverage? If so, you may need to take steps to keep it. You will need to renew your Medi-Cal at some point between April 2023 and May 2024. Annual renewals are usually due in the same month you first enrolled in Medi-Cal.

What to Do to Stay Covered:

- Update your contact information. Tell your county Medi-Cal office about any changes in your contact information (mailing address, phone number, email) so they can contact you with information about how to renew your coverage.
- Check your mail. When it is time to renew coverage, Medi-Cal will mail you a letter to let you know if you need to complete a renewal form or if your renewal can be completed automatically.
- Complete your renewal form. If you receive a renewal form, your coverage will not be renewed unless you complete it. Renewal forms will be sent in a YELLOW ENVELOPE. Fill out the form and answer any county follow up questions right away by phone, online, mail or in person to help avoid a gap in your coverage.

How to Renew your Medi-Cal Coverage and Report Changes:

- Set up an account online. Visit: <https://benefitscal.com/> OR
- Contact your county Medi-Cal office. To find your county Medi-Cal office, visit dhcs.ca.gov/COL or call (800) 541-5555.

What if You No Longer Qualify for Medi-Cal Coverage?

If your family income increased above Medi-Cal eligibility levels (see income chart on second page), you may qualify for discounted premiums through Covered California. If so, when your Medi-Cal coverage ends, Covered California will send you information about your automatic enrollment and what you need to do to activate it. Your Covered California coverage would begin when:

- You pay your premium, OR
- If you have no premium, when you accept the coverage online or by phone.

Often when family income increases, your child(ren) may still qualify for Medi-Cal even if adult family members no longer qualify. Continue to fill out and submit renewal information to keep your child(ren)'s free Medi-Cal coverage even if you may be enrolled in Covered California.

all in HEALTH CARE FOR ALL FAMILIES
A PROJECT OF The Children's Partnership

Need Help?
Scan this QR code for LOCAL HELP in your area.
OR GO TO: www.allinforhealth.org

When Do Renewals Happen?

- Renewals occur every 12 months
- Not everybody renews at the same time:
 - Usually based on when you applied/enrolled
 - Example: applied August 2018, renew July of every year
- Temporary Pause: During COVID public health emergency (March 2020–April 2023) renewals were not required

BUT NOW, annual renewals are BACK!

Renewing is Important for Kids!

- Your child may continue to qualify even if you do not
- Income eligibility is far higher for children than adults
 - Kids qualify up to \$6,650 monthly income (\$79,800 annual) for family of 4
- Children regardless of immigration status qualify
- Children need regular check ups, immunizations, developmental screenings, specialized care, etc.
- In-Home Support Services: Some CYSHCN require in-home support or nursing services. Without Medi-Cal, families might struggle to provide or finance this care.
- Direct transfer to affordable coverage–Covered California – for children and families who no longer qualify for Medi-Cal

For more information, read our [brief!](#)

THREE Important Messages for Families

1. Update changes to Medi-Cal
 - Start account at BenefitsCal.com
2. Check mail (**large envelopes**)
3. Submit renewal forms
 - Submit by phone, online, mail, in person

Watch outreach video featuring CHWs
at allinforhealth.org



Enroll.
Get Care.
Renew.

Renew your
Medi-Cal
coverage!

Important Information for 2023 and 2024:

If you or a family member has Medi-Cal coverage, you will need to renew at a designated point between April 2023 and May 2024. Annual renewals are usually due in the same month you first enrolled in Medi-Cal. For example, if you first enrolled in June of 2022, you will need to renew in June of 2023.

- 1 Update your contact information.**
Let your county Medi-Cal office know about any changes in your contact information (mailing address, phone number, email) so they can contact you with information about how to renew your coverage.
 - 2 Check your mail.** When it is time to renew coverage, Medi-Cal will mail you a letter to let you know if you need to complete a renewal form or if your renewal can be completed automatically.
 - 3 Complete your renewal form.** If you receive a renewal form, your coverage will not be renewed unless you complete it. Renewal forms will be sent in a **YELLOW ENVELOPE**. Fill out the form and answer any county follow up questions right away by phone, online, mail or in person to help avoid a gap in your coverage.
- Find your county office at dhcs.ca.gov/COL or call (800) 541-5555. To renew your Medi-Cal coverage and report changes, set up an account online at benefitscal.com



Scan this QR code to **FIND HELP IN YOUR COMMUNITY** and information to help keep your family covered.

OR GO TO:
allinforhealth.org

Renewal Assistance in the Community

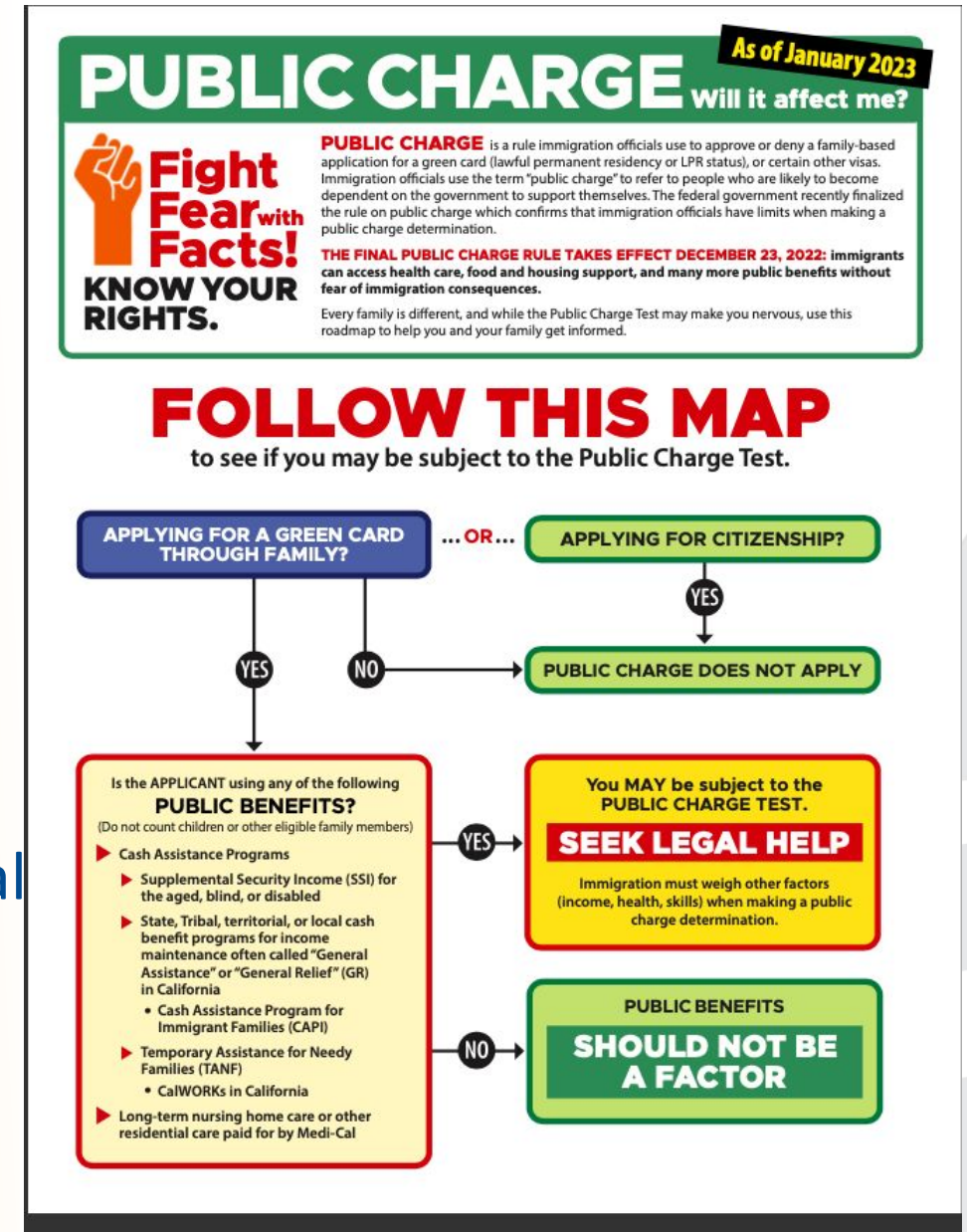
- Local CBOs and clinics
- State grantee navigators
- Local health consumer organizations



Visit [ALLINforHealth.org](https://www.ALLINforHealth.org)

For Immigrant Families:

- New “public charge” rule for green card
- Non-cash benefits like Medi-Cal not affect immigration status
- Fight Fear with Facts!
- All low-income immigrants qualify for Medi-Cal (adults start Jan 2024)





ALL IN to
#KeepKidsCovered
Community
Education Toolkit

**Made for you and the
families you serve!**

**All content is available
to download in English,
Spanish, Punjabi,
Tagalog and Traditional
Chinese.**

Events

JOIN US Let's Talk: School Safety Webinar

JOIN US!

School Safety Webinar

LET'S
TALK
SERIES

October 11 | 5 p.m. pdt

Join us for a discussion with families on school safety as it relates to gun violence. We will discuss what gun violence is, its connection to school safety, and what families can do to stay safe.

Attend for a chance to win a \$50 gift card – we will be selecting three winners!

Register now:
bit.ly/TCPLetsTalkSeries

We'll be joined by...

Hope and Heal Fund
Refugio "Cuco" Rodriguez
&
Saul Serrano



Spanish interpretation will be available.
Email questions to
edurham@childrenspartnership.org



¡Únete a nosotros!

LET'S
TALK
SERIES

Seminario web sobre seguridad escolar

11 de octubre | 5 p.m. PDT

Únase a nosotros para una discusión sobre la seguridad escolar en relación con la violencia armada. Discutiremos qué es la violencia armada, su conexión con la seguridad escolar y qué pueden hacer las familias para mantenerse seguras.

Asista para tener la oportunidad de ganar una tarjeta de regalo de \$50 ¡seleccionaremos tres ganadores!

Regístrate ahora:
bit.ly/TCPLetsTalkSeries

Nos Acompañara...

Hope and Heal Fund
Refugio "Cuco" Rodriguez
y
Saul Serrano



Habrá interpretación en español disponible.
Enviar preguntas por correo a
edurham@childrenspartnership.org





SAVE THE DATE!

Inviting All Families!

2nd Wednesday of Every Month
September–December 2023 | 5 p.m. pdt

Join The Children's Partnership for our 2023 Let's Talk Webinar Series where we will bring together expert partners from across California to provide families with important information on pressing issues like health access, mental health and important benefits available to children and their families.

Register now:
bit.ly/TCPLetsTalkSeries

Let's Talk Webinar Topics

September 13: Back to School
October 11: School Safety
November 8: School Mental Health
December 13: Immigrants
Students & Families



Spanish interpretation will be available.
Email edurham@childrenspartnership.org
with any questions.



SAVE THE DATES! November 8th and December 13th

The Children's Partnership is excited to continue our four-part Let's Talk Webinar Series where we will bring together expert partners from across California to provide families with important information on issues like mental health and important updates for immigrant students and families.

All webinars will be presented in English, with live Spanish translation available.



WE ARE HERE FOR YOU,
WE WANT TO HEAR
FROM YOU!

Next virtual meeting:
Oct 18 at 12 p.m. PST
Interpretation services provided
upon request

Please register here:
<https://bit.ly/RenewalFeedbackLoop>

FEEDBACK LOOP

MEDI-CAL UNWINDING & RENEWALS RESTART

Do you work with California communities on Medi-Cal? Do you assist individuals and families with Medi-Cal enrollment and renewals? **We are here for you and want to hear from you!**

As Medi-Cal renewals resume, The Children's Partnership (TCP) & the National Health Law Program (NHeLP) are hosting a feedback loop to identify and help address issues and concerns with the renewal process. Together, we will:



Provide updates



Answer questions



Listen to your
experiences



Raise recurring
problems with
Medi-Cal

If you are a community-based organization, health care navigator, enrollment assister, community health worker/promotora, provider, or other advocate on the ground, please join us.

Mark your calendar! Our virtual meetings will take place on the **third Wednesday** of the month at **12 p.m. PST**:

- July 19
- August 16
- September 20
- October 18
- November 15

Interpretation services will be provided upon request. Please register here:
<https://bit.ly/RenewalFeedbackLoop>

Questions? Contact:

Kristen Golden Testa
kgolden@childrenspartnership.org

Skyler Rosellini
rosellini@healthlaw.org





Questions?

ALLinForHealth.org



Contact Us

Liza M. Davis

Director, Community Engagement & Advocacy

ldavis@childrenspartnership.org



NETWORKING

Get into groups by:

- Run or work with an existing School-Based Health or Wellness Center
 - (Check for your SBHC on our list - making a map!)
- Hoping to open a new SBHC

Where are you stuck? How can we help/you help each other?

CLOSING & LUNCH

Interest in future meetings - topic suggestions?

Evaluation & Feedback: Please complete eval form

Become a member, get exclusive benefits

- Conference registration discount
- Tools & resources
- Technical assistance

Sign up today:

bit.ly/CSHAMembership



STAY CONNECTED

 schoolhealthcenters.org

 info@schoolhealthcenters.org

 [sbh4ca](https://twitter.com/sbh4ca)

 [sbh4ca](https://www.instagram.com/sbh4ca)



Gracias

謝謝

Thank you

Cảm ơn

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